

KERALA AQUATIC ASSOCIATION

Annual Report-2024-2025

Office Bearers of the Association (wef – 19.12.2024)

Hon. Life President - Sri. M.Vijayakumar (Ex. Minister)

President - Sri. S. Rajiv

Vice Presidents Sri. Koshy Thomas

Smt.SathiKumari

Sri. George Shinde

Sri. Jolly C.C.

Sri. Binu Pulikkakandom

Hony: General Secretary Sri. T.S.Muraleedharan

Hony: Joint Secretaries - Sri. G. Babu

Sri. Ajayakumar

Hony: Treasurer - Sri. Muhammed Ali P.P

Rep.to KSSC - Sri. G. Sreekumar

Associate Vice Presidents - Sri. M.T.P. Shaifudheen

Sri. Baby Varghese

Sri. Tittu Vijayakumar

Sri. Azad Abdul Kalam

Sri. Sreekumar Kalarikkal

Associate Joint Secretaries - Sri. K. Aloysius

Smt. Biji Varghese

Central Council Members

- Sri. T. J. Jacob
- Sri. Dr. Roy John
- Sri. M.T.P. Ashraf
- Sri. Jayaprakash M. V.
- Sri. Praksh .P
- Sri. Alan Baby
- Sri. Nikhil Thomas

- Sri. Rajesh K.

There were 14 District associations as permanent members in the roll of Kerala Aquatic Association during the reporting year.

District Units

1. Thiruvananthapuram
2. Kollam
3. Pathanamthitta
4. Allapuzha
5. Idukki
6. Kottayam
7. Ernakulam
8. Thrissur
9. Palakkad
10. Malappuram
11. Kozhikode
12. Kannur
13. Kasargod
14. Wayanad

Nominated persons coming under the International /National sportspersons constituency in accordance with Kerala Sports Act

1. K.Alosyuis
2. V.Vidhukumar
3. Biji Varghese
4. G.Sreekumar
5. R.Sathikumari

TRIVANDRUM DISTRICT AQUATIC ASSOCIATION

Chief Patron	-	Sri. N. Kesavan Nair
Patron	-	Smt. R. Sathikumari
		Sri. R. Jayakumar
		Smt. Rama Devi Pisharasiar

President	-	Sri. V. Rajasekharan Nair
Vice Presidents	-	Adv. Punchakari G Raveendran Nair Sri. S. Ramesh Sri. N. Chandran Nair Sri. D. Biju Sri. V. Sreerangan
Associate Vice Presidents	-	Sri. P. V. Pillai Sri. N. Suresh Kumar Sri. S. Sisupalan
Hon. Secretary	-	Sri. G. Babu
Hon. Joint Secretary	-	Sri. P. Vimal Kumar Sri. T.V. Ajimon
Associate Joint Secretary	-	Smt. Remya V. Sri. G. Biju Sri. Prakash Sri. Ananthu C.V. Sri. Navas
Treasurer	-	Sri. A. Anilkumar
Ex. Committee member	-	Sri. G. Sreekumar Sri. K. Suresh Babu Sri. Abhilash R. Sri. Shaiju M.S.
Rep. to DSC & DOA	-	Sri. G.R. Manoj
Rep. to Kerala Aquatic Association	-	Sri. T.S. Muraleedharan Sri. K.S. Narendran Nair

There were 20 regular clubs & 7 associate clubs affiliated to the District Aquatic Association Thiruvananthapuram during the reporting year.

40th Sub Junior & 50th Junior District Aquatic Championship was held at Dr.B.R.Ambedkar International Aquatic Complex, Pirappancode from 6th & 9th June 2024. 733(Boys-492, Girls – 241) swimmers & waterpolo players attended the District Championship representing various clubs.

47th District Senior Aquatic Championship was held at Dr.B.R.Ambedkar International Aquatic Complex, Pirappancode on 17th& 18th May 2024. Altogether 203 competitors (boys – 130, girls – 73) participated in the Championship representing various clubs.

The following are the main training centers in the District for Swimming & Waterpolo Pulari Aquatic Club. Jyolsana, Dolphin Club, Sreesastha, KAC, Bharat Sports Centre, Royal Aquatic Club, Fighters Aquatic Club Priyadarshini, Chaithanya Sports Club, YMA Thiruvallam, Kairali Aquatic Club.

11 Girls & 11 Boys Waterpolo players from the District represented the State in the Junior National Aquatic Championship held at Chennai and Won Gold medal in the National Championship.

11 Women Waterpolo players from the District represented State in the Senior National Aquatic Championship and Won Gold medal in the National Championship.

13 Women Waterpolo players from the District represented the State in the National Games held at Utharakhand and Won Gold Medal in the Games.

24 Boys from the District represented the State in the South Zone Aquatic Championships.

KOLLAM DISTRICT AQUATIC ASSOCIATION

President	Sri. N. Jayalal
Vice Presidents	Sri. Ismail Sherif. M Smt. Sunitha. C Sri. Shine Dev
Hony. Secretary	Sri. Azad Abdul Kalam
Joint Secretaries	Sri. B. Vijayakumar Smt. Biji. U
Treasurer	Sri. Vijayakumar. G
Rep. to DSC	Sri. Azad Abdul Kalam
Rep. to KAA	Sri. Antony Manamayil

	Smt. Sunitha
	Sri. Azad Abdul Kalam
Rep. DOA	Sri. Antony Manamayil
	Smt. Sunitha
	Sri. Azad Abdul Kalam

Sub Junior & Junior District Championship was held at S.N.Public School, Kollam on 2nd June 2024. 57 Swimmers from various clubs attended the Championship. District team was selected to participate in the State Sub Junior & Junior Aquatic Championship. District Association arranged coaching camp prior to State participation. The performance of the Swimmers at the State Championship was satisfactory and it was far better than the previous year. District swimmers won medals in the State Championship.

District Senior Aquatic Championship held at Adler Swimming pool, Kollam on 8th June 2024. District team was selected to participate in the State Senior Aquatic Championship.

AQUATIC ASSOCIATION ALAPPUZHA

President	Sri.M.T.Rarichan
Vice Presidents	Sri.Babu.P
	Sri.V.R.Suresh
Hony: General Secretary	Sri. Ajayakumar.R. S.
Hony: Joint Secretaries	Sri. Sooraj A P
	Sri. K. P. Nixen
Hony: Treasurer	Sri. T.T.Chacko
Representative to DSC	Sri.Sujith P S
Rep. KAA	Sri. Jossey Joseph
	Sri. Ajayakumar R. S
Rep. DOA	Sri. Jossey Joseph
EC members	Sri. Thomas Chavara
	Sri. Joshy Joseph
	Sri.Joseph Chavara
	Sri.T.D. Lalji

Sri.Siby Joseph
Sri. Joshy Mon A

The District Aquatic Championship for Juniors Aquatic Championship was held at Onattukara Swimming Academy. The District team participated in the State Championships. District Masters Meet was conducted, around 25 swimmers participated.

AQUATIC ASSOCIATION PATHANAMTHITTA

President	Sri. Koshy Thomas
Vice Presidents	Sri.Jerry Jacob Sri. K. C Jacob Sri.Mathew Varghese
Hon. Secretary	Sri. Nikhil Thomas Jacob
Hon. Jt. Secy.	Kumari. Jilian Jerry Jacob Sri. Rinosh Elias
Hon. Treasurer	Sri. Rajasekharan P. R.
Nominee to SAA	Sri. S. Rajiv Sri. Koshi Thomas Sri. Nikhil Thomas Jacob
Rep. to DSC	Sri.Koshy Thomas
Nominee to DOA	Sri.Koshy Thomas Sri. Mohan Varghese
EC Members	Sri. Leslie Philip Sri. Ebrahim P.T. Sri.Koshi Kurian Sri. M.A. Eesho Sri. Mathew Mathew

There were 10 active clubs affiliated to Aquatic Association, Pathananthitta during the year. District training centres continued functioning in Thiruvalla, Pathanamthitta & Adoor.

The District championship / Selection trails prior to State Sub Junior & Junior Aquatic Championship was held at Crystal Blue Swimming pool, Thiruvalla on 4th June 2024.

13 member District team participated in Sub Junior & Junior State Aquatic Championships held at Dr.B.R.Ambedkar International Aquatic Complex, Pirappancode.

The District Senior Aquatic Championship / selection trails was held at Crystal Blue Swimming Pool on 19th August 2024. 15 swimmers district team participated in Senior State Aquatic Championship.

District team to participate in the State Masters Aquatic Championship 2024, 6 Swimmers attended the State Masters Championship held at Thrissur.

Crystal Blue Swimming pool Thiruvalla, Marthoma School Thiruvalla, Believers Church Swimming Pool Manchadi, & Swimming pools at Pathanamthitta & Adoor are the few swimming training centres of the District.

IDUKKI DISTRICT AQUATIC ASSOCIATION

Patron	Smt. Deepa Jayaram Sri.Sabu Neyyassari
President	Sri. Joy Joseph
Vice Presidents	Sri.Paulson Mathew Smt.Sherly Antony Sri.P.G.Sanalkumar
Hony. General Secretary	Sri.Alan Baby
Hon.Jnt. Secretaries	Sri.K.N.Vijayan Sri.Sebastin Mathew Sri.Mathew. P.N
Hony: Treasurer	Sri Vinod Kumar.P.N
Re: to DSC	Sri .Baby Varghese
Rep. to KAA	Sri.Alan Baby Sri.Baby Varghese

	Sri.Vinod Kumar.P.N
Rep. DOA	Sri. Baby Varghese
	Sri. Joy Joseph
	Sri Alan Baby
EC Members	Sri. Baby Varghese
	Sri.Tomy Joseph
	Sri.Silvin Sebastin
	Sri.Sabu Kesavan
	Sri.Reji Joseph
	Sri.Muhammed Ali. H

During the reporting year District Aquatic Association conducted Swimming training program for Children's & Adults at Vandemattam Aquatic Centre, from 1st April to 31st May 2024, more than 600 trainees attended the program.

District level Swimming competition was held at Vandemattam Aquatic Centre on 1st May as the part of May Day Celebrations. Around 40 members participated.

The District Aquatic Championships for Seniors was held at Vandamattom Aquatic Centre on 20th August 2024, around 40 swimmers attended the championship. District team was selected to represent the State in the Kerala State Aquatic Championships for Seniors held at Thiruvananthapuram.

District Association organised International Olympic day function at Thodupuzha on 23rd June 2024. Around 50 members representing in this function.

Junior & Sub Junior Aquatic Championship was held on 1st June 2024 at Vandemattom Aquatic Centre. Around 40 Swimmers attended the championship. 6 Swimmers represented the District in the State Aquatic Sub Junior & Junior Championships.

District Association organised Kerala Invitation Masters Swimming Competition for K. Babu & T. V. Pankajakshan Memorial trophy on 25th July

2024.

District Association organised free swimming training program for 10 days during Onam holidays. 40 trainees attended.

District Association arranged free swimming training camp to 288 students of various schools of Kodikullam and Vannappuram Panchayath.

KOTTAYAM DISTRICT AQUATIC ASSOCIATION

Patrons	Prof. K. C. Sebastin Sri. Manoj Joseph
President	Adv. Binu Pulickakandom
Vice Presidents	Sri. T. J. Thomas
Honorary Secretary	Sri. Jacob. T. J
Hony: Joint Secretary	Sri. Bibin Thomas
Hony. Treasurer	Sri. Joby Varghese Kulathara
Rep: to DSC	Sri. Kuriakose Mathew
Rep: to KAA	Adv. Binu Pulickakandom Sri. Sreekumar Kalarickal Sri. Jacob T. J.
Rep. to DOA	Smt. Sumi Cyriac Sri. Mathew Joseph Sri. Jacob T J

Senior District Championship was held on 24th August 2024. District team participated in the State Championship held on 31st August & 1st September 2024 at Thiruvananthapuram. Kevin Jinu was selected to represent Kerala in the National Championship held at Mangalapuram.

The District Sub Junior & Junior Aquatic Championship was held on 8th June 2024 at Munciple Swimming Pool, Pala. 75 Swimmers participated in this District championship. District team participated in the State Sub Junior & Junior Championship held on 14th & 15th June 2024 at Thiruvananthapuram.

Swimmers from the District participated in the 13th State Masters Championship held at Vimala College Swimming Pool, Thrissur during 12th & 13th October 2024. Around 8 Swimmers represented the State in the National Masters Championship held at Bhopal.

Anu Memorial Swimming Championship was held at Thoppan's Swimming Academy. Around 300 Swimmers attended the competitions.

Life Guard Training Program held on 3rd, 4th & 5th January 2024.

ERNAKULAM DISTRICT AQUATIC ASSOCIATION

Patron	Sri. A. Mohanan
President	Sri. George Jose
Vice Presidents	Smt. Emilda P Raju Sri. Shajan P. K.
Hony. Secretary	Sri. George Shinde I. J.
Joint Secretaries	Sri. Mohammed M Sulthan Sri. Shylan. T. S
Hony. Treasurer	Sri. Renson J Pallan
EC Members	Sri. Prakasan A.B Sri. George. M. D
Nominee to DSC	Sri. George Shinde I. J.
Nominees to DOA	Sri. George Shinde Sri. Shajan. P. K
Nominees to KAA	Sri. M. K. Kunjumon Sri. Chandrababu. K.A

There were 15 active and 2 associate clubs affiliated to the District Association to the reporting year.

16th Senior District Aquatic Championship was held at MA College Kothamangalam on 17th August 2024. 61 Swimmers was selected for the State Championship. District team secured overall runner up position in overall swimming points.

22nd District Sub Junior & Junior Aquatic Championship was held at MA College Swimming pool, Kothamangalam on 29th& 30th May 2024. 106 Swimmers represented the District in the State Championship. District team won the overall championship in Sub Junior Category and Runner Up in the Junior Category in the State Sub Junior & J u n i o r Aquatic Championship held at Thiruvananthapuram.

15 Swimmers from the District represented the State in the Sub Junior & Junior National Aquatic Championship held at Bhubaneswar. District Swimmers won the following medals in the National Championships Shreya Binil won 1 silver, Eshani P Joshy won 1 gold, Alakananda Raju 3 bronze.

4 Swimmers from the District represented the State in the South Zone Aquatic Championship held at at Bangalore.

71st Kerala State Aquatics and Waterpolo Championship held at International Aquatic Complex, Pirappancode, Thiruvananthapuram. Ernakulam District has won the Overll Runner-Up position.

DISTRICT AQUATIC ASSOCIATION THRISSUR

President	Sri. Raphael Ponthekaran Antony
Vice President	Sri. I. C. Pradeep
	Sri. M.K. Varghese
	Smt. Seetha Venkit Ram
	Sri. P. P. Raveendran
	Sri. Veeran P. Saith
Asso. Vice President	Sri. Yohanan K. L.
Hon: General Secretary	Sri. Jayaprakash.M.V
Hon. Joint Secretaries	Sri. Nishanth Kunnabath
	Sri. V. S. Rajeev
Hony. Treasurer	Sri. TituVijayakumar
Rep: to DSC	Sri.Prabhakaran Velloor
Rep to KAA	Sri. Titu Vijayakumar
	Sri. Jayaprakash M V

There were 13 clubs affiliated to the District Association during the

reporting year.

The District 40th Sub Junior & 50th Junior Championship was held at Aquatic Complex. Swimmers and waterpolo players attended the Championship. 34 Swimmers & waterpolo players represented the District team in the State Sub Junior & Junior Championship held on 14th, 15th & 16th January 2024 at Thiruvananthapuram.

District Aquatic Championship for Seniors was held at Thrissur District Swimming pool. Swimmers & Waterpolo players represented the District in the State Senior Aquatic Championship held at Thiruvananthapuram on 31st August & 1st September 2024.

Kerala Masters Meet held on 12th & 13th October 2024 at Vimala College Swimming Pool, Thrissur. District team won the State Masters Championship.

MALAPPURAM DISTRICT AQUATIC ASSOCIATION

President	Dr.Johny Cherian
Vice Presidents	Dr. Syed Nazeerulla P Dr. Muhammed Yahiya Sri. P.V. Mubarak
Hony. Secretary	Sri. V. P. Sudheer
Joint Secretary	Sri. Prakash P
Treasurer	Sri. Unnikrishnan Warriar
Nominee to DSC	Dr.Johny Cherian
Nominee to KAA	Dr.Johny Cherian Sri. A. Sreekumar Sri. Sudheer. V. P
Rep. KOA	Dr. Johny Cherian Sri. Unnikrishnan Warriar Sri. V. P. Sudheer
EC Members	Smt. Beena Varghese Smt. Ambika K.T. Smt. Reena Joseph Sri. Anilkumar

District Aquatic Championship for Sub Junior, Junior & Seniors held at Calicut University, Malappuram. Around 120 participants attended the championship representing 12 affiliated clubs. 30 member District team participated in the Kerala State Sub Junior & Junior Championship held at Thiruvananthapuram. Malavika Ranjith represented State in the National Aquatic Championship and won Gold & Silver medal respectively in the events she participated, C. Muhammed Hassen won Silver medal in Senior State Aquatic Championship.

AQUATIC ASSOCIATION KOZHIKODE

President	Adv. Thomas Mathew
Vice Presidents	Sri. Jolly C. C.
	Sri. Tony Mathew
	Sri. Subalal .P
	Sri. Sanfir Kupparayil
Executive Vice President	Dr. Suresh Puthulath
Honorary Secretary	Dr. Roy John
Hony.Jnt. Secretaries	Adv. Vijo Jose
	Sri. Sony Thomas
	Sri. Abdul Azeez
	Sri. Thomas K. T.
	Sri. P. T. Augustin
Hon. Treasurer	Sri. Madhukumar.C
Rep: to DSC	Dr. Roy John
Rep: to KAA	Sri. K. T. Joseph
	Sri.Jolly C.C.
Rep: to DOA	Sri. K.T. Joseph
	Dr. Roy John V
	Sri. Jolly C C
EC Members	Sri.Shibin K Sri.Sherin John M S Sri.Vijayan
	P.K. Sri.Beena .V Sri.Mathachan A. M.
	Sri.Krishnadas K A
	Sri. Ragesh Kumar K.

There were 21 affiliated units to the District Association during the reporting year. The District Championship for Sub Junior & Junior was held on 7th May 2024 at Sports Council Swimming Pool, Nadakkavu. More than 190 Swimmers attended the Championship. Winners of the Championship were presented with cash award apart from Certificates.

32 member District Team participated in the State Sub-Junior and Junior Championship held at Thiruvananthapuram on 14th to 16th June 2024. 32 Swimmers represented the District in the State Championship.

4 member District team also participated in the Senior State Championship held at Thiruvananthapuram on 31st August & 1st September 2024. Devika K. won the 1 gold, 2 bronze medal in the State Championship.

77th Senior National Championship was held at Mangalapuram from 10th to 13th September 2024, Devika K participated in the Championship.

38th South zone Aquatic Championship was held at Vijayawada from 26th to 31st December 2024, Devika K. Won the 1 silver, 1 bronze medal in this championship.

Regular Coaching Camp in Swimming is continuing at the Sports Council Swimming Pool. Almost 25 Swimmers are regularly attending the training.

KANNUR DISTRICT AQUATIC ASSOCIATION

Patron	Sri. M. Prakashan Master (Ex. MLA)
President	Sri. Shabin Kumar. U. P
Vice Presidents	Dr. P. K. Jaganathan Sri. Resheekesan P.V Sri. P. Mohanan. Sri. Jose Joseph
Hony. Secretary	Sri. K. Rajesh
Joint Secretary	Sri. Ramesh Kumar M. Sri. Madhusoodhanan C. M. Sri. Shaji V.K. Sri. Tomy P.J
Treasurer	Sri. Manoj. C

Nominee to DSC	Sri. P.K. Jaganathan
Nominee to K.A.A	Sri. Muhammed Ali. P. P
	Sri. P.K. Jaganathan
	Sri. K. Rajesh
Rep. DOA	Dr. P.K. Jagannathan
	Sri. Muhammed Ali P. P.
	Sri. Shabin Kumar
EC Members	Sri. Vijayan K
	Sri. Rajesh K
	Sri. Tomin P. J
	Sri. Lajith Gangan
	Sri. Shyam Nath
	Sri. Muhammed Ali p.P

District Aquatic Championship for Seniors was also held at India Gandhi Public School Mambaram on 25th August 2024, 40 Swimmers participated. 6 member District team participated in the Kerala State Aquatic Championship for Men & Women held at Thiruvananthapuram on 31st August & 1st September 2024.

District Sub Junior & Junior Championship was held at Indira Gandhi Public School, Mambaram on 8th June 2024.

29 member District team participated in the State Sub Junior & Junior Championship held at Thiruvananthapuram during 14th to 16th June 2024.

KASARGOD AQUATIC ASSOCIATION

President	Sri. Biju Joseph Palavayil
Vice President	Sri. Ummer Nassar Abdu
Hon. Secretary	Sri. Ashraf M.T.P
Hon. Joint Secretaries	Sri. Biju Sebastian
	Sri. Chandran Master
Hon. Treasurer	Sri. Ashraf Karla
Rep. to DSC	Sri. Ashraf. M.T.P
Rep. to KAA	Sri Saifudeen M.T.P.

Rep. DOA

Sri. Chandran C.
Sri. Ashraf M.T.P.
Sri. Saifudeen M.T.P.
Sri. Chandran C.
Sri. Ashraf M.T.P

There were 10 clubs affiliated to the District Association during the reporting year.

District Sub Junior & Junior Aquatic Championship was held at Aquatic Complex, Kasargod from 30th May 2024. Around 70 members participated. District Teams participated in both Sub-Junior & Junior State Aquatic championships held at Thiruvananthapuram.

District Senior Aquatic Championship held on 17th August 2024 at Aquatic Complex, Kasargod. Around 60 swimmers participated.

There were 10 clubs affiliated to the District Association during the reporting year.

District Sub Junior & Junior Aquatic Championship held at Aquatic Complex, Kasargod from 30th May 2024. Around 70 members participated. District Teams participated in both Sub-Junior & Junior State Aquatic championships held at Thiruvananthapuram.

District Senior Aquatic Championship held on 17th August 2024 at Aquatic Complex, Kasargod. Around 60 swimmers participated.

PALAKKAD DISTRICT AQUATIC ASSOCIATION

Adhoc Committee

1. Sri. G. Sreekumar – Chairman
2. Smt. G. Premakumari – Convenor
3. Adv. Punchakara Raveendran Nair – Member
4. Sri. K. E. Baiju – Member
5. Sri. T. K. Hentry – Member

Kerala Aquatic Association conducted the selection trails for selecting the district team for participating in the Kerala State Senior as well as Junior & Sub Junior Championships.

Trials was held on 17th to 19th April at Narikkulam Swimming Pool, Pallassana.

WAYANAD DISTRICT AQUATIC ASSOCIATION

Adhoc Committee

1. Sri. I. V. Chandran
2. Sri. James Vineeth
3. Smt. Biji Varghese (Convenor)
4. Smt. Shiji Varghese
5. Smt. Kavitha A.
6. Smt. Sunitha V. Thara

Adhoc Committee conducted the selection trials for selecting the District team for participating in the Kerala State Seniors as well as Junior & Sub Junior Championships.

ACTIVITIES

40th Sub Junior & 50th Junior Kerala State Aquatic Championship 2024.

The Kerala State Sub Junior & Junior Aquatic Championship was held at Dr. B. R. Ambedkar International Aquatic Complex, Pirappancode, Thiruvananthapuram from 14TH to 16TH June 2024.

Both the championships were conducted in accordance with the age groups framed by Swimming Federation of India.

721 competitors participated in Swimming and Waterpolo events of the competition representing various District units.

25 New State records were established during the State Championships.
(Result attached as Annexure - I & II)

40th Sub Junior & 50th Junior National Aquatic Championship – 6th to 11th August Bhubaneswar

The 40th National Sub Junior & 50th Junior Swimming Championship was held at Bhubaneswar, Odisha organised by Odisha Swimming Association & Government of Odisha under the auspicious of Swimming Federation of India from 6th to 13th August 2024. Altogether 47 Swimmers were selected

to represent the State based on the performance in the State Championships. Since most of the Swimmers were attached with their personal coaches no separate closed camp was arranged prior to participation. Swimmers continued their training under their respective coaches. Shyni V.S. & G. Biju was the Coach & P. Vimalkumar as team manager. Sri. T.S. Muraleedharan and Smt. V. Remya attended the Championship as Technical Officials.

The notable achievement of our State in the National Championship was the performance of Eshani P. Joshi, Shreya Binu, Alakananda Raju and Sivanand B.S. (List of participants attaches as Annexure III)

Junior National Waterpolo & Diving Championship

The Waterpolo & Diving Competition as the part of 50th Junior National Aquatic Championship was held at Indore, Madhya Pradesh from 7th to 11th July 2024 organised by Madhya Pradesh Aquatic Association under the auspicious of Swimming Federation of India. Both Kerala Boys & Girls team participated in the Championship. Sri. Vinod P.S & Kishore was the Coach & Nimya Babu was the Team Manager.

The notable achievement was Girls team won the Gold Medal title & the Boys team won Silver Medal. It was a wonderful performance by teams. Sri. R. Kannan and Smt. Biji Varghese attended the Championship as Technical Officials. (List of participants Annexure IV)

71st State Aquatic Championship for Men & Women – 30th August & 1st September 2024 - Thiruvananthapuram

The 71st Kerala State Aquatic Championship for Men and Women was held on 30th August & 1st September 2024 at International Aquatic Complex, Pirappancode, Thiruvananthapuram, 387 participants attended the Championships representing various District Units.

17 New State Records were created in the State Championship.(Result Attached as Annexure V)

77th National Aquatic Championship for Seniors (Swimming)- 10th to 13th September 2024, Mangalore

The Swimming Competitions of 77th National Aquatic Championship for seniors was held from 10th to 13th September 2024 at Mangalore under the aegis of Swimming Federation of India. Kerala State Swimming team were selected based on the performance in the State Aquatic Championships. Altogether 24 member Swimming team attended the National Championship. Unnikrishnan , Saji Kumar K was the team Coach & Jaseela accompanied as Manager. The performance of our swimming team was not up to the mark.

Sri. R. Saravyan & Mr. Sabu attended as Swimming Technical Official. (List of participants Annexure VI)

77th National Aquatic Championship for Seniors – Waterpolo & Diving - 18th to 22nd September 2024, Pirappancode, Thiruvananthapuram

The Waterpolo & Diving competitions of 77th National Aquatic Championship was held at Dr. B.R. Ambedkar Aquatic Complex, Pirappancode, Thiruvananthapuram from 18th to 22nd September 2024 under the auspicious of Swimming Federation of India. Sri. Vinod P.S, Niju. J. S. & A. Anilkumar were the coaches. Both Men & Women Kerala Waterpolo team participated in the Waterpolo competitions. Kerala team won the women title. Sri. S. S. Kishore, Sri. Anadhu C. V. & Sri. A.G. Viajyakumar represented our State as Waterpolo officials. (List of participants Annexure VII)

13th Kerala State Masters Swimming Championship - Thrissur

13th Kerala State Masters Swimming Championship was conducted at Vimala College Swimming Pool, Thrissur on 12th & 13th October 2024 organised by Kerala Aquatic Association. 205 Master Swimmers attended the Championship representing various Districts.

I take this opportunity to express our sincere thanks to District Aquatic Association Thrissur for the successful conduct of the Championship.

(Result attached Annexure VIII)

20th National Masters Championship - 10th to 12th November 2024- Bhopal.

20th National Masters Championship was held from 10th to 12th November 2024 at Bhopal, Madhya Pradesh organised by Madhya Pradesh Swimming Association under the authority of Swimming Federation of India. Around 30 Swimmers represented our State in the National Championship based on their participation in the Kerala State Masters Championship.

38th National Games- 29th January to 4th February 2025 – Utharakhand

38th National Games, organised by Indian Olympic Association & Government of Utharakhand was held at H a l d w a n i , Utharakhand during January – February 2025. Aquatic events were held from 29th January to 4th February 2025. State Swimming & Waterpolo team participated in both Men & Women category. State team was selected based on the eligibility/ qualification criteria and quota fixed by Swimming Federation of India as approved by GTCC of the Games. 19 Swimmers and two waterpolo teams attended the Games. The State team Coaching Camp prior to participation was held at International Aquatic Complex, Pirappancode from 01.10.2023 to 25.10.2023

Unnikrishnan & Wilson Cherian was the Swimming Coaches, A. Anil Kumar & P.S. Vinod were the Waterpolo Coaches. Muhammed Ali P P, Remya accompanied the team as managers.

Sajan Prakash won 1 Gold, 1 silver & 3 Bronze & Harishita Jayaram won 3 Gold in the Games. Our Women Waterpolo team won Gold medal & Men Waterpolo team won Bronze medal.

Sri.T. S. Muraleedhan, Sri. G . B a b u , S r i . M a n o j G . R , Sri. Tittu Vijayakumar, Sri. Anandhu C. V. attend the Aquatic events as Technical Officials. (List of participants Annexure IX)

35th South Zone Aquatic Championships held at Vijayawada Swimming Pool, Andhra Pradesh

34th South Aquatic Championships were held at Vijayawada from 27th to 29th December 2024, organised by Andhra Pradesh Aquatic Association, Competitions was held in Swimming & Waterpolo events. Sri. Vinod & Smt. Shyni was the coaches & Sri. D. Biju as Team Manager.(List of participants Annexure X)

Olympian Sajan Prakash

Our Swimmer Sajan Prakash participated in the following International & National Competitions during the reporting year.

- a. 19th Singapore Open Swimming Championship, June 2024, Gold Medal in 200m Butterfly
- b. 38th National Games Utharakhand February 2025, 1- Gold, 1- Silver, 2- Bronze Medal.
- c. All India Police Games, Gujarath March 2025 – 6 - Gold, 1 - Silver.

77th National Aquatic Championship for Seniors (Waterpolo & Diving)

Kerala Aquatic Association organised the conduct of 77th National Aquatic Championship for seniors (Waterpolo & Diving) at Dr. B.R. Ambedkar International Aquatic Complex, Pirappencode, Thiruvananthapuram from 18th to 22nd September 2024. Total 23 Teams participated in this National Championship. We have made arrangements for the comfortable stay of the teams in an around Venjaramoodu & Vembayam. We provided food to all the participants during the competition days. Competition was held in flood light in the evening section enabling the local spectators to witness the match after the sunset. 24 out section technical officials and the Office bearers including the General Secretary Sri. Monal Choksy, Sri. Kamlesh Nanavathi & Sri. Ramanuj attended the National Championship. The championship was inaugurated by Sri. V. Shivan Kutty, Hon. Minister for General Education & Labour, Government of Kerala. Sri A.A. Rahim, Member of Parliament was the Chief Guest for the prize distribution. Sri. M Vijayakumar (Former Minister), Sri. Monal Choksi, Sri. Kamlesh Nanavati, Sri. Ramanuj & Sri. S. Rajiv were present during the opening-closing ceremonies.

Regional Swimming Coaches Workshop

As the part of upgrading the coaching standards as well as to identify and development the Junior talent in the country. Swimming Federation of India conducted Regional Swimming Coaches Workshop for Kerala Coaches from 27th to 29th August 2024 at LNCPE, Thiruvananthapuram. The workshop was conducted by Sri. Chris Martin, International Expert & National Program Director of Swimming Federation of India. Around 30 coaches attended the training program.

4th All India Inter Club Summer Waterpolo League 2024

The 4th All India Inter Club Summer Waterpolo League Tournament was held at Rajkot from 19th to 23rd June 2024 organised by Swimming Federation of India. One waterpolo team from Thiruvananthapuram participated in the league tournament representing our State.

2nd Odisha National Swimming – Ranking championship

The 2nd Odisha National Swimming – Ranking Championship was held at Bhubaneswar, Odisha from 10th to 12th June 2024 organised by Government of Odisha under the Authority of Swimming Federation of India. The following swimmers from Kerala attended the Ranking championship.

1. Arjun S. Sathyan
2. Adharsh S.
3. Gokul V. Gopan
4. Adhithyan S. S. Nair
5. Abhijith G.
6. Binas P.R.

National Camp for Waterpolo

The Indian Waterpolo Camp for Men & Women was held at Bangalore from 23rd March 2025, for preparing the Indian waterpolo team for 11th Asian Swimming Championship scheduled in India during October 2025. The following waterpolo players Kerala players were selected to the camp.

Men

1. Ananthu G.S.
2. Appu N. S.
3. Amal Kumar S.
4. Jithu S.P.
5. Rohith B.S.

Women

1. Devi Santhosh
2. Kripa R. R.
3. Surabhi V.S.
4. Anjali Krishna
5. Varsha S.
6. Safwa Sakeer
7. Madhurima S.M.

Paris Olympics 2024

The XXXIII Olympic Games was held at Paris during July – August 2024. The Swimming events were held from 27th July to 4th August. Sri. S. Rajiv, International Technical Official of World Aquatics from our state was one among the 21 Technical Officials nominated for the conduct of the Swimming events of the Olympic Games. This was his 3rd Olympic participation. He attended Rio Olympics as Technical Official and as observer for the Sydney Olympics 2000.

Kerala Aquatic Association arranged a grand reception at Trivandrum Karthika Thirunal Hall (Womens Club) on 30th August 2024 to honor Sri.S.Rajiv for his Olympic participation and his International achievements throughout his swimming career. Sri.U.Sheraff Ali President, Kerala State Sports Council inaugurated the reception function which was attended by Sri.M.Vijayakumar, Former Minister, Sri.T.P.Dasan, Former President, KSSC, Sri.S.Gopinath, IPS (Rtd), Smt. Padmini Thomas former President KSSC & Arjuna Awardee, Sri. S.N.Reghuchandran Nair, Vice President, Kerala Olympic Association, Sri.Nujumuddin, Kerala Kayaki Vadi. The function was attended by Swimmers, Coaches, Parents from Thiruvananthapuram and Officials from various parts of the State.

Thanks

We are thankful to Sri. R. N. Jayaprakash, President. Sri.Virendra Nanavati, Senior Vice President, Sri.Choksi Monal, General Secretary, and other office bearers of Swimming Federation of India for their support, guidance and co-operation. Our thanks are due to the Hon'ble Chief Minister, Hon'ble Minister for Sports, Secretary to Government (Sports), Government of Kerala, President, Vice President, Secretary, Standing committee members and staff of Kerala State Sports Council, for their guidance and support.

Our thanks are due to the President, Secretary General and members of Kerala Olympic Association, Principal, Dy. Director and other staff of LNCPE, Director and other staff of Directorate of Sports and Youth Affairs, Kerala Police, Railways, the Print, Visual and Sound media and our Bankers State Bank of India, for their support and encouragement. My colleagues in the State Association, District Units, Coaches and other technical officials deserves special thanks for supporting us in carrying out the activities of the State Association smooth and effectively.



T.S.Muraleedharan
General Secretary

31.03.2025



KERALA AQUATIC ASSOCIATION

50th Kerala State Junior Aquatic championship-2023 held at **Dr. B.R. Ambedkar International Aquatic Complex, Pirappancode, Thiruvananthapuram** from **14th June-2024 to 16th June 2024**

RESULTS JUNIOR SECTION

Boys Group- I

1 - 50 M. Freestyle

Record: 00:25:15 , T.K. Vinal , Thiruvananthapuram , 2003

I	SREEHARI B	Thiruvananthapuram	00:25:86
II	CLIFFORD JOSEPH	Ernakulam	00:25:98
III	RUSSELL JOHN JUDE	Ernakulam	00:26:23
IV	MUHAMMED ANWAR N	Thiruvananthapuram	00:26:45
V	Arjun Aji	Alappuzha	00:26:87
VI	SIDHARTH S P	Thiruvananthapuram	00:27:49
VII	ANTONIO PLAITO	Ernakulam	00:27:68
VIII	PRANAV S NAIR	Kottayam	00:28:20

2 - 100 M. Freestyle

Record: 00:54:69 , JOSEPH V JOSE , Ernakulam , 2023

I	SREEHARI B	Thiruvananthapuram	00:55:26
II	SHRAVAN S	Thiruvananthapuram	00:57:89
III	MUHAMMED ANWAR N	Thiruvananthapuram	00:58:09
IV	CLIFFORD JOSEPH	Ernakulam	00:58:43
V	RUSSELL JOHN JUDE	Ernakulam	00:59:56
VI	Arjun Aji	Alappuzha	00:59:88
VII	ADHARSH.M	Thrissur	01:02:22
VIII	JAMES MANU	Ernakulam	01:03:85

3 - 200 M. Freestyle

Record: 01:58:75 , JOSEPH V JOSE , Ernakulam , 2023

I	ABHINAV S	Thiruvananthapuram	01:58:31 (N.R)
II	SHRAVAN S	Thiruvananthapuram	02:03:47
III	AADHIDEV P PRADEEP	Thiruvananthapuram	02:05:44
IV	ARJUNAN PRADEEP	Ernakulam	02:14:40
V	AARYAN MENON	Ernakulam	02:22:07
VI	ADHITHYAN. V.R	Thrissur	02:25:52
VII	ADHARSH.M	Thrissur	02:27:03
VIII	PRANAV S NAIR	Kottayam	02:27:39

4 - 400 M. Freestyle

Record: 04:13:77 , ABHINAV S , Ernakulam , 2023

I	ABHINAV S	Thiruvananthapuram	04:10:58 (N.R)
II	SHRAVAN S	Thiruvananthapuram	04:22:97
III	IRFAN MUHAMMED	Thiruvananthapuram	04:30:71
IV	ARJUNAN PRADEEP	Ernakulam	04:41:40
V	ADHARSH.M	Thrissur	05:01:01
VI	MAHESWAR.K.M	Thrissur	05:01:49
VII	AARYAN MENON	Ernakulam	05:02:35
VIII	AVINASH M	Palakkad	05:03:79

5 - 800 M. Freestyle

Record: 08:52:14 , ABHINAV S , Ernakulam , 2023

I	ABHINAV S	Thiruvananthapuram	08:44:09	(N.R)
II	SHRAVAN S	Thiruvananthapuram	09:06:74	
III	IRFAN MUHAMMED	Thiruvananthapuram	09:32:09	
IV	ARJUNAN PRADEEP	Ernakulam	09:51:85	
V	AARYAN MENON	Ernakulam	10:22:01	
VI	GOUTHAM KRISHNA.M	Thrissur	10:31:88	
VII	SREENAND SHAJI	Kannur	10:47:64	
VIII	MAHESWAR.K.M	Thrissur	11:06:45	

6 - 1500 M. Freestyle

Record: 17:10:35 , R RUHUNU KRISHNA , Thiruvananthapuram , 2022

I	SHRAVAN S	Thiruvananthapuram	17:11:46	
II	SIVANAND B S	Thiruvananthapuram	17:30:50	
III	IRFAN MUHAMMED	Thiruvananthapuram	18:16:54	
IV	ARJUNAN PRADEEP	Ernakulam	19:25:65	
V	AARYAN MENON	Ernakulam	20:10:84	
VI	ARUN.K.KARUPPANDI	Thrissur	20:26:59	
VII	SREENAND SHAJI	Kannur	20:55:71	
VIII	THOMAS FRANCIS	Thrissur	21:19:88	

7 - 50 M. Back stroke

Record: 00:28:63 , JEGAN NATHAN P J , Ernakulam , 2018

I	CLIFFORD JOSEPH	Ernakulam	00:28:54	(N.R)
II	SREEHARI B	Thiruvananthapuram	00:29:19	
III	SAMARTH P JOSHI	Ernakulam	00:30:61	
IV	JAMES MANU	Ernakulam	00:31:03	
V	VISHNU.S.KUMAR	Thrissur	00:31:37	
VI	ABHISHEK S	Thiruvananthapuram	00:32:89	
VII	SANDEEP SAJEEV	Kottayam	00:33:17	
VIII	AKHIL.S.N	Thrissur	00:32:76	

8 - 100 M. Back stroke

Record: 01:01:95 , ABHINAV S , Ernakulam , 2023

I	SAMARTH P JOSHI	Ernakulam	01:05:74	
II	SREEHARI B	Thiruvananthapuram	01:05:75	
III	KAUSHIK LAL S R	Thiruvananthapuram	01:06:21	
IV	JAMES MANU	Ernakulam	01:07:90	
V	ATHUL RAJ	Ernakulam	01:09:77	
VI	AFIROSH F A	Thiruvananthapuram	01:12:22	
VII	GOUTHAM KRISHNA.M	Thrissur	01:14:37	
VIII	SANDEEP SAJEEV	Kottayam	01:19:46	

9 - 200 M. Back stroke

Record: 02:14:77 , ABHINAV S , Ernakulam , 2023

I	ABHINAV S	Thiruvananthapuram	02:12:28	(N.R)
II	SAMARTH P JOSHI	Ernakulam	02:22:62	
III	KAUSHIK LAL S R	Thiruvananthapuram	02:25:62	
IV	ATHUL RAJ	Ernakulam	02:32:01	
V	AFIROSH F A	Thiruvananthapuram	02:36:47	
VI	JAMES MANU	Ernakulam	02:39:85	
VII	GOUTHAM KRISHNA.M	Thrissur	02:43:90	
VIII	ARUN.K.KARUPPANDI	Thrissur	02:51:14	

10- 50 M. Breast stroke
Record: 00:30:50 , ARJUN SAMBU. A , Thiruvananthapuram , 2019

I	ANTONIO PLAITO	Ernakulam	00:33:50
II	NAYTHAN ANTONY	Ernakulam	00:33:79
III	RAHUL R	Thiruvananthapuram	00:34:42
IV	VINAYAK S KUMAR	Thiruvananthapuram	00:34:54
V	AKSHAYSREE KALARICKAL	Kottayam	00:34:62
VI	MIDHUN M R	Thiruvananthapuram	00:34:88
VII	JOSHUA K SATHISH	Ernakulam	00:36:24
VIII	ADITH MANOJ	Kottayam	00:36:42

11- 100 M. Breast stroke
Record: 01:07:05 , KEVIN JINU , Kottayam , 2023

I	KARTHIK S PRADOSH	Thiruvananthapuram	01:13:13
II	RAHUL R	Thiruvananthapuram	01:14:34
III	PRANAV K DINESH	Thiruvananthapuram	01:14:44
IV	NAYTHAN ANTONY	Ernakulam	01:15:49
V	ANTONIO PLAITO	Ernakulam	01:16:31
VI	AKSHAYSREE KALARICKAL	Kottayam	01:18:22
VII	JOSHUA K SATHISH	Ernakulam	01:19:74
VIII	D.S.V.S.B.S.PRAMODH	Thrissur	01:20:41

12- 200 M. Breast stroke
Record: 02:26:13 , KEVIN JINU , Kottayam , 2023

I	KARTHIK S PRADOSH	Thiruvananthapuram	02:39:56
II	PRANAV K DINESH	Thiruvananthapuram	02:39:64
III	NAYTHAN ANTONY	Ernakulam	02:40:71
IV	RAHUL R	Thiruvananthapuram	02:44:65
V	AKSHAYSREE KALARICKAL	Kottayam	02:55:15
VI	SREE THEJUS .M.S	Thrissur	02:56:94
VII	ABHISHEK.S	Thrissur	02:59:22
VIII	ADITH MANOJ	Kottayam	03:00:51

13- 50 M. Butterfly stroke
Record: 00:27:00 , ABHIJITH GEGARIN , Ernakulam , 2016

I	SIVANAND B S	Thiruvananthapuram	00:27:04
II	AADHIDEV P PRADEEP	Thiruvananthapuram	00:27:22
III	CLIFFORD JOSEPH	Ernakulam	00:27:24
IV	SASWATH.M	Thrissur	00:29:08
V	ADISANKARAN.D	Kollam	00:29:55
VI	AKSHAYSREE KALARICKAL	Kottayam	00:29:62
VII	MAHESWAR K JITHESH	Kottayam	00:29:67
VIII	ADWAITH SABU	Ernakulam	00:30:22

14- 100 M. Butterfly stroke
Record: 00:58:59 , ANAND. A.S , Ernakulam , 2014

I	SIVANAND B S	Thiruvananthapuram	00:59:60
II	AADHIDEV P PRADEEP	Thiruvananthapuram	01:00:56
III	ABHIRAM J R	Thiruvananthapuram	01:06:87
IV	SASWATH.M	Thrissur	01:07:58
V	ADISANKARAN.D	Kollam	01:08:34
VI	ADWAITH SABU	Ernakulam	01:10:40
VII	MAHESWAR K JITHESH	Kottayam	01:11:46
VIII	AARYAN MENON	Ernakulam	01:14:13

15- 200 M. Butterfly stroke**Record:** 02:12:28 , ADITHYAN S S NAIR , Thiruvananthapuram , 2023

I	SIVANAND B S	Thiruvananthapuram	02:10:57	(N.R)
II	AADHIDEV P PRADEEP	Thiruvananthapuram	02:14:22	
III	ABHIRAM J R	Thiruvananthapuram	02:28:25	
IV	ADWAITH SABU	Ernakulam	02:41:26	
V	DHIPIN. V	Palakkad	02:42:65	
VI	MAHESWAR.K.M	Thrissur	02:48:54	
VII	SWAROOP.K.	Thrissur	02:53:24	
VIII	THOMAS SABASTIAN	Thrissur	02:54:02	

16- 200 M. Individual Medley**Record:** 02:15:95 , KEVIN JINU , Kottayam , 2023

I	ABHINAV S	Thiruvananthapuram	02:14:87	(N.R)
II	SREEHARI B	Thiruvananthapuram	02:24:47	
III	KARTHIK S PRADOSH	Thiruvananthapuram	02:25:69	
IV	ATHUL RAJ	Ernakulam	02:34:28	
V	GOUTHAM KRISHNA.M	Thrissur	02:40:42	
VI	DHIPIN. V	Palakkad	02:41:04	
VII	AKHIL.S.N	Thrissur	02:41:62	
VIII	SAMARTH P JOSHI	Ernakulam	02:44:74	

17- 400 M. Individual Medley**Record:** 04:53:51 , GOKUL V GOPAN , Thiruvananthapuram , 2023

I	SIVANAND B S	Thiruvananthapuram	05:00:26	
II	AADHIDEV P PRADEEP	Thiruvananthapuram	05:04:51	
III	KARTHIK S PRADOSH	Thiruvananthapuram	05:05:39	
IV	ATHUL RAJ	Ernakulam	05:28:48	
V	ADWAITH SABU	Ernakulam	05:44:74	
VI	CHRISTY SOJAN	Ernakulam	05:46:78	
VII	DHIPIN. V	Palakkad	05:49:46	
VIII	ARUN.K.KARUPPANDI	Thrissur	05:50:95	

18- 4x 100 M. Freestyle Relay**Record Time:** 03:54:05 , Ernakulam , 2022

I	SREEHARI B	SHRAVAN S	Thiruvananthapura	03:53:93	(N.R)
	IRFAN MUHAMMED	MUHAMMED ANWAR N	m		
II	ATHUL RAJ	CLIFFORD JOSEPH	Ernakulam	04:01:80	
	CHRISTY SOJAN	RUSSELL JOHN JUDE			
III	SASWATH.M	ADHARSH.M	Thrissur	04:09:89	
	ADHITHYAN. V.R	D.S.V.S.B.S.PRAMODH			
IV	SANDEEP SAJEEV	ADITH MANOJ	Kottayam	04:14:41	
	AKSHAYSREE	MAHESWAR K JITHESH			
V	VISHNU K	AVINASH M	Palakkad	04:36:99	
	ARUNODHAY N S	SHREYAS S			
VI	JESTIN M S	JYUDHIN BHAGATH	Kannur	04:51:27	
	VIJAY C V	SREENAND SHAJI			
VII	MUHAMMED SHAAN U	AMAN ZAKI	Kozhikode	04:55:67	
	DEVAPRAYAGA M	ABHINAV MP			

19- 4x 200 M. Freestyle Relay

Record Time:		08:36:00	, Ernakulam	, 2023
I	ABHINAV S SHRAVAN S	AADHIDEV P PRADEEP IRFAN MUHAMMED	Thiruvananthapuram m	08:31:38 (N.R)
II	CLIFFORD JOSEPH ATHUL RAJ	ARJUNAN PRADEEP RUSSELL JOHN JUDE	Ernakulam	09:13:47
III	MAHESWAR.K.M ADHARSH.M	GOUTHAM KRISHNA.M ADHITHYAN. V.R	Thrissur	09:20:02
IV	SANDEEP SAJEEV ADITH MANOJ	MAHESWAR K JITHESH AKSHAYSREE	Kottayam	09:41:07
V	AVINASH M ARUNODHAY N S	VISHNU K ANAG K	Palakkad	10:24:34
VI	Hamdi Beeran Febel Varghese Solomon	Ashmil. K.K Varun Krishna. V	Malappuram	11:52:88

20- 4x 100 M. Medley Relay

Record Time:		04:17:17	, Thiruvananthapuram	, 2023
I	AUSHIK LAL S R PRANAV K DINESH	SIVANAND B S SREEHARI B	Thiruvananthapuram m	04:24:24
II	SAMARTH P JOSHI NAYTHAN ANTONY	ADWAITH SABU CLIFFORD JOSEPH	Ernakulam	04:27:30
III	VISHNU.S.KUMAR JIBIN.B	SASWATH.M ADHARSH.M	Thrissur	04:39:97
V	AVINASH M DHIPIN. V	Aswajith. P VISHNU K	Palakkad	04:56:97
VI	SANDEEP SAJEEV ADITH MANOJ	MAHESWAR K JITHESH AKSHAYSREE	Kottayam	04:53:80
VI	GOKUL P YASIN SUDHEER M	JYUDHIN BHAGATH SREENAND SHAJI	Kannur	05:51:92
VII	Varun Krishna. V AKSHAY. A	Febel Varghese Solomon Abhinav. K	Malappuram	06:21:58

Boys Group- II

1 - 50 M. Freestyle

Record:		00:26:50	, BALAJI A KRISHNA	, Kollam	, 2024
I	BALAJI A KRISHNA	Kollam	00:25:81	(N.R)	
II	REHAAN JERRY	Kasaragod	00:26:02	(B.R)	
III	JOSE NIJU KOTTOOR	Ernakulam	00:28:10		
IV	EMMANUEL TILSON JOHN	Ernakulam	00:28:18		
V	VAIKASH R	Thiruvananthapuram	00:28:27		
VI	ANAL K SUNIL	Kottayam	00:28:66		
VII	RON JAMES PRANIL	Kottayam	00:28:76		
VIII	JOFIN BINOY	Thrissur	00:29:51		

2 - 100 M. Freestyle

Record:		00:59:32	, ABHINAV S	, Ernakulam	, 2021
I	REHAAN JERRY	Kasaragod	00:59:84		
I	BALAJI A KRISHNA	Kollam	00:59:84		
III	JOY JOSE THOPPAN	Kottayam	01:00:52		
IV	AAROSH S	Thiruvananthapuram	01:02:84		
V	VAIKASH R	Thiruvananthapuram	01:02:98		
VI	ATHUL K P	Thiruvananthapuram	01:03:01		
VII	RON JAMES PRANIL	Kottayam	01:03:64		
VIII	JOSE NIJU KOTTOOR	Ernakulam	01:03:84		

3 - 200 M. Freestyle
Record: 02:10:26 , GEON JIBI , Thiruvananthapuram , 2023

I	ATHUL K P	Thiruvananthapuram	02:14:44
II	AAROSH S	Thiruvananthapuram	02:14:86
III	BALAJI A KRISHNA	Kollam	02:20:20
IV	KEVIN THOMAS GEORGE	Ernakulam	02:21:69
V	ENRIC P MANOJ	Ernakulam	02:22:82
VI	ANUJITH S NAIR	Kottayam	02:23:38
VII	RON JAMES PRANIL	Kottayam	02:24:58
VIII	VIGNESH UMESH	Palakkad	02:25:96

4 - 400 M. Freestyle
Record: 04:37:57 , IRFAN MUHAMMED , Thiruvananthapuram , 2023

I	VAIKASH R	Thiruvananthapuram	04:51:76
II	AAROSH S	Thiruvananthapuram	04:52:23
III	ANIJITH BIJU	Ernakulam	05:03:58
IV	ESHAN NABIL	Ernakulam	05:03:71
V	AJAY KRISHNA A B	Thiruvananthapuram	05:04:33
VI	ENRIC P MANOJ	Ernakulam	05:09:10
VII	NANDHAV K	Kozhikode	05:16:37
VIII	Abhiram G	Palakkad	05:39:70

5 - 800 M. Freestyle
Record: 09:30:15 , Anand. A.S , Thiruvananthapuram , 2011

I	SABARINATH P S	Thiruvananthapuram	10:03:04
II	ESHAN NABIL	Ernakulam	10:17:60
III	ANIJITH BIJU	Ernakulam	10:18:06
IV	AJAY KRISHNA A B	Thiruvananthapuram	10:18:08
V	DHANU P NAIR	Thiruvananthapuram	10:30:37
VI	ANUJITH S NAIR	Kottayam	10:48:37
VII	BASIL JOY	Ernakulam	11:28:56
VIII	ASWANATH.P	Thrissur	11:40:31

6 - 1500 M. Freestyle
Record: 18:22:99 , Visakh. S.S , Kollam , 2008

I	SABARINATH P S	Thiruvananthapuram	19:16:70
II	ANIJITH BIJU	Ernakulam	19:45:75
III	DHANU P NAIR	Thiruvananthapuram	20:05:48
IV	ENRIC P MANOJ	Ernakulam	20:48:99
V	ANUJITH S NAIR	Kottayam	20:57:91
VI	SREERAM. M	Palakkad	21:10:62
VII	BASIL JOY	Ernakulam	21:42:56
VIII	ADITHYAN A S	Thiruvananthapuram	21:57:76

7 - 50 M. Back stroke
Record: 00:30:10 , REHAAN JERRY , Kasaragod , 2024

I	REHAAN JERRY	Kasaragod	00:29:88 (N.R)
II	ATHUL K P	Thiruvananthapuram	00:31:97
III	JOY JOSE THOPPAN	Kottayam	00:32:15
IV	JOSE NIJU KOTTOOR	Ernakulam	00:33:31
V	EMMANUEL TILSON JOHN	Ernakulam	00:34:42
VI	Vishnu krishna R	Palakkad	00:34:69
VII	VAIKASH R	Thiruvananthapuram	00:35:45
VIII	JOFIN BINOY	Thrissur	00:35:48

8 - 100 M. Back stroke**Record:** 01:06:96 , AARON J THOMAS , Ernakulam , 2018

I	ATHUL K P	Thiruvananthapuram	01:07:40
II	EMMANUEL TILSON JOHN	Ernakulam	01:12:41
III	VAIKASH R	Thiruvananthapuram	01:12:96
IV	G TANUSH	Ernakulam	01:13:07
V	Vishnu krishna R	Palakkad	01:13:99
VI	JOSE NIJU KOTTOOR	Ernakulam	01:14:16
VII	ABHITHEERTH A S	Thiruvananthapuram	01:20:22
VIII	JOFIN BINOY	Thrissur	01:21:67

9 - 200 M. Back stroke**Record:** 02:26:01 , AARON J THOMAS , Ernakulam , 2018

I	ATHUL K P	Thiruvananthapuram	02:28:34
II	EMMANUEL TILSON JOHN	Ernakulam	02:37:51
III	Vishnu krishna R	Palakkad	02:38:74
IV	VIJAY SHANKAR P V	Ernakulam	02:47:04
V	LOYAL THOMAS P A	Ernakulam	02:48:04
VI	AGASTHYA AJI ASHOK	Thiruvananthapuram	02:51:48
VII	AMAL KRISHNA R S	Thiruvananthapuram	02:56:78
VIII	AASHISH T V	Kannur	02:58:23

10- 50 M. Breast stroke**Record:** 00:33:12 , SHANN ANTONY , Ernakulam , 2019

I	HARINANDAN P.A	Thiruvananthapuram	00:35:66
II	ABHIJITH P P	Ernakulam	00:36:09
III	CYRIAC JOHN	Ernakulam	00:37:12
IV	ANIKET THATTIL	Thrissur	00:37:13
V	ANAL K SUNIL	Kottayam	00:38:31
VI	SREERAM. M	Palakkad	00:39:03
VII	KASINATHAN S D	Thiruvananthapuram	00:39:42
VIII	SREEHARI S	Kottayam	00:39:62

11- 100 M. Breast stroke**Record:** 01:15:16 , SHANN ANTONY , Ernakulam , 2019

I	HARINANDAN P.A	Thiruvananthapuram	01:19:59
II	CYRIAC JOHN	Ernakulam	01:19:73
III	ABHIJITH P P	Ernakulam	01:21:88
IV	ANIKET THATTIL	Thrissur	01:21:90
V	ABHINAV.A	Thiruvananthapuram	01:24:76
VI	SREERAM. M	Palakkad	01:25:09
VII	ADWAITH. M	Thrissur	01:25:47
VIII	ANAL K SUNIL	Kottayam	01:26:12

12- 200 M. Breast stroke**Record:** 02:43:35 , KARTHIK S PRADOSH , Thiruvananthapuram , 2023

I	HARINANDAN P.A	Thiruvananthapuram	02:51:18
II	CYRIAC JOHN	Ernakulam	02:56:82
III	ABHIJITH P P	Ernakulam	02:57:11
IV	MATHEW C JAMES	Ernakulam	03:02:79
V	SREERAM. M	Palakkad	03:02:95
VI	ABHINAV.A	Thiruvananthapuram	03:04:09
VII	ADWAITH. M	Thrissur	03:05:83
VIII	ANIKET THATTIL	Thrissur	03:08:03

13- 50 M. Butterfly stroke
Record: 00:28:08 , REHAAN JERRY , Kasaragod , 2024

I	REHAAN JERRY	Kasaragod	00:27:00	(N.R)
II	BALAJI A KRISHNA	Kollam	00:29:25	
III	KEVIN THOMAS GEORGE	Ernakulam	00:29:50	
IV	CHRISTIANO TENNY	Ernakulam	00:30:98	
IV	NANDHAV K	Kozhikode	00:30:98	
VI	JOHAN JULIAN P J	Ernakulam	00:32:36	
VII	AMRITA SWAROOP.M	Thrissur	00:32:82	
VIII	AMAL KRISHNA R S	Thiruvananthapuram	00:32:89	

14- 100 M. Butterfly stroke
Record: 01:04:61 , BINAS. P. R , Thiruvananthapuram , 2017

I	REHAAN JERRY	Kasaragod	01:02:49	(N.R)
II	AAROSH S	Thiruvananthapuram	01:05:52	
III	JOY JOSE THOPPAN	Kottayam	01:07:82	
IV	KEVIN THOMAS GEORGE	Ernakulam	01:09:06	
V	CHRISTIANO TENNY	Ernakulam	01:10:96	
VI	ANUJITH S NAIR	Kottayam	01:12:40	
VII	ESHAN NABIL	Ernakulam	01:14:47	
VIII	ZENIN NISHAD	Kozhikode	01:15:16	

15- 200 M. Butterfly stroke
Record: 02:27:28 , AADHIDEV P PRADEEP , Ernakulam , 2022

I	AAROSH S	Thiruvananthapuram	02:28:01	
II	VIGNESH UMESH	Palakkad	02:39:19	
III	ESHAN NABIL	Ernakulam	02:43:41	
IV	KEVIN THOMAS GEORGE	Ernakulam	02:45:94	
V	ADITHYAN A S	Thiruvananthapuram	02:55:37	
VI	ATHUL.G	Thrissur	02:55:52	
VII	Kannan A	Palakkad	02:57:19	
VIII	ZENIN NISHAD	Kozhikode	02:58:24	

16- 200 M. Individual Medley
Record: 02:28:98 , KARTHIK S PRADOSH , Thiruvananthapuram , 2023

I	HARINANDAN P.A	Thiruvananthapuram	02:33:57	
II	JOY JOSE THOPPAN	Kottayam	02:33:98	
III	SABARINATH P S	Thiruvananthapuram	02:40:75	
IV	EMMANUEL TILSON JOHN	Ernakulam	02:43:88	
V	ANIJITH BIJU	Ernakulam	02:44:24	
VI	VIGNESH UMESH	Palakkad	02:45:42	
VII	NANDHAV K	Kozhikode	02:47:74	
VIII	G TANUSH	Ernakulam	02:48:23	

17- 400 M. Individual Medley
Record: 05:15:60 , KARTHIK S PRADOSH , Thiruvananthapuram , 2023

I	JOY JOSE THOPPAN	Kottayam	05:26:27	
II	HARINANDAN P.A	Thiruvananthapuram	05:36:85	
III	ANIJITH BIJU	Ernakulam	05:38:81	
IV	VIGNESH UMESH	Palakkad	05:47:57	
V	Vishnu krishna R	Palakkad	05:51:48	
VI	BASIL JOY	Ernakulam	06:13:48	
VII	MATHEW C JAMES	Ernakulam	06:13:60	
VIII	Midhun S K	Thiruvananthapuram	06:13:84	

18- 4x 100 M. Freestyle Relay

Record Time:	04:09:60	, Ernakulam	, 2021
I	JOSE NIJU KOTTOOR KEVIN THOMAS	EMMANUEL TILSON JOHN ENRIC P MANOJ	Ernakulam 04:14:50
II	AAROSH S VAIKASH R	ATHUL K P ADHISIVAM S V	Thiruvananthapura m 04:16:50
III	RON JAMES PRANIL ANAL K SUNIL	ANUJITH S NAIR JOY JOSE THOPPAN	Kottayam 04:16:76
IV	ARJUN B KRISHNA BALAJI A KRISHNA	KASHINADH. S MAHESWAR J	Kollam 04:37:99
V	ANUDEV.D BRUHASPATHY.B	AMRITA SWAROOP.M ANIKET THATTIL	Thrissur 04:49:24
VI	NANDHAV K NAZEEN U	ZENIN NISHAD MOHITH SAMI	Kozhikode 04:56:52
VII	Vishnu krishna R MIDHUN KRISHNA K	Abhiram G PRATHIK.K	Palakkad 05:10:33
VIII	HARSH T A ROHAN P	Niranjan K Sarang K	Malappuram 05:36:25

19- 4x 200 M. Freestyle Relay

Record Time:	09:16:74	, Ernakulam	, 2021
I	AAROSH S ADHISIVAM S V	ATHUL K P AMALDEV.S	Thiruvananthapura m 09:27:59
II	ANUJITH S NAIR RON JAMES PRANIL	ANAL K SUNIL JOY JOSE THOPPAN	Kottayam 09:27:72
III	KEVIN THOMAS ENRIC P MANOJ	EMMANUEL TILSON JOHN JOHAN JULIAN P J	Ernakulam 09:43:01
IV	HARSH T A Niranjan K	Hayan Jasir ROHAN P	Malappuram 12:07:40
IV	ANUDEV.D AMRITA SWAROOP.M	ANIKET THATTIL ADWAITH. M	Thrissur 10:38:98
V	VIGNESH UMESH SIBIN.S	Abhiram G ARYAN S	Palakkad 10:41:35

20- 4x 100 M. Medley Relay

Record Time:	04:42:74	, Ernakulam	, 2021
I	ATHUL K P HARINANDAN P.A	AAROSH S VAIKASH R	Thiruvananthapura m 04:44:57
II	EMMANUEL TILSON JOHN CYRIAC JOHN	JOSE NIJU KOTTOOR	KEVIN THOMAS GEORGE Ernakulam 04:46:65
III	JOY JOSE THOPPAN ANAL K SUNIL	ANUJITH S NAIR RON JAMES PRANIL	Kottayam 04:51:58
IV	VIGNESH UMESH Vishnu krishna R	SREERAM. M Abhiram G	Palakkad 05:09:27
V	JOFIN BINOY ANIKET THATTIL	ANUDEV.D ADWAITH. M	Thrissur 05:18:76
VI	Sarang K HARSH T A	Hayan Jasir Niranjan K	Malappuram 06:46:69

Girls Group- I

1 - 50 M. Freestyle

Record: 00:29:01 , JOMI GEORGE , Kottayam , 2014

I	VRINDA R S	Thiruvananthapuram	00:29:37
II	VIDHYA LEKSHMI R	Thiruvananthapuram	00:29:61
III	NICOLE POLY	Ernakulam	00:29:67
IV	DHAKSHINA BIJO P	Thiruvananthapuram	00:29:79
V	CAREN BENNY	Ernakulam	00:30:13
VI	DEVIKA K	Kozhikode	00:30:87
VII	RIYA ABE	Kottayam	00:31:18
VIII	ANEESHA S	Palakkad	00:31:53

2 - 100 M. Freestyle

Record: 01:02:41 , KEZIAH CATHERINE , Thrissur , 2019

I	GARSHA SAHARSHA	Thiruvananthapuram	01:04:65
II	DHAKSHINA BIJO P	Thiruvananthapuram	01:04:79
III	NADIA ASIF	Ernakulam	01:04:85
IV	VRINDA R S	Thiruvananthapuram	01:05:38
V	NICOLE POLY	Ernakulam	01:05:88
VI	CAREN BENNY	Ernakulam	01:06:90
VII	ANEESHA S	Palakkad	01:10:35
VIII	RIYA ABE	Kottayam	01:10:89

3 - 200 M. Freestyle

Record: 02:16:01 , KEZIAH CATHERINE , Thrissur , 2019

I	GARSHA SAHARSHA	Thiruvananthapuram	02:22:88
II	VRINDA R S	Thiruvananthapuram	02:24:71
III	DHAKSHINA BIJO P	Thiruvananthapuram	02:28:75
IV	CAREN BENNY	Ernakulam	02:33:11
V	SAMPADA PATHAK	Ernakulam	02:34:26
VI	ANEESHA S	Palakkad	02:34:53
VII	MEHRIN ASIF	Ernakulam	02:34:90
VIII	ROSE MARIA BABY	Kottayam	02:38:50

4 - 400 M. Freestyle

Record: 04:54:24 , KEZIAH CATHERINE , Trichur , 2019

I	GARSHA SAHARSHA	Thiruvananthapuram	05:03:89
II	ANAGHA M.R	Thiruvananthapuram	05:07:87
III	VRINDA R S	Thiruvananthapuram	05:08:65
IV	CAREN BENNY	Ernakulam	05:28:39
V	SAMPADA PATHAK	Ernakulam	05:29:21
VI	ROSE MARIA BABY	Kottayam	05:32:73
VII	JYOTSNA JERALD	Ernakulam	05:41:63
VIII	NIVYA. M	Palakkad	05:44:80

5 - 800 M. Freestyle

Record: 10:12:29 , GARSHA SAHARSHA , Thiruvananthapuram , 2023

I	GARSHA SAHARSHA	Thiruvananthapuram	10:27:75
II	ANAGHA M.R	Thiruvananthapuram	10:37:87
III	THAGSEENA F	Thiruvananthapuram	11:04:46
IV	CAREN BENNY	Ernakulam	11:22:42
V	SAMPADA PATHAK	Ernakulam	11:32:52
VI	JYOTSNA JERALD	Ernakulam	11:34:70
VII	NIYA SAJI	Kottayam	11:47:63
VIII	CHINMAYI SHIBIL	Thrissur	13:04:17

6 - 1500 M. Freestyle**Record:** 19:48:09 , GARSHA SAHARSHA , Thiruvananthapuram , 2023

I	GARSHA SAHARSHA	Thiruvananthapuram	20:21:89
II	ANAGHA M.R	Thiruvananthapuram	20:56:20
III	THAGSEENA F	Thiruvananthapuram	21:04:02
IV	GAYATHRI DEV	Ernakulam	21:31:49
V	ALEENA JERALD	Ernakulam	22:11:27
VI	SAMPADA PATHAK	Ernakulam	22:16:42
VII	SREYA SAJEESH	Thrissur	22:43:60

7 - 50 M. Back stroke**Record:** 00:33:48 , DEVIKA K , Kozhikode , 2024

I	DEVIKA K	Kozhikode	00:33:15	(N.R)
II	ADHVIKA ASGHAR	Ernakulam	00:34:75	
III	RIYA ABE	Kottayam	00:34:79	
IV	VANDANA S	Thiruvananthapuram	00:35:55	
V	NICOLE POLY	Ernakulam	00:36:29	
VI	SANJANA AJI	Thiruvananthapuram	00:36:59	
VII	AAVANI. R.P	Thiruvananthapuram	00:40:07	
VIII	Sivanya J	Palakkad	00:44:71	

8 - 100 M. Back stroke**Record:** 01:11:44 , SANAA MATHEW , Ernakulam , 2022

I	DEVIKA K	Kozhikode	01:13:55
II	NICOLE POLY	Ernakulam	01:15:36
III	DHAKSHINA BIJO P	Thiruvananthapuram	01:15:93
IV	SANJANA AJI	Thiruvananthapuram	01:19:28
V	VANDANA S	Thiruvananthapuram	01:19:42
VI	RIYA ABE	Kottayam	01:21:17
VII	NIVYA. M	Palakkad	01:25:18
VIII	NAKSHATRA SATHISH	Ernakulam	01:28:19

9 - 200 M. Back stroke**Record:** 02:33:12 , SANAA MATHEW , Ernakulam , 2022

I	DHAKSHINA BIJO P	Thiruvananthapuram	02:41:19
II	NICOLE POLY	Ernakulam	02:44:83
III	DEVIKA K	Kozhikode	02:44:94
IV	SANJANA AJI	Thiruvananthapuram	02:46:99
V	VRINDA R S	Thiruvananthapuram	02:50:15
VI	RIYA ABE	Kottayam	03:01:14
VII	JYOTSNA JERALD	Ernakulam	03:02:23
VIII	SADHIKA S	Palakkad	03:18:44

10- 50 M. Breast stroke**Record:** 00:38:10 , ARADHANA BEKAL , Kannur , 2019

I	KARTHIKA SATHEESH	Thiruvananthapuram	00:38:96
II	DIYA PRAJEESH	Kannur	00:39:76
III	VISMAYA A S	Thiruvananthapuram	00:41:97
IV	MADHURIMA S.M	Thiruvananthapuram	00:42:16
V	ALEENA JERALD	Ernakulam	00:43:33
VI	GOWRI KRISHNA M	Palakkad	00:43:83
VII	DEVATHEERTHA N	Kannur	00:44:62
VIII	CHINMAYI SHIBIL	Thrissur	00:45:98

11- 100 M. Breast stroke
Record: 01:22:40 , ARATHY. S , Thiruvananthapuram , 2014

I	KARTHIKA SATHEESH	Thiruvananthapuram	01:24:36
II	AKHILA M R	Thiruvananthapuram	01:25:83
III	NADIA ASIF	Ernakulam	01:29:02
IV	DIYA PRAJEESH	Kannur	01:30:90
V	ALEENA JERALD	Ernakulam	01:32:65
VI	MADHURIMA S.M	Thiruvananthapuram	01:33:05
VII	GOWRI KRISHNA M	Palakkad	01:35:56
VIII	TOMINA AAN ROY	Kottayam	01:38:52

12- 200 M. Breast stroke
Record: 03:00:45 , ARATHY. S , Thiruvananthapuram , 2014

I	KARTHIKA SATHEESH	Thiruvananthapuram	03:03:75
II	AKHILA M R	Thiruvananthapuram	03:04:01
III	ALEENA JERALD	Ernakulam	03:14:03
IV	MADHURIMA S.M	Thiruvananthapuram	03:18:08
V	DIYA PRAJEESH	Kannur	03:18:24
VI	HELNA LAIJU	Thrissur	03:27:37
VII	GOWRI KRISHNA M	Palakkad	03:27:43
VIII	MIA MARIAM VARGHESE	Ernakulam	03:39:33

13- 50 M. Butterfly stroke
Record: 00:31:82 , VIDHYA LEKSHMI R , Thiruvananthapuram , 2024

I	VIDHYA LEKSHMI R	Thiruvananthapuram	00:31:53	(N.R)
II	GAYATHRI DEV	Ernakulam	00:31:86	
III	EBBA ADILA. S	Thiruvananthapuram	00:32:31	
IV	DEVIKA K	Kozhikode	00:32:73	
V	ROSE MARIA BABY	Kottayam	00:34:85	
VI	ANASWARA S	Palakkad	00:37:14	
VII	SAFWA SAKEER	Thiruvananthapuram	00:37:42	

14- 100 M. Butterfly stroke
Record: 01:11:44 , VARSHA S , Thiruvananthapuram , 2023

I	VIDHYA LEKSHMI R	Thiruvananthapuram	01:10:62	(N.R)
II	NADIA ASIF	Ernakulam	01:13:08	
III	MEHRIN ASIF	Ernakulam	01:15:13	
IV	GAYATHRI DEV	Ernakulam	01:15:77	
V	EBBA ADILA. S	Thiruvananthapuram	01:20:20	
VI	DIYA PRAJEESH	Kannur	01:20:52	
VII	ANJALI.S.SATHYA	Thiruvananthapuram	01:22:20	
VIII	TOMINA AAN ROY	Kottayam	01:25:19	

15- 200 M. Butterfly stroke
Record: 02:40:65 , SWATHY SUNDER. M , Thiruvananthapuram , 2014

I	VIDHYA LEKSHMI R	Thiruvananthapuram	02:44:39
II	MEHRIN ASIF	Ernakulam	02:59:78
III	DIYA PRAJEESH	Kannur	03:01:87
IV	GAYATHRI DEV	Ernakulam	03:05:32
V	AKHILA M R	Thiruvananthapuram	03:06:02
VI	ANASWARA S	Palakkad	03:17:21
VII	ANAGHA A S	Thiruvananthapuram	03:18:89
VIII	SWETHA V R	Ernakulam	03:57:66

16- 200 M. Individual Medley

Record: 02:34:36 , KEZIAH CATHERINE , Thrissur , 2019

I	VIDHYA LEKSHMI R	Thiruvananthapuram	02:40:97
II	NADIA ASIF	Ernakulam	02:41:05
III	AKHILA M R	Thiruvananthapuram	02:41:51
IV	ANJALI.S.SATHYA	Thiruvananthapuram	02:49:55
V	MEHRIN ASIF	Ernakulam	02:55:30
VI	GAYATHRI DEV	Ernakulam	03:04:32
VII	NIYA SAJI	Kottayam	03:09:76
VIII	LEA MARIA JUSTIN	Kottayam	03:10:06

17- 400 M. Individual Medley

Record: 05:38:08 , Sumy Cyriac , Kottayam , 1998

I	NADIA ASIF	Ernakulam	05:43:30
II	AKHILA M R	Thiruvananthapuram	05:46:72
III	ALEENA JERALD	Ernakulam	05:59:93
IV	SANJANA AJI	Thiruvananthapuram	06:06:02
V	ANJALI.S.SATHYA	Thiruvananthapuram	06:11:50
VI	TOMINA AAN ROY	Kottayam	06:42:66
VII	SRANIKA S	Palakkad	06:59:50

18- 4x 100 M. Freestyle Relay

Record Time: 04:33:72 , Ernakulam , 2022

I	NADIA ASIF GAYATHRI DEV	NICOLE POLY CAREN BENNY	Ernakulam	04:28:85 (N.R)
II	DHAKSHINA BIJO P GARSHA SAHARSHA	VRINDA R S SAFWA SAKKEER	Thiruvananthapura m	04:31:39 (B.R)
III	TOMINA AAN ROY ROSE MARIA BABY	RIYA ABE NIYA SAJI	Kottayam	04:49:38
IV	ANEESHA S ARCHANA. P	NIVYA. M ANASWARA S	Palakkad	05:07:55
V	SREYA SAJEESH HELNA LAIJU	CHINMAYI SHIBIL SAI JAYATRE.S	Thrissur	05:23:72

19- 4x 200 M. Freestyle Relay

Record Time: 09:51:04 , Thiruvananthapuram , 2023

I	GARSHA SAHARSHA VRINDA R S	DHAKSHINA BIJO P ANAGHA M.R	Thiruvananthapura m	09:58:87
II	NICOLE POLY CAREN BENNY	MEHRIN ASIF NADIA ASIF	Ernakulam	10:22:43
III	NIYA SAJI LEA MARIA JUSTIN	RIYA ABE ROSE MARIA BABY	Kottayam	10:37:00
IV	ANEESHA S NIVYA. M	ANASWARA S SREENANDA.R	Palakkad	10:51:59
V	SREYA SAJEESH CHINMAYI SHIBIL	SAI JAYATRE.S HELNA LAIJU	Thrissur	11:51:02

20- 4x 100 M. Medley Relay

Record Time: 05:08:70 , Ernakulam , 2023

I	DHAKSHINA BIJO P GARSHA SAHARSHA	KARTHIKA SATHEESH VIDHYA LEKSHMI R	Thiruvananthapura m	05:05:33 (N.R)
II	GAYATHRI DEV CAREN BENNY	NICOLE POLY NADIA ASIF	Ernakulam	05:19:92
III	ROSE MARIA BABY NIYA SAJI	RIYA ABE TOMINA AAN ROY	Kottayam	05:33:25
IV	ANASWARA S NIVYA. M	GOWRI KRISHNA M ANEESHA S	Palakkad	05:36:66
V	HELNA LAIJU CHINMAYI SHIBIL	SAI JAYATRE.S SREYA SAJEESH	Thrissur	06:21:02

Girls Group- II

1 - 50 M. Freestyle

Record: 00:28:54 , LIYANA FATHIMA , Thrissur , 2018

I	CHRISTEENA SOJAN	Ernakulam	00:29:28
II	ESHANI P JOSHI	Ernakulam	00:29:96
III	AMELIA MARIAM ABIN	Ernakulam	00:30:89
IV	RHITHU J S	Thiruvananthapuram	00:31:55
V	REEMA ABE	Kottayam	00:32:25
VI	AAJUSHI AVANTIKA S A	Thiruvananthapuram	00:33:45
VII	SHIVANSHI PATTOTH	Kozhikode	00:33:70
VIII	ANOOJA. P	Palakkad	00:34:44

2 - 100 M. Freestyle

Record: 01:02:44 , KEZIAH CATHRINE , Ernakulam , 2018

I	CHRISTEENA SOJAN	Ernakulam	01:05:82
II	INDRAANY M MENON	Ernakulam	01:07:31
III	HANNAH ELIZABETH SIYO	Ernakulam	01:07:85
IV	ABHINANDA V	Thiruvananthapuram	01:08:64
V	ADHITHEYA A J	Thiruvananthapuram	01:11:61
VI	RHITHU J S	Thiruvananthapuram	01:12:19
VII	REEMA ABE	Kottayam	01:12:23
VIII	PARVATHY NITESH	Thrissur	01:14:77

3 - 200 M. Freestyle

Record: 02:18:12 , KEZIAH CATHERINE , Thrissur , 2018

I	CHRISTEENA SOJAN	Ernakulam	02:22:17
II	ABHINANDA V	Thiruvananthapuram	02:25:98
III	HANNAH ELIZABETH SIYO	Ernakulam	02:27:34
IV	INDRAANY M MENON	Ernakulam	02:27:77
V	ARDRA S	Thiruvananthapuram	02:31:00
VI	MALAVIKA RANJITH	Malappuram	02:31:22
VII	ADHITHEYA A J	Thiruvananthapuram	02:39:44
VIII	REEMA ABE	Kottayam	02:40:59

4 - 400 M. Freestyle

Record: 05:03:43 , VRINDA R.S , Thiruvananthapuram , 2023

I	ABHINANDA V	Thiruvananthapuram	05:04:35
II	HANNAH ELIZABETH SIYO	Ernakulam	05:08:95
III	INDRAANY M MENON	Ernakulam	05:10:92
IV	SONA SUNIL	Ernakulam	05:24:99
V	ADHITHEYA A J	Thiruvananthapuram	05:28:02
VI	IMRANA FATHIMA I S	Thiruvananthapuram	05:28:84
VII	REEMA ABE	Kottayam	05:56:35
VIII	Jijitha V	Palakkad	06:28:43

5 - 800 M. Freestyle

Record: 10:35:67 , CAREN BENNY , Ernakulam , 2023

I	ABHINANDA V	Thiruvananthapuram	10:30:35	(N.R)
II	HANNAH ELIZABETH SIYO	Ernakulam	10:42:68	
III	INDRAANY M MENON	Ernakulam	10:49:41	
IV	BHAGYA KRISHNA R B	Thiruvananthapuram	11:05:41	
V	SONA SUNIL	Ernakulam	11:14:43	
VI	IMRANA FATHIMA I S	Thiruvananthapuram	11:16:15	
VII	TRITIYA PRAJEESH	Kannur	11:37:70	
VIII	N.A.ALAKANANDA	Thrissur	12:53:37	

6 - 1500 M. Freestyle
Record: 20:47:59 , VARSHA. S , Thiruvananthapuram , 2019

I	ABHINANDA V	Thiruvananthapuram	20:10:90	(N.R)
II	HANNAH ELIZABETH SIYO	Ernakulam	20:20:32	(B.R)
III	ARDRA S	Thiruvananthapuram	20:29:09	(B.R)
IV	INDRAANY M MENON	Ernakulam	21:14:03	
V	BHAGYA KRISHNA R B	Thiruvananthapuram	21:23:03	
VI	SONA SUNIL	Ernakulam	21:44:09	
VII	LIVA.P.L	Thrissur	22:16:13	
VIII	MARIYA RAJESH	Thrissur	22:42:82	

7 - 50 M. Back stroke
Record: 00:32:63 , SANAA MATHEW , Ernakulam , 2019

I	CHRISTEENA SOJAN	Ernakulam	00:32:87	
II	SHREYA BINIL	Ernakulam	00:33:65	
III	AVANTHIKA PRADEEP	Ernakulam	00:33:91	
IV	MAYOOKHA SUJITH	Thiruvananthapuram	00:37:52	
V	SHIVANSHI PATTOTH	Kozhikode	00:38:23	
VI	ANIKA NISHIL	Kozhikode	00:39:15	
VII	ANGELINA DENNY	Kottayam	00:41:33	
VIII	PARVATHY NITESH	Thrissur	00:41:90	

8 - 100 M. Back stroke
Record: 01:11:41 , SANAA MATHEW , Ernakulam , 2019

I	CHRISTEENA SOJAN	Ernakulam	01:11:99	
II	AVANTHIKA PRADEEP	Ernakulam	01:13:57	
III	SHREYA BINIL	Ernakulam	01:13:81	
IV	MAYOOKHA SUJITH	Thiruvananthapuram	01:20:36	
V	SHIVANSHI PATTOTH	Kozhikode	01:24:73	
VI	AAJUSHI AVANTIKA S A	Thiruvananthapuram	01:25:28	
VII	ANIKA NISHIL	Kozhikode	01:30:04	
VIII	REEMA ABE	Kottayam	01:31:02	

9 - 200 M. Back stroke
Record: 02:35:30 , SANAA MATHEW , Ernakulam , 2019

I	SHREYA BINIL	Ernakulam	02:38:64	
II	AVANTHIKA PRADEEP	Ernakulam	02:40:95	
III	MAYOOKHA SUJITH	Thiruvananthapuram	02:47:08	
IV	AAJUSHI AVANTIKA S A	Thiruvananthapuram	03:00:47	
V	NATHANIA V	Ernakulam	03:03:97	
VI	AMRITHA AJI	Thiruvananthapuram	03:06:53	
VII	PUNNYA. P	Palakkad	03:21:13	
VIII	ANGELINA DENNY	Kottayam	03:21:19	

10- 50 M. Breast stroke
Record: 00:37:45 , ALAKANANDA RAJU , Ernakulam , 2024

I	ALAKANANDA RAJU	Ernakulam	00:37:13	(N.R)
II	AMELIA MARIAM ABIN	Ernakulam	00:37:63	
III	POORNIMA DEV	Ernakulam	00:38:90	
IV	RHITHU J S	Thiruvananthapuram	00:39:18	
V	BHAGYA KRISHNA R B	Thiruvananthapuram	00:41:96	
VI	VIDHU VINOD	Thiruvananthapuram	00:42:84	
VII	GOURI ARUN	Kottayam	00:45:36	
VIII	PARVATHY NITESH	Thrissur	00:45:97	

11- 100 M. Breast stroke**Record:** 01:24:76 , Riya Orison , Ernakulam , 2008

I	ALAKANANDA RAJU	Ernakulam	01:21:91	(N.R)
II	AMELIA MARIAM ABIN	Ernakulam	01:23:58	(B.R)
III	POORNIMA DEV	Ernakulam	01:29:29	
IV	BHAGYA KRISHNA R B	Thiruvananthapuram	01:30:60	
V	PADMATHEERDHA R	Thiruvananthapuram	01:38:71	
VI	DIYA C.S	Thrissur	01:41:74	
VII	VIDHU VINOD	Thiruvananthapuram	01:41:76	
VIII	LIVA.P.L	Thrissur	01:42:27	

12- 200 M. Breast stroke**Record:** 02:54:27 , ALAKANANDA RAJU , Ernakulam , 2023

I	ALAKANANDA RAJU	Ernakulam	02:51:61	(N.R)
II	AMELIA MARIAM ABIN	Ernakulam	03:01:43	
III	POORNIMA DEV	Ernakulam	03:08:36	
IV	BHAGYA KRISHNA R B	Thiruvananthapuram	03:15:09	
V	PADMATHEERDHA R	Thiruvananthapuram	03:30:25	
VI	DIYA C.S	Thrissur	03:33:46	
VII	VIDHU VINOD	Thiruvananthapuram	03:33:69	
VIII	Nayana K	Palakkad	03:45:48	

13- 50 M. Butterfly stroke**Record:** 00:30:33 , LIYANA FATHIMA URER , Ernakulam , 2018

I	ESHANI P JOSHI	Ernakulam	00:30:34	
II	MALAVIKA RANJITH	Malappuram	00:31:96	
III	TASHA T THOMAS	Ernakulam	00:32:85	
IV	SHREYA BINIL	Ernakulam	00:33:43	
V	NIVEDYA V.N	Thrissur	00:36:09	
VI	VYSHNAVY S S	Thiruvananthapuram	00:36:11	
VII	VAIGA.AV	Thiruvananthapuram	00:36:30	
VIII	DIYA C.S	Thrissur	00:37:78	

14- 100 M. Butterfly stroke**Record:** 01:07:69 , LIYANA FATHIMA , Ernakulam , 2018

I	MALAVIKA RANJITH	Malappuram	01:09:45	
II	ESHANI P JOSHI	Ernakulam	01:09:93	
III	TASHA T THOMAS	Ernakulam	01:17:02	
IV	NIVEDYA V.N	Thrissur	01:19:87	
V	TRITIYA PRAJEESH	Kannur	01:20:40	
VI	ARDRA S	Thiruvananthapuram	01:22:28	
VII	ANGELIN A JUSTIN	Thiruvananthapuram	01:22:68	
VIII	VYSHNAVY S S	Thiruvananthapuram	01:27:22	

15- 200 M. Butterfly stroke**Record:** 02:36:85 , SHREYA MARYA KAMAL , Ernakulam , 2019

I	MALAVIKA RANJITH	Malappuram	02:46:82	
II	ESHANI P JOSHI	Ernakulam	02:55:30	
III	ARDRA S	Thiruvananthapuram	02:55:88	
IV	NIVEDYA V.N	Thrissur	03:02:43	
V	TASHA T THOMAS	Ernakulam	03:02:94	
VI	ANGELIN A JUSTIN	Thiruvananthapuram	03:03:76	
VII	TRITIYA PRAJEESH	Kannur	03:06:18	
VIII	AMRITHA AJI	Thiruvananthapuram	03:06:55	

16- 200 M. Individual Medley

Record: 02:36:64 , SHREYA MARYA KAMAL , Ernakulam , 2019

I	ALAKANANDA RAJU	Ernakulam	02:39:14
II	POORNIMA DEV	Ernakulam	02:49:07
III	MALAVIKA RANJITH	Malappuram	02:49:71
IV	MAYOOKHA SUJITH	Thiruvananthapuram	02:55:52
V	TASHA T THOMAS	Ernakulam	02:58:68
VI	TRITIYA PRAJEESH	Kannur	02:59:33
VII	VAIGA.AV	Thiruvananthapuram	03:02:42
VIII	ANGELIN A JUSTIN	Thiruvananthapuram	03:03:59

17- 400 M. Individual Medley

Record: 05:27:52 , SHREYA MARYA KAMAL , Ernakulam , 2019

I	ALAKANANDA RAJU	Ernakulam	05:51:37
II	ARDRA S	Thiruvananthapuram	06:05:99
III	VYSHAGHI K S	Ernakulam	06:07:70
IV	TRITIYA PRAJEESH	Kannur	06:14:78
V	ANGELIN A JUSTIN	Thiruvananthapuram	06:25:20
VI	ABJINI K REJISH	Ernakulam	06:30:31
VII	IMRANA FATHIMA I S	Thiruvananthapuram	06:41:25
VIII	SANUSHA. S	Palakkad	07:38:21

18- 4x 100 M. Freestyle Relay

Record Time: 04:22:46 , Thiruvananthapuram , 2006

I	HANNAH ELIZABETH INDRAANY M MENON	CHRISTEENA SOJAN AVANTHIKA PRADEEP	Ernakulam	04:42:04
II	ABHINANDA V ADHITHEYA A J	RHITHU J S MEGHA S	Thiruvananthapura m	04:52:10
III	LIVA.P.L NIVEDYA V.N	DHWANI SUBEESH PARVATHY NITHESH	Thrissur	05:06:67
IV	GOURI ARUN ANANYA R	ANGELINA DENNY REEMA ABE	Kottayam	05:11:32
V	ANOOJA. P ANANYA G	Jijitha V PUNNYA. P	Palakkad	05:33:60
VI	SHIVANSHI PATTOTH MADHAVAPRIYA	ANIKA NISHIL AISWARYA M R	Kozhikode	05:51:00

19- 4x 200 M. Freestyle Relay

Record Time: 10:00:25 , Ernakulam , 2023

I	CHRISTEENA SOJAN INDRAANY M MENON	HANNAH ELIZABETH SIYO AVANTHIKA PRADEEP	Ernakulam	10:12:79
II	ABHINANDA V ADHITHEYA A J	ARDRA S IMRANA FATHIMA I S	Thiruvananthapura m	10:33:79
III	LIVA.P.L NIVEDYA V.N	DHWANI SUBEESH PARVATHY NITHESH	Thrissur	11:23:23
IV	ANANYA R ANNA J THOPPIL	ANGELINA DENNY REEMA ABE	Kottayam	11:55:48
V	ANOOJA. P ANUSREE.K	Jijitha V PUNNYA. P	Palakkad	12:00:74
VI	Lakshmi KP Hanna Mariam Baby	Anushka N. Swathikrishna. C	Malappuram	14:04:92

20- 4x 100 M. Medley Relay

Record Time: 05:05:51 , Ernakulam

2023

I	CHRISTEENA SOJAN ALAKANANDA RAJU	ESHANI P JOSHI HANNAH ELIZABETH SIYO	Ernakulam	05:03:60 (N.R)
II	MAYOOKHA SUJITH BHAGYA KRISHNA R B	ARDRA S ABHINANDA V	Thiruvananthapura m	05:37:99
III	PARVATHY NITHESH DIYA C.S	NIVEDYA V.N LIVA.P.L	Thrissur	05:47:78
IV	REEMA ABE ANANYA R	Anjelin GOURI ARUN	Kottayam	06:06:78
V	ANOOJA. P PUNNYA. P	Nayana K Jijitha V	Palakkad	06:17:76
VI	Lakshmi KP Anushka N.	MALAVIKA RANJITH Swathikrishna. C	Malappuram	06:22:52
VII	ANIKA NISHIL AMEYA K	SHIVANSHI PATTOTH AISWARYA M R	Kozhikode	06:45:51

INDIVIDUAL CHAMPIONSHIP BOYS SECTION

Group	Name	Unit	Points
I	ABHINAV S	Thiruvananthapuram	35
II	HARINANDAN P.A	Thiruvananthapuram	33
	REHAAN JERRY	Kasaragod	

INDIVIDUAL CHAMPIONSHIP GIRLS SECTION

Group	Name	Unit	Points
I	GARSHA SAHARSHA	Thiruvananthapuram	35
II	CHRISTEENA SOJAN	Ernakulam	35
	ALAKANANDA RAJU	Ernakulam	

WATER POLO CHAMPIONSHIP

BOYS SECTION		GIRLS SECTION	
POSITION	Unit	POSITION	Unit
I	THIRUVANANTHAPURAM	I	THIRUVANANTHAPURAM
II	PALAKKAD	II	PALAKKAD
III	THRISSUR	III	Ernakulam

GROUP CHAMPIONSHIPS

<u>Boys Group: I</u>			<u>Girls Group: I</u>		
Position	Unit	Points	Position	Unit	Points
I	Thiruvananthapuram	277	I	Thiruvananthapuram	252
II	Ernakulam	135	II	Ernakulam	142
III	Thrissur	42	III	Kottayam	34
IV	Kottayam	20	IV	Kozhikode	22
V	Palakkad	15		Palakkad	22
VI	Kannur	4	V	Kannur	15
	Kollam	4	VI	Thrissur	13
VII	Alappuzha	3			
VIII	Malappuram	2			

<u>Boys Group: II</u>			<u>Girls Group: II</u>		
Position	Unit	Points	Position	Unit	Points
I	Thiruvananthapuram	173	I	Ernakulam	270
II	Ernakulam	153	II	Thiruvananthapuram	129
III	Kottayam	58	III	Thrissur	34
IV	Kasaragod	33	IV	Malappuram	28
	Palakkad	33	V	Kottayam	20
V	Kollam	29	VI	Palakkad	12
VI	Thrissur	21	VII	Kozhikode	7
VII	Malappuram	8	VIII	Kannur	6
VIII	Kozhikode	5			

OVERALL CHAMPIONSHIP		
POSITION	Unit	Total Points
I	Thiruvananthapuram	831
II	Ernakulam	700
III	Kottayam	132
IV	Thrissur	110
V	Palakkad	82
VI	Malappuram	38
VII	Kozhikode	34
VIII	Kasaragod	33
	Kollam	33
IX	Kannur	25
X	Alappuzha	3



KERALA AQUATIC ASSOCIATION

40th Kerala State Sub-Junior Aquatic championship-2023 held at **Dr. B.R. Ambedkar International Aquatic Complex, Pirappancode, Thiruvananthapuram** from **14th June-2024 to 16th June 2024**

RESULTS SUB JUNIOR SECTION

Boys Group- III

1 - 50 M. Freestyle

Record: 00:28:98 , Sarath. G , Thiruvananthapuram , 2000

I	AADI C CHACKALA	Ernakulam	00:32:75
II	RON JUDE JOSEPH	Ernakulam	00:32:97
III	LEONN TOM	Thiruvananthapuram	00:33:53
IV	MILAN JOY	Ernakulam	00:33:91
V	NAVEEN VENUGOPAL	Kottayam	00:36:90
VI	ADITHYA AJI ASHOK	Thiruvananthapuram	00:37:04
VII	RYAN CYRIAC PRANIL	Kottayam	00:37:30
VIII	AVANITH J PILLAI	Kollam	00:37:66

2 - 100 M. Freestyle

Record: 01:05:88 , Visakh. S.S , Thiruvananthapuram , 2007

I	MAANAV K RAJESH	Thiruvananthapuram	01:09:17
II	AADI C CHACKALA	Ernakulam	01:11:88
III	LEONN TOM	Thiruvananthapuram	01:15:24
IV	MILAN JOY	Ernakulam	01:15:45
V	EVAN JOHN LIJO	Ernakulam	01:20:24
VI	NAVEEN VENUGOPAL	Kottayam	01:23:15
VII	RUDRAKSH P.A	Thiruvananthapuram	01:25:88
VIII	ALBY DENNY	Kottayam	01:25:94

3 - 200 M. Freestyle

Record: 02:23:22 , Visakh. S.S , Thiruvananthapuram , 2007

I	MAANAV K RAJESH	Thiruvananthapuram	02:28:48
II	AADI C CHACKALA	Ernakulam	02:36:88
III	DAVID JOHN JIJO	Ernakulam	02:44:99
IV	RISHAN AMEER SYAM	Ernakulam	02:53:33
V	ALAN KRISHNA B S	Thiruvananthapuram	02:57:93
VI	RUDRAKSH P.A	Thiruvananthapuram	02:58:41
VII	DAKSHITH PANOLI	Kannur	03:06:10
VIII	ALBY DENNY	Kottayam	03:18:00

4 - 400 M. Freestyle

Record: 05:24:62 , MAANAV K RAJESH , Thiruvananthapuram , 2023

I	MAANAV K RAJESH	Thiruvananthapuram	05:14:97 (N.R)
II	DAVID JOHN JIJO	Ernakulam	05:45:72
III	AARAV GEORGE	Ernakulam	05:57:27
IV	ALAN KRISHNA B S	Thiruvananthapuram	06:00:41
V	RUDRAKSH P.A	Thiruvananthapuram	06:01:16
VI	RISHAN AMEER SYAM	Ernakulam	06:05:17
VII	DAKSHITH PANOLI	Kannur	06:34:97
VIII	Ajwaldas B	Palakkad	06:36:93

5 - 50 M. Back stroke**Record:** 00:35:44 , AARON J THOMAS , Ernakulam , 2016

I	AADI C CHACKALA	Ernakulam	00:36:66
II	DAVID JOHN JIJO	Ernakulam	00:41:19
III	ADITHYAN B H	Thiruvananthapuram	00:41:87
IV	LEONN TOM	Thiruvananthapuram	00:42:42
V	ADHARV N D	Thiruvananthapuram	00:42:98
VI	KURIAKOSE POLY FRANCIS	Ernakulam	00:44:59
VII	ALBY DENNY	Kottayam	00:45:58

6 - 100 M. Back stroke**Record:** 01:17:52 , Saiju. S , Thiruvananthapuram , 1999

I	AADI C CHACKALA	Ernakulam	01:18:83
II	DAVID JOHN JIJO	Ernakulam	01:30:54
III	LEONN TOM	Thiruvananthapuram	01:30:98
IV	ADITHYAN B H	Thiruvananthapuram	01:33:61
V	SIDDARTH S	Thiruvananthapuram	01:35:02
VI	KURIAKOSE POLY FRANCIS	Ernakulam	01:35:58
VII	ALBY DENNY	Kottayam	01:36:55
VIII	Ajwaldas B	Palakkad	01:40:57

7 - 50 M. Breast stroke**Record:** 00:37:38 , Saravyan. R , Thiruvananthapuram , 2007

I	GAURI SHANKAR PATNAIK	Ernakulam	00:43:61
II	RON JUDE JOSEPH	Ernakulam	00:44:19
III	NAVEEN VENUGOPAL	Kottayam	00:45:60
IV	RUDRAKSH P.A	Thiruvananthapuram	00:46:61
V	RISHIKESH AS	Thiruvananthapuram	00:46:81
VI	ABRIEL K REJISH	Ernakulam	00:47:57
VII	DEVAPRAYAG G H	Thiruvananthapuram	00:47:81
VIII	JOSE K BIJOY	Kottayam	00:50:90

8 - 100 M. Breast stroke**Record:** 01:21:81 , Saravyan. R , Thiruvananthapuram , 2007

I	GAURI SHANKAR PATNAIK	Ernakulam	01:33:41
II	RUDRAKSH P.A	Thiruvananthapuram	01:40:61
III	NAVEEN VENUGOPAL	Kottayam	01:40:82
IV	RON JUDE JOSEPH	Ernakulam	01:41:10
V	RISHIKESH AS	Thiruvananthapuram	01:43:63
VI	ABRIEL K REJISH	Ernakulam	01:46:66
VII	JOSE K BIJOY	Kottayam	01:47:64
VIII	RYAN CYRIAC PRANIL	Kottayam	01:50:62

9 - 50 M. Butterfly stroke**Record:** 00:30:88 , Saravanan. S , Thiruvananthapuram , 2009

I	GAURI SHANKAR PATNAIK	Ernakulam	00:34:52
II	RON JUDE JOSEPH	Ernakulam	00:37:43
III	KURIAKOSE POLY FRANCIS	Ernakulam	00:39:05
IV	LEONN TOM	Thiruvananthapuram	00:39:66
V	Sidharth Sankar	Malappuram	00:42:62
VI	AVANITH J PILLAI	Kollam	00:42:70
VII	ADITHYA AJI ASHOK	Thiruvananthapuram	00:43:37
VIII	SAKET EASWAR R.V	Thiruvananthapuram	00:45:97

10- 100 M. Butterfly stroke**Record:** 01:09:41 , Baiju. S , Thiruvananthapuram , 1998

I	GAURI SHANKAR PATNAIK	Ernakulam	01:17:40
II	MAANAV K RAJESH	Thiruvananthapuram	01:23:49
III	RON JUDE JOSEPH	Ernakulam	01:28:32
IV	EVAN JOHN LIJO	Ernakulam	01:28:88
V	AVANITH J PILLAI	Kollam	01:42:71
VI	SAKET EASWAR R.V	Thiruvananthapuram	01:45:59
VII	SAJITH SAJEEV S.S	Thiruvananthapuram	01:49:74
VIII	ANUSHPRAB. KP	Malappuram	01:55:88

11- 200 M. Individual Medley**Record:** 02:43:86 , Baiju. S , Thiruvananthapuram , 1998

I	MAANAV K RAJESH	Thiruvananthapuram	02:55:39
II	DAVID JOHN JIJO	Ernakulam	03:09:94
III	MILAN JOY	Ernakulam	03:13:22
IV	AARAV GEORGE	Ernakulam	03:14:11
V	AAJUSH AARYAN S.A.	Thiruvananthapuram	03:21:77
VI	Sidharth Sankar	Malappuram	03:31:99
VII	SAVIO LAIJU	Thrissur	03:34:94
VIII	Ajwaldas B	Palakkad	03:35:03

12- 4x 50 M. Freestyle Relay**Record Time:** 02:09:57 , Thiruvananthapuram , 2007

I	RON JUDE JOSEPH AADI C CHACKALA	MILAN JOY EVAN JOHN LIJO	Ernakulam	02:14:53
II	LEONN TOM ADITHYA AJI ASHOK	RISHIKESH AS AAJUSH AARYAN S.A.	Thiruvananthapura m	02:26:27
III	AKSHAY K BASKAR ALBY DENNY	RYAN CYRIAC PRANIL NAVEEN VENUGOPAL	Kottayam	02:34:36
IV	SAVIO LAIJU ANANDASIV.K.S	NIVED SHIBIL THATTIL AJULRAJ.T.A	Thrissur	02:51:25
V	AVINESH V ASWAN K	ADWAITHNATH R Adith M	Palakkad	02:56:90

13- 4x 50 M. Medley Relay**Record Time:** 02:26:25 , Ernakulam , 2016

I	AADI C CHACKALA GAURI SHANKAR	RON JUDE JOSEPH MILAN JOY	Ernakulam	02:32:14
II	ADITHYAN B H LEONN TOM	RUDRAKSH P.A RISHIKESH AS	Thiruvananthapura m	02:46:67
III	ALBY DENNY NAVEEN VENUGOPAL	RYAN CYRIAC PRANIL AKSHAY K BASKAR	Kottayam	03:01:58
IV	AVINESH V Vighil G	ASWAN K Ajwaldas B	Palakkad	03:18:29
V	SAVIO LAIJU NIVED SHIBIL THATTIL	ANANDASIV.K.S AJULRAJ.T.A	Thrissur	03:20:61

Girls Group- III

1 - 50 M. Freestyle

Record: 00:31:47 , Reeta Orison , Ernakulam , 2009

I	GAURI JAYENDRAN	Ernakulam	00:33:14
II	ADYA S PRADEEP	Thiruvananthapuram	00:34:46
III	SHIKHA S R	Thiruvananthapuram	00:34:76
IV	S. SHASTIKA	Ernakulam	00:36:39
V	RUANA V NAIR	Ernakulam	00:36:87
VI	ANAMIKA.A.P	Thiruvananthapuram	00:38:90
VII	NAKSHATRA SAMITH	Kozhikode	00:40:10
VIII	Ameya K Pradeep	Malappuram	00:41:95

2 - 100 M. Freestyle

Record: 01:10:08 , INDRAANY M , Ernakulam , 2023

I	SHIKHA S R	Thiruvananthapuram	01:15:85
II	ADYA S PRADEEP	Thiruvananthapuram	01:16:91
III	JYOTHIKA SD	Thiruvananthapuram	01:20:70
IV	S. SHASTIKA	Ernakulam	01:22:44
V	RUANA V NAIR	Ernakulam	01:23:53
VI	NYTHAL VIJOY	Thrissur	01:38:02
VII	Siyakrishna	Palakkad	01:38:47
VII	NYNA CHARUVIL	Thrissur	01:38:47

3 - 200 M. Freestyle

Record: 02:31:74 , EESHA BOBY , Ernakulam , 2018

I	GAURI JAYENDRAN	Ernakulam	02:46:29
II	RUANA V NAIR	Ernakulam	02:51:24
III	JYOTHIKA SD	Thiruvananthapuram	02:56:29
IV	ANVITHA V.S	Thiruvananthapuram	03:12:62
V	ABHIJA BIJU	Thiruvananthapuram	03:18:99
VI	Siyakrishna	Palakkad	03:30:36
VII	DIYA ANN PAVOOS	Thrissur	03:37:79
VIII	JYOL ROSE	Kannur	03:55:68

4 - 400 M. Freestyle

Record: 05:17:97 , INDRAANY M , Ernakulam , 2023

I	GAURI JAYENDRAN	Ernakulam	05:49:75
II	RUANA V NAIR	Ernakulam	05:57:71
III	JYOTHIKA SD	Thiruvananthapuram	06:11:56
IV	UTHARA.A.S	Thiruvananthapuram	06:14:94
V	ANVITHA V.S	Thiruvananthapuram	06:36:03
VI	NAKSHATRA K ARUN	Ernakulam	06:53:50
VII	DIYA ANN PAVOOS	Thrissur	07:23:05
VIII	Alakananda S	Alappuzha	07:38:05

5 - 50 M. Back stroke

Record: 00:34:81 , SHREYA BINIL , Ernakulam , 2023

I	SHIKHA S R	Thiruvananthapuram	00:38:65
II	GAURI JAYENDRAN	Ernakulam	00:41:40
III	NIA MARIA ALEN	Ernakulam	00:44:66
IV	ANN LIYA AJOY	Ernakulam	00:44:75
V	JYOTHIKA SD	Thiruvananthapuram	00:46:18
VI	UTHARA.A.S	Thiruvananthapuram	00:46:43
VII	DIYA ANN PAVOOS	Thrissur	00:47:09
VIII	NAKSHATRA SAMITH	Kozhikode	00:47:71

6 - 100 M. Back stroke
Record: 01:14:69 , SHREYA BINIL , Ernakulam , 2023

I	SHIKHA S R	Thiruvananthapuram	01:24:92
II	GAURI JAYENDRAN	Ernakulam	01:32:10
III	NIA MARIA ALEN	Ernakulam	01:35:45
IV	ANN LIYA AJOY	Ernakulam	01:36:65
V	JYOTHIKA SD	Thiruvananthapuram	01:38:17
VI	NAVADURGA M R	Thiruvananthapuram	01:44:28
VII	Siyakrishna	Palakkad	01:50:64
VIII	Ameya K Pradeep	Malappuram	01:51:04

7 - 50 M. Breast stroke
Record: 00:41:43 , ELISHEBA NAVEEN , Ernakulam , 2015

I	ADYA S PRADEEP	Thiruvananthapuram	00:47:39
II	NAKSHATRA K ARUN	Ernakulam	00:47:41
III	NAKSHATRA BIMAL	Ernakulam	00:49:60
IV	ANN MARIA FINIL	Ernakulam	00:49:66
V	RHITHIKA J S	Thiruvananthapuram	00:51:31
VI	Alakananda S	Alappuzha	00:52:37
VII	ADITHYA SURESH S V	Thiruvananthapuram	00:53:48
VIII	DIYA FATHIMA S	Palakkad	00:57:40

8 - 100 M. Breast stroke
Record: 01:31:25 , ISHIKA BARAK , Ernakulam , 2015

I	ADYA S PRADEEP	Thiruvananthapuram	01:42:96
II	NAKSHATRA BIMAL	Ernakulam	01:45:40
III	NAKSHATRA K ARUN	Ernakulam	01:46:61
IV	RACHEL JOJI	Ernakulam	01:48:20
V	ADITHYA SURESH S V	Thiruvananthapuram	01:48:75
VI	ABHIJA BIJU	Thiruvananthapuram	01:57:31
VII	NYNA CHARUVIL	Thrissur	01:57:95
VIII	DIYA FATHIMA S	Palakkad	01:59:91

9 - 50 M. Butterfly stroke
Record: 00:33:10 , LIYANA FATHIMA UMER , Ernakulam , 2016

I	S. SHASTIKA	Ernakulam	00:40:31
II	NAKSHATRA SAMITH	Kozhikode	00:42:01
III	ANVITHA V.S	Thiruvananthapuram	00:45:04
IV	AMEYA RAJ V.A	Thiruvananthapuram	00:46:03
V	ANN GRACE GOMES	Ernakulam	00:48:86
VI	ANAMIKA.A.P	Thiruvananthapuram	00:50:14
VII	NYNA CHARUVIL	Thrissur	00:53:25
VIII	SIKHA.V.S	Palakkad	00:53:29

10- 100 M. Butterfly stroke
Record: 01:14:29 , LIYANA FATHIMA UMER , Ernakulam , 2016

I	S. SHASTIKA	Ernakulam	01:29:85
II	NAKSHATRA SAMITH	Kozhikode	01:38:76
III	ANVITHA V.S	Thiruvananthapuram	01:44:68
IV	AMEYA RAJ V.A	Thiruvananthapuram	01:46:01
V	ANN GRACE GOMES	Ernakulam	01:50:89
VI	Siyakrishna	Palakkad	01:54:37
VII	UTHARA.A.S	Thiruvananthapuram	02:01:93

11- 200 M. Individual Medley**Record:** 02:50:28 , SHREYA MARYA , Ernakulam , 2018

I	SHIKHA S R	Thiruvananthapuram	03:08:71
II	S. SHASTIKA	Ernakulam	03:14:41
III	UTHARA.A.S	Thiruvananthapuram	03:33:98
IV	RUANA V NAIR	Ernakulam	03:39:16
V	NAKSHATRA K ARUN	Ernakulam	03:49:84
VI	Siyakrishna	Palakkad	03:56:01
VII	NYNA CHARUVIL	Thrissur	03:57:34
VIII	DEVASREE S S	Thiruvananthapuram	03:58:22

12- 4x 50 M. Freestyle Relay**Record Time:** 02:15:97 , Ernakulam , 2018

I	GAURI JAYENDRAN S. SHASTIKA	RUANA V NAIR ANN MARIA FINIL	Ernakulam	02:26:18
II	SHIKHA S R ADYA S PRADEEP	ANAMIKA.A.P VAISHALI V	Thiruvananthapura m	02:28:18
III	DIYA FATHIMA S ANAMIKA S	Srinika R SIKHA.V.S	Palakkad	03:03:22
IV	KAREN PINTO REBELLO ZAIRA PRINCE	DIYA ANN PAVOOS NYTHAL VIJOY	Thrissur	03:11:91

13- 4x 50 M. Medley Relay**Record Time:** 02:30:83 , Ernakulam , 2018

I	NIA MARIA ALEN S. SHASTIKA	ANN MARIA FINIL GAURI JAYENDRAN	Ernakulam	02:45:60
II	SHIKHA S R ANVITHA V.S	ADITHYA SURESH S V ADYA S PRADEEP	Thiruvananthapura m	02:53:02
III	NYTHAL VIJOY ZAIRA PRINCE	DIYA ANN PAVOOS NYNA CHARUVIL	Thrissur	03:22:64
IV	Siyakrishna SREENITHYA S	DIYA FATHIMA S SIKHA.V.S	Palakkad	03:43:91

INDIVIDUAL CHAMPIONSHIP SUB-JUNIOR BOYS SECTION

Group	Name	Unit	Points
III	MAANAV K RAJESH	Thiruvananthapuram	33

INDIVIDUAL CHAMPIONSHIP SUB-JUNIOR GIRLS SECTION

Group	Name	Unit	Points
III	SHIKHA S R	Thiruvananthapuram	32

GROUP CHAMPIONSHIPS SUB-JUNIOR SECTION

<u>Boys Group: III</u>			<u>Girls Group: III</u>		
Position	Unit	Points	Position	Unit	Points
I	Ernakulam	167	I	Ernakulam	146
II	Thiruvananthapuram	106	II	Thiruvananthapuram	129
III	Kottayam	27	III	Palakkad	17
IV	Palakkad	10	IV	Thrissur	15
	Thrissur	10	V	Kozhikode	10
V	Kollam	3	VI	Alappuzha	1
	Malappuram	3			

<u>Overall Championship SUB-JUNIOR SECTION</u>		
Total	Unit	Points
I	Ernakulam	313
II	Thiruvananthapuram	235
III	Kottayam	27
	Palakkad	27
IV	Thrissur	25
V	Kozhikode	10
VI	Kollam	3
	Malappuram	3
VII	Alappuzha	1



KERALA AQUATIC ASSOCIATION
JUNIOR & SUB JUNIOR NATIONAL AQUATIC CHAMPIONSHIP-2024
Held at Bhuvaneshwar, from 16.08.24
to 20.08.24

LIST OF PARTICIPANTS- SWIMMING

Name of State/Unit: **KERALA**

Year: **2024**

SL No.	NAME OF COMPETITOR	District	GENDER	Group	REMARK
1	SREEHARI B	Thiruvananthapuram	BOYS	I	Swimming
2	ABHINAV S	Thiruvananthapuram	BOYS	I	Swimming
3	SHRAVAN S	Thiruvananthapuram	BOYS	I	Swimming
4	CLIFFORD JOSEPH	Ernakulam	BOYS	I	Swimming
5	SAMARTH P JOSHI	Ernakulam	BOYS	I	Swimming
6	ANTONIO PAITO	Ernakulam	BOYS	I	Swimming
7	KARTHIK S PRADOSH	Thiruvananthapuram	BOYS	I	Swimming
8	SIVANAND B S	Thiruvananthapuram	BOYS	I	Swimming
9	MUHAMMED ANWAR N	Thiruvananthapuram	BOYS	I	Swimming
10	AADHIDEV P PRADEEP	Thiruvananthapuram	BOYS	I	Swimming
11	IRFAN MUHAMMED I S	Thiruvananthapuram	BOYS	I	Swimming
12	VRINDA R S	Thiruvananthapuram	GIRLS	I	Swimming
13	GARSHA SAHARSHA	Thiruvananthapuram	GIRLS	I	Swimming
14	DEVIKA K	Kozhikode	GIRLS	I	Swimming
15	DAKSHINA BIJO P	Thiruvananthapuram	GIRLS	I	Swimming
16	KARTHIKA SATHEESH	Thiruvananthapuram	GIRLS	I	Swimming
17	VIDHYA LEKSHMI R	Thiruvananthapuram	GIRLS	I	Swimming
18	NADIA ASIF	Ernakulam	GIRLS	I	Swimming
19	AKHILA M R	Thiruvananthapuram	GIRLS	I	Swimming
20	CARREN BENNY	Ernakulam	GIRLS	I	Swimming
21	BALAJI A KRISHNA	Kollam	GIRLS	I	Swimming
22	REHAAN JERRY	Kasargod	BOYS	II	Swimming
23	VAIKASH R	Thiruvananthapuram	BOYS	II	Swimming
24	SABARINATH P S	Thiruvananthapuram	BOYS	II	Swimming
25	ATHUL K P	Thiruvananthapuram	BOYS	II	Swimming
26	HARINANDAN P A	Thiruvananthapuram	BOYS	II	Swimming
27	AAROSH S	Thiruvananthapuram	BOYS	II	Swimming
28	JOY JOSE THOPPAN	Kottayam	BOYS	II	Swimming
29	CHRISTEENA SOJAN	Ernakulam	GIRLS	II	Swimming
30	ABHINANDA V	Thiruvananthapuram	GIRLS	II	Swimming
31	SHREYA BINIL	Ernakulam	GIRLS	II	Swimming
23	AVANTHIKA PRADEEP	Ernakulam	GIRLS	II	Swimming
33	ALAKANANDA RAJU	Ernakulam	GIRLS	II	Swimming
34	ESHANI P JOSHI	Ernakulam	GIRLS	II	Swimming
35	MALAVIKA RANJITH	Malappuram	GIRLS	II	Swimming
36	INDRAANY M MENON	Ernakulam	GIRLS	II	Swimming
37	HANNAH ELIZABETH SIYO	Ernakulam	GIRLS	II	Swimming
38	AMELIA MARIAM ANN	Ernakulam	GIRLS	II	Swimming
39	AADIC CHACKALA	Ernakulam	BOYS	III	Swimming
40	MAANAV K RAJESH	Thiruvananthapuram	BOYS	III	Swimming

SL No.	NAME OF COMPETITOR	DISTRICT	GENDER	GROUP	REMARK
41	GOURI SHANKAR PATNAIK	Ernakulum	BOYS	III	Swimming
42	RON JUDE JOSEPH	Ernakulum	BOYS	III	Swimming
43	LEON TOM	Thiruvananthapuram	BOYS	III	Swimming
44	GAURI JAYENDRAN	Ernakulum	GIRLS	III	Swimming
45	SHIKA S R	Thiruvananthapuram	GIRLS	III	Swimming
46	AADYA S PRADEEP	Thiruvananthapuram	GIRLS	III	Swimming
47	S. SHASTHIKA	Ernakulum	GIRLS	III	Swimming
48	G. BIJU	Coach			
49	SHYNI V S	Coach			
50	VIMAL KUMAR	Team Manager			

DETAILS OF SWIMMING PERFORMANCE

ESHANI P JOSHI	50 MTR BUTTER FLY STROKE	GOLD
SHREYA BINU	50 MTR BACK STROKE	BRONZE
ALAKANANDA RAJU	50 MTR BREAST STROKE 100 MTR BREAST STROKE 200 MTR BREAST STROKE	BRONZE BRONZE BRONZE
SIVANAND B. S.	200 MTR BUTTER FLY STROKE	SILVER
ABINAV S.	200 MTR FREE STYLE STROKE	BRONZE



KERALA AQUATIC ASSOCIATION
JUNIOR NATIONAL WATERPOLO CHAMPIONSHIP-2024
Held at Indore, Madhya Pradesh from 07.07.24 to 11.07.24
LIST OF PARTICIPANTS

Name of State/Unit: **KERALA**

Year: **2024**

MEN

SL No.	NAME OF COMPETITOR	District	GENDER	Event	Position
1	AADIL G S	Trivandrum	BOYS	Water polo	IV th
2	AMBADI. N.S	Trivandrum	BOYS	Water polo	IV th
3	THOUFEEK T	Palakkad	BOYS	Water polo	IV th
4	IRFAN MUHAMMED E D	Trivandrum	BOYS	Water polo	IV th
5	GOKUL KRISHNA B	Trivandrum	BOYS	Water polo	IV th
6	ADITHYAN A S	Trivandrum	BOYS	Water polo	IV th
7	VISHAL V	Trivandrum	BOYS	Water polo	IV th
8	AKHIL U	Palakkad	BOYS	Water polo	IV th
9	AVINASH M	Palakkad	BOYS	Water polo	IV th
10	SASWATH M	Trivandrum	BOYS	Water polo	IV th
11	ABHISHEK S	Trivandrum	BOYS	Water polo	IV th
12	ELDHO ALWIN JOSHI	Wayanad	BOYS	Water polo	IV th
13	SHAAN H	Palakkad	BOYS	Water polo	IV th
14	VIDHYALEKSHMI.R	Trivandrum	GIRLS	Water polo	Gold
15	DHAKSHINA BIJO P	Trivandrum	GIRLS	Water polo	Gold
16	SAFWA SAKKEER	Trivandrum	GIRLS	Water polo	Gold
17	MADHURIMA. S.M	Trivandrum	GIRLS	Water polo	Gold
18	VANDANA. S	Trivandrum	GIRLS	Water polo	Gold
19	VISMAYA A S	Trivandrum	GIRLS	Water polo	Gold
20	RUDRA M R	Trivandrum	GIRLS	Water polo	Gold
21	EBBA ADILA S	Trivandrum	GIRLS	Water polo	Gold
22	ANJALI S SATHYA	Trivandrum	GIRLS	Water polo	Gold
23	SREENANDHA R	Palakkad	GIRLS	Water polo	Gold
24	THAGASEENA .F	Trivandrum	GIRLS	Water polo	Gold
25	ARDRA S	Trivandrum	GIRLS	Water polo	Gold
26	ARCHANA P	Palakkad	GIRLS	Water polo	Gold
27	VINODKUMAR. S	Coach			
28	KISHORE	Coach			
29	NIMYA BABU	Team Manager			



KERALA AQUATIC ASSOCIATION

(STATE UNIT OF SWIMMING FEDERATION OF INDIA & MEMBER OF KERALA STATE SPORTS COUNCIL)

71st Kerala State Aquatic Championship for Men & Women held at Dr. B.R. Ambedkar Inter National Aquatic Complex, Pirappancode, Thiruvananthapuram on 31.08.2024 & 01.09-2024

RESULTS - MEN SECTION

1 - 50 M. Freestyle

Record: 00:23:67 , ABHIJITH GEGARIN , Ernakulam , 2019

I	MOHAMMED ABDUL BASITH	Ernakulam	00:24:13
II	MOHAMMED HASSAN C	Malappuram	00:24:83
III	ANOOP T R	Thiruvananthapuram	00:25:13
IV	ADARSH L	Thiruvananthapuram	00:25:22
V	JOSEPH V JOSE	Ernakulam	00:25:33
VI	ABHIJITH G	Thiruvananthapuram	00:26:16
VII	KARTHIK K P	Kozhikode	00:26:97

2 - 100 M. Freestyle

Record: 00:53:73 , ABHIJITH GEGARIN , Ernakulam , 2019

I	MOHAMMED ABDUL BASITH	Ernakulam	00:53:90
II	ANOOP T R	Thiruvananthapuram	00:55:61
III	JOSEPH V JOSE	Ernakulam	00:55:71
IV	ABHIJITH G	Thiruvananthapuram	00:55:79
V	ADARSH L	Thiruvananthapuram	00:56:60
VI	MOHAMMED HASSAN C	Malappuram	00:56:68
VII	SIDHARTH B R	Malappuram	00:58:20
VIII	KARTHIK K P	Kozhikode	00:59:55

3 - 200 M. Freestyle

Record: 01:59:44 , Anand. A. S , Thiruvananthapuram , 2015

I	ABHINAV S	Thiruvananthapuram	01:56:70 (N.R)
II	ADARSH S	Thiruvananthapuram	02:00:92
III	SHRAVAN S	Thiruvananthapuram	02:03:91
IV	JOSEPH V JOSE	Ernakulam	02:03:95
V	ANTONIO PLAITO	Ernakulam	02:14:09
VI	JOY JOSE THOPPAN	Kottayam	02:18:43
VII	RON JAMES PRANIL	Kottayam	02:22:77
VIII	MAHESWAR K JITHESH	Kottayam	02:24:20

4 - 400 M. Freestyle

Record: 04:14:88 , Anand. A. S , Ernakulam , 2014

I	ABHINAV S	Thiruvananthapuram	04:09:93 (N.R)
II	R RUHUNU KRISHNA	Thiruvananthapuram	04:15:13
III	SHRAVAN S	Thiruvananthapuram	04:21:73
IV	JOY JOSE THOPPAN	Kottayam	04:41:67
V	RON JAMES PRANIL	Kottayam	04:58:85
VI	SREENAND SHAJI	Kannur	05:12:19
VII	GOPESH H	Ernakulam	05:13:23
VIII	JOHAN JULIAN P J	Ernakulam	05:13:76

5 - 800 M. Freestyle**Record:** 08:43:06 , Anand. A.S , Ernakulam , 2014

I	ABHINAV S	Thiruvananthapuram	08:34:51 (N.R)
II	R RUHUNU KRISHNA	Thiruvananthapuram	08:51:25
III	SHRAVAN S	Thiruvananthapuram	09:04:63
IV	MADHAV K JITHESH	Kottayam	10:20:68
V	GOPESH H	Ernakulam	10:40:50
VI	MAHESWAR.K.M	Thrissur	10:42:19
VII	JOHAN JULIAN P J	Ernakulam	10:45:59
VIII	ADITH MANOJ	Kottayam	11:02:32

6 - 1500 M. Freestyle**Record:** 16:37:13 , Anand. A. S , Ernakulam , 2014

I	R RUHUNU KRISHNA	Thiruvananthapuram	16:55:72
II	SHRAVAN S	Thiruvananthapuram	17:13:73
III	AKASH G M	Thiruvananthapuram	17:58:67
IV	MADHAV K JITHESH	Kottayam	19:59:63
V	GOPESH H	Ernakulam	20:49:89
VI	JOHAN JULIAN P J	Ernakulam	20:54:59
VII	RON JAMES PRANIL	Kottayam	20:54:86
VIII	RICHARD JOHN JJO	Ernakulam	22:44:64

7 - 50 M. Back Stroke**Record:** 00:28:64 , DHANUSH P J , Ernakulam , 2017

I	DHANUSH P J	Ernakulam	00:28:35 (N.R)
II	CLIFFORD JOSEPH	Ernakulam	00:28:54 (B.R)
III	ADITHYAN S S NAIR	Thiruvananthapuram	00:28:75
IV	SREEHARI B	Thiruvananthapuram	00:28:86
V	ANAND A KUMAR	Thiruvananthapuram	00:30:16
VI	RIJOY C P	Malappuram	00:33:88
VII	SANDEEP SAJEEV	Kottayam	00:34:01
VIII	EDWIN BIJU	Kottayam	00:34:46

8 - 100 M. Back Stroke**Record:** 01:01:03 , DHANUSH P J , Ernakulam , 2022

I	DHANUSH P J	Ernakulam	01:01:66
II	SREEHARI B	Thiruvananthapuram	01:02:99
III	ADITHYAN S S NAIR	Thiruvananthapuram	01:03:16
IV	CLIFFORD JOSEPH	Ernakulam	01:04:72
V	ANAND A KUMAR	Thiruvananthapuram	01:05:50
VI	GOUTHAM KRISHNA.M	Thrissur	01:13:29
VII	SANDEEP SAJEEV	Kottayam	01:16:31
VIII	RIJOY C P	Malappuram	01:17:03

9 - 200 M. Back Stroke**Record:** 02:14:16 , ABHINAV S , Ernakulam , 2023

I	ABHINAV S	Thiruvananthapuram	02:17:39
II	KARTHIK RAM. B.S	Thiruvananthapuram	02:25:09
III	KAUSHIK LAL S R	Thiruvananthapuram	02:25:52
IV	GOUTHAM KRISHNA.M	Thrissur	02:47:05
V	SANDEEP SAJEEV	Kottayam	02:51:82
VI	RIJOY C P	Malappuram	02:56:26
VII	ROVAN ABE	Kottayam	02:57:95
VIII	GOURISH H	Ernakulam	03:01:52

10- **50 M. Breast Stroke**
Record: 00:29:44 , SUNEESH. S , Thiruvananthapuram , 2019

I	KEVIN JINU	Kottayam	00:30:05
II	KARTHIK IYYAPPAN	Thiruvananthapuram	00:31:81
III	GOKUL V GOPAN	Thiruvananthapuram	00:32:38
IV	ARJUN S SATHYA	Thiruvananthapuram	00:32:63
V	PRANAV TS	Ernakulam	00:32:96
VI	ANTONIO PLAITO	Ernakulam	00:33:39
VII	ADITH MANOJ	Kottayam	00:36:41

11- **100 M. Breast Stroke**
Record: 01:05:34 , SUNEESH. S , Thiruvananthapuram , 2018

I	KEVIN JINU	Kottayam	01:06:16
II	KARTHIK IYYAPPAN	Thiruvananthapuram	01:09:76
III	GOKUL V GOPAN	Thiruvananthapuram	01:10:02
IV	PRANAV TS	Ernakulam	01:12:21
V	ARJUN S SATHYA	Thiruvananthapuram	01:12:77
VI	ANTONIO PLAITO	Ernakulam	01:16:66
VII	ADITH MANOJ	Kottayam	01:24:23
VIII	PAVIN PARAMESWARAN	Malappuram	01:24:72

12- **200 M. Breast Stroke**
Record: 02:25:91 , ADARSH M , Thiruvananthapuram , 2022

I	KEVIN JINU	Kottayam	02:24:58	(N.R)
II	GOKUL V GOPAN	Thiruvananthapuram	02:27:52	
III	KARTHIK IYYAPPAN	Thiruvananthapuram	02:35:56	
IV	KARTHIK S PRADOSH	Thiruvananthapuram	02:38:92	
V	ANTONIO PLAITO	Ernakulam	02:52:20	
VI	ADITH MANOJ	Kottayam	03:12:82	
VII	ARJUN S	Palakkad	03:12:87	

13- **50 M. Butterfly Stroke**
Record: 00:25:95 , VISHNU G , Ernakulam , 2023

I	VISHNU G	Ernakulam	00:25:56	(N.R)
II	MOHAMMED ABDUL BASITH	Ernakulam	00:25:93	(B.R)
III	ADARSH L	Thiruvananthapuram	00:26:01	
IV	ANOOP T R	Thiruvananthapuram	00:26:82	
V	ALEN K SUNIL	Kottayam	00:27:23	
VI	CLIFFORD JOSEPH	Ernakulam	00:27:36	
VII	BINAS PR	Thiruvananthapuram	00:27:38	
VIII	KARTHIK K P	Kozhikode	00:28:00	

14- **100 M. Butterfly Stroke**
Record: 00:57:53 , ABHIJITH GEGARIN , Ernakulam , 2019

I	VISHNU G	Ernakulam	00:57:44	(N.R)
II	ADITHYAN S S NAIR	Thiruvananthapuram	00:58:33	
III	ADARSH L	Thiruvananthapuram	00:58:88	
IV	BINAS PR	Thiruvananthapuram	00:59:13	
V	GEEVARGHESE JAISE	Ernakulam	00:59:38	
VI	KARTHIK K P	Kozhikode	01:02:17	
VII	ALEN K SUNIL	Kottayam	01:02:23	
VIII	ERISHI CHANDRAN	Malappuram	01:04:57	

15- **200 M. Butterfly Stroke**

Record: 02:08:98 , Nikhil. A.R , Thiruvananthapuram , 2015

I	SIVANAND B S	Thiruvananthapuram	02:08:16 (N.R)
II	ADITHYAN S S NAIR	Thiruvananthapuram	02:09:38
III	GEEVARGHESE JAISE	Ernakulam	02:15:65
IV	AADHIDEV P PRADEEP	Thiruvananthapuram	02:18:63
V	RICHARD JOHN JJO	Ernakulam	02:58:68
VI	NANDHAV K	Kozhikode	02:59:57
VII	ANIRUDH MAHESH	Ernakulam	03:22:57

16- **200 M. Individual Medley**

Record: 02:13:63 , JAGAN NATHAN. P J , Ernakulam , 2014

I	ABHINAV S	Thiruvananthapuram	02:14:13
II	GOKUL V GOPAN	Thiruvananthapuram	02:15:57
III	JOY JOSE THOPPAN	Kottayam	02:33:39
IV	VIMAL R A	Ernakulam	02:36:27

17- **400 M. Individual Medley**

Record: 04:50:94 , ADARSH M , Thiruvananthapuram , 2022

I	GOKUL V GOPAN	Thiruvananthapuram	04:45:70 (N.R)
II	ADARSH S	Thiruvananthapuram	04:51:00
III	ABHIRAM S	Thiruvananthapuram	04:57:80
IV	ERISHI CHANDRAN	Malappuram	05:44:02
V	THEJAS P	Palakkad	06:39:29

MEN

18 - **4x100 M. Freestyle Relay**

Record Time: 03:48:87 , Thiruvananthapuram , 2023

I	ANOOP T R ADARSH L	ADARSH S ABHIJITH G	Thiruvananthapuram	03:48:10 (N.R)
II	SIDHARTH B R MOHAMMED HASSAN C	ERISHI CHANDRAN NANDANAN R R	Malappuram	03:55:09
III	ALAN K SUNIL KEVIN JINU	MADHAV K JITHESH JOY JOSE THOPPAN	Kottayam	03:58:95
IV	MOHAMMED ABDUL GOPESH H	JOSEPH V JOSE CLIFFORD JOSEPH	Ernakulam	04:00:74
V	ADHITHYAN.V.R AKASH.G.R.	AKHIL.S.N ADHARSH.M	Thrissur	04:11:66
VI	NANDAGOPAL M SHIBU S	MANIKANDAN R AVINASH M	Palakkad	04:31:37

19 - **4x200 M. Freestyle Relay**

Record Time: 08:35:26 , Thiruvananthapuram , 2022

I	ABHINAV S ANOOP T R	SHRAVAN S ADARSH S	Thiruvananthapuram	08:46:01
II	JOSEPH V JOSE GEEVARGHESE JAISE	ANTONIO PLAITO CLIFFORD JOSEPH	Ernakulam	08:54:76
III	NANDANAN R R MOHAMMED HASSAN C	ERISHI CHANDRAN SIDHARTH B R	Malappuram	08:58:80
IV	MADHAV K JITHESH KEVIN JINU	JOY JOSE THOPPAN MAHESWAR K JITHESH	Kottayam	09:07:38
V	ADHITHYAN.V.R GOUTHAM KRISHNA.M	MAHESWAR.K.M ADHARSH.M	Thrissur	09:46:33
VI	NANDAGOPAL M SREYES. P	AVINASH M MANIKANDAN R	Palakkad	10:14:88

20 - 4x100 M. Medley Relay

Record Time: 04:12:35 , Thiruvananthapuram , 2022

I	CLIFFORD JOSEPH MOHAMMED ABDUL	VISHNU G PRANAV TS	Ernakulam	04:07:12	(N.R)
II	ADITHYAN S S NAIR ANOOP T R	ADARSH L KARTHIK IYYAPPAN	Thiruvananthapuram	04:08:93	(B.R)
III	SANDEEP SAJEEV JOY JOSE THOPPAN	ALAN K SUNIL KEVIN JINU	Kottayam	04:29:10	
IV	NANDANAN R R RIJOY C P	PAVIN PARAMESWARAN ERISHI CHANDRAN	Malappuram	04:43:93	
V	GOUTHAM KRISHNA.M ADHARSH.M	JIBIN.B AMAL P	Thrissur	04:51:15	
VI	SHIBU S ANANDHU M C	NANDAGOPAL M AJAY KRISHNAN M	Palakkad	05:14:46	

WOMEN SECTION

1 - 50 M. Freestyle

Record: 00:28:09 , LIYANA FATHIMA , Ernakulam , 2018

I	BHADRA SUDEVAN S	Thiruvananthapuram	00:29:31
II	ESHANI P JOSHI	Ernakulam	00:30:15
III	NIRMALA R	Thiruvananthapuram	00:30:65
IV	RIYA ABE	Kottayam	00:31:17
V	ANEESHA. S	Palakkad	00:31:19
VI	ANUSHA G	Palakkad	00:31:83
VII	SRADHA C J	Kottayam	00:31:93
VIII	REEMA ABE	Kottayam	00:32:42

2 - 100 M. Freestyle

Record: 01:01:00 , LIYANA FATHIMA , Ernakulam , 2018

I	DAKSHINA BIJO P	Thiruvananthapuram	01:05:15
II	VARSHA S	Thiruvananthapuram	01:05:49
III	ESHANI P JOSHI	Ernakulam	01:05:75
IV	NIRMALA R	Thiruvananthapuram	01:06:07
V	AVANTHIKA PRADEEP	Ernakulam	01:08:76
IV	RIYA ABE	Kottayam	01:11:88
V	NIYA SAJI	Kottayam	01:13:74
VII	NEEHARA R PRIYESH	Ernakulam	01:17:74

3 - 200 M. Freestyle

Record: 02:16:97 , SANDHYA. S , Thiruvananthapuram , 2014

I	VARSHA S	Thiruvananthapuram	02:23:39
II	NIRMALA R	Thiruvananthapuram	02:24:17
III	BHADRA SUDEVAN S	Thiruvananthapuram	02:30:54
IV	AVANTHIKA PRADEEP	Ernakulam	02:30:55
V	INDRAANY M MENON	Ernakulam	02:32:19
VI	SRADHA C J	Kottayam	02:35:87
VII	REEMA ABE	Kottayam	02:39:08
VIII	NIYA SAJI	Kottayam	02:43:77

4 - 400 M. Freestyle

Record: 04:51:24 , SANDHYA. S , Thiruvananthapuram , 2014

I	NIRMALA R	Thiruvananthapuram	05:10:50
II	ANAKHA M R	Thiruvananthapuram	05:16:40
III	INDRAANY M MENON	Ernakulam	05:21:48
IV	MAYOOKHA SUJITH	Thiruvananthapuram	05:35:92
V	REEMA ABE	Kottayam	05:46:49
VI	GAURI JAYENDRAN	Ernakulam	05:50:46
VII	NEEHARA R PRIYESH	Ernakulam	06:02:92
VIII	ARYA A	Kannur	07:02:80

5 - 800 M. Freestyle			
Record: 10:17:31 , V. Remya , Trichur , 1999			
I	GARSHA SAHARSHA	Thiruvananthapuram	10:30:27
II	INDRAANY M MENON	Ernakulam	10:40:66
III	ANAKHA M R	Thiruvananthapuram	10:41:30
IV	GAYATHRI DEV	Ernakulam	11:17:18
V	DRISHITHA A S	Thiruvananthapuram	11:26:68
6 - 1500 M. Freestyle			
Record: 19:35:30 , V. Remya , Trichur , 2004			
I	INDRAANY M MENON	Ernakulam	20:26:62
II	ANAKHA M R	Thiruvananthapuram	20:29:74
III	GAYATHRI DEV	Ernakulam	21:31:95
IV	DRISHITHA A S	Thiruvananthapuram	21:55:80
V	REVATHY R	Thiruvananthapuram	21:58:07
7 - 50 M. Back Stroke			
Record: 00:32:27 , SANAA MATHEW , Ernakulam , 2019			
I	DEVIKA K	Kozhikode	00:33:13
II	DAKSHINA BIJO P	Thiruvananthapuram	00:33:59
III	AVANTHIKA PRADEEP	Ernakulam	00:33:84
IV	RIYA ABE	Kottayam	00:34:94
V	SANJANA AJI	Thiruvananthapuram	00:38:00
VI	EBBA ADILA S	Thiruvananthapuram	00:38:25
VII	APARNA S	Malappuram	00:39:10
VIII	ANUSHA G	Palakkad	00:40:13
8 - 100 M. Back Stroke			
Record: 01:10:43 , SANAA MATHEW , Ernakulam , 2019			
I	AVANTHIKA PRADEEP	Ernakulam	01:11:55
II	DAKSHINA BIJO P	Thiruvananthapuram	01:14:38
III	DEVIKA K	Kozhikode	01:16:36
IV	RIYA ABE	Kottayam	01:18:50
V	SANJANA AJI	Thiruvananthapuram	01:19:92
VI	SANIYA SAJI	Kottayam	01:20:32
VII	MAYOOKHA SUJITH	Thiruvananthapuram	01:21:92
VIII	NEEHARA R PRIYESH	Ernakulam	01:25:40
9 - 200 M. Back Stroke			
Record: 02:35:87 , SANAA MATHEW , Ernakulam , 2019			
I	AVANTHIKA PRADEEP	Ernakulam	02:37:99
II	DAKSHINA BIJO P	Thiruvananthapuram	02:43:79
III	DEVIKA K	Kozhikode	02:49:04
IV	SANJANA AJI	Thiruvananthapuram	02:49:60
V	MAYOOKHA SUJITH	Thiruvananthapuram	02:52:52
VI	SANIYA SAJI	Kottayam	02:54:95
VII	NIVYA M	Palakkad	03:01:00
VIII	JYOTSNA JERALD	Ernakulam	03:04:07
10 - 50 M. Breast Stroke			
Record: 00:37:26 , ARATHY. S , Thiruvananthapuram , 2013			
I	ALAKANANDA RAJU	Ernakulam	00:36:95 (N.R)
II	BHADRA SUDEVAN S	Thiruvananthapuram	00:39:61
III	POORNIMA DEV	Ernakulam	00:39:89
IV	KARTHIKA SATHEESH	Thiruvananthapuram	00:40:36
V	ALEENA JERALD	Ernakulam	00:42:92
VI	MADHURIMA S.M	Thiruvananthapuram	00:43:47
VII	ATHIRA R	Palakkad	00:43:67
VIII	CHINMAYI SHIBIL	Thrissur	00:44:94

11- 100 M. Breast Stroke			
Record: 01:22:06 , ARATHY. S , Thiruvananthapuram , 2013			
I	ALAKANANDA RAJU	Ernakulam	01:21:33 (N.R)
II	KARTHIKA SATHEESH	Thiruvananthapuram	01:25:68
III	POORNIMA DEV	Ernakulam	01:27:66
IV	BHADRA SUDEVAN S	Thiruvananthapuram	01:28:52
V	BHAGYA KRISHNA R B	Thiruvananthapuram	01:32:39
VI	ALEENA JERALD	Ernakulam	01:33:10
VII	GOWRIKRISHNA MOHANAN	Palakkad	01:34:02
VIII	ATHIRA R	Palakkad	01:37:86
12- 200 M. Breast Stroke			
Record: 02:58:08 , Arathy. S , Thiruvananthapuram , 2014			
I	ALAKANANDA RAJU	Ernakulam	02:53:01 (N.R)
II	KARTHIKA SATHEESH	Thiruvananthapuram	03:03:99
III	POORNIMA DEV	Ernakulam	03:06:94
IV	AKHILA M R	Thiruvananthapuram	03:07:15
V	MADHURIMA S.M	Thiruvananthapuram	03:18:61
VI	ALEENA JERALD	Ernakulam	03:20:20
VII	ATHIRA R	Palakkad	03:27:81
VIII	GOWRIKRISHNA MOHANAN	Palakkad	03:30:14
13- 50 M. Butterfly Stroke			
Record: 00:29:73 , ESHANI P JOSHI , Ernakulam , 2024			
I	ESHANI P JOSHI	Ernakulam	00:30:43
II	VARSHA S	Thiruvananthapuram	00:32:10
III	GAYATHRI DEV	Ernakulam	00:32:17
IV	DEVIKA K	Kozhikode	00:33:62
V	EBBA ADILA S	Thiruvananthapuram	00:33:74
VI	VRINDA R S	Thiruvananthapuram	00:34:89
VII	JYOTHIKA R NAIR	Malappuram	00:36:99
14- 100 M. Butterfly Stroke			
Record: 01:08:05 , LIYANA FATHIMA , Ernakulam , 2018			
I	ESHANI P JOSHI	Ernakulam	01:09:56
II	VARSHA S	Thiruvananthapuram	01:10:69
III	EBBA ADILA S	Thiruvananthapuram	01:16:47
IV	GAYATHRI DEV	Ernakulam	01:16:64
V	MRUTHULA M	Palakkad	01:20:14
VI	ANASWARA S	Malappuram	01:23:51
VII	ANJELIN A JUSTIN	Thiruvananthapuram	01:24:64
VIII	SWETHA V R	Ernakulam	01:50:54
15- 200 M. Butterfly Stroke			
Record: 02:35:80 , Swathy Sunder. M , Thiruvananthapuram , 2015			
I	AKHILA M R	Thiruvananthapuram	02:58:63
II	ANJELIN A JUSTIN	Thiruvananthapuram	03:06:73
III	GAYATHRI DEV	Ernakulam	03:15:56
IV	ABHINA G	Thiruvananthapuram	03:26:94
V	JYOTSNA JERALD	Ernakulam	03:38:39
16- 200 M. Individual Medley			
Record: 02:40:52 , SHREYA MARY , Ernakulam , 2019			
I	ALAKANANDA RAJU	Ernakulam	02:40:95
II	AKHILA M R	Thiruvananthapuram	02:44:08
III	ANJALI S SATHYA	Thiruvananthapuram	02:48:83
IV	POORNIMA DEV	Ernakulam	02:50:15
V	ALEENA JERALD	Ernakulam	02:50:31
VI	HELNA LAIJU	Thrissur	03:15:78
VII	SADHIKA S	Palakkad	03:24:29

17- 400 M. Individual Medley
Record: 05:30:56 , SHREYA MARY , Ernakulam , 2014

I	AKHILA M R	Thiruvananthapuram	05:48:35
II	ALAKANANDA RAJU	Ernakulam	05:59:76
III	ANJALI S SATHYA	Thiruvananthapuram	06:02:89
IV	ALEENA JERALD	Ernakulam	06:14:31
V	SANJANA AJI	Thiruvananthapuram	06:15:94
VI	KAVYA M	Palakkad	06:22:27
VII	NIYA SAJI	Kottayam	06:41:35
VIII	JYOTSNA JERALD	Ernakulam	06:45:22

18 - 4x100 M. Freestyle Relay
Record Time: 04:27:66 , Thiruvananthapuram , 2023

I	VARSHA S BHADRA SUDEVAN S	NIRMALA R DAKSHINA BIJO P	Thiruvananthapuram	04:35:71
II	ESHANI P JOSHI NEEHARA R PRIYESH	AVANTHIKA PRADEEP GAYATHRI DEV	Ernakulam	04:42:78
III	RIYA ABE SRADHA C J	REEMA ABE NIYA SAJI	Kottayam	04:46:65
IV	ANUSHA G KAVYA M	ANEESHA. S NIVYA M	Palakkad	04:54:70
V	APARNA S NIVEDITHA S KANNAN	ANASWARA S JYOTHIKA R NAIR	Malappuram	05:05:99
VI	HELNA LAIJU ANASWARA R	LIVA.P.L ANUSREE. S	Thrissur	05:14:00

19 - 4x200 M. Freestyle Relay
Record Time: 09:52:60 , Thiruvananthapuram , 2006

I	VARSHA S NIRMALA R	BHADRA SUDEVAN S DAKSHINA BIJO P	Thiruvananthapuram	10:15:41
II	AVANTHIKA PRADEEP ESHANI P JOSHI	GAURI JAYENDRAN INDRAANY M MENON	Ernakulam	10:36:62
III	NIYA SAJI SANIYA SAJI	SRADHA C J REEMA ABE	Kottayam	10:38:09
IV	KAVYA M ANUSHA G	SANDRAJA M NIVYA M	Palakkad	11:04:89
V	APARNA S ANASWARA S	JYOTHIKA R NAIR NANDANA RAJESH	Malappuram	11:23:74

20 - 4x100 M. Medley Relay
Record Time: 04:59:54 , Ernakulam , 2023

I	DAKSHINA BIJO P NIRMALA R	KARTHIKA SATHEESH VARSHA S	Thiruvananthapuram	05:01:74
II	AVANTHIKA PRADEEP GAYATHRI DEV	ALAKANANDA RAJU ESHANI P JOSHI	Ernakulam	05:01:75
III	ATHIRAR MRUTHULA M	ANEESHA. S NIVYA M	Palakkad	05:30:29
IV	RIYA ABE SRADHA C J	ANANYA R SANIYA SAJI	Kottayam	05:50:21
V	HELNA LAIJU LIVA.P.L	CHINMAYI SHIBIL ANUSREE. S	Thrissur	05:54:19
VI	APARNA AK APARNA S	NANDANA RAJESH ANASWARA S	Malappuram	05:57:83

1 - 4x100 M. Mixed Freestyle Relay
Record Time: 04:05:96 , Ernakulam , 2019

I	ADARSH L DAKSHINA BIJO P	VARSHA S ANOOP T R	Thiruvananthapuram	04:05:48 (N.R)
II	JOSEPH V JOSE CLIFFORD JOSEPH	GAYATHRI DEV ESHANI P JOSHI	Ernakulam	04:18:65
III	RIYA ABE KEVIN JINU	SRADHA C J ALEN K SUNIL	Kottayam	04:22:67
IV	NANDANAN R R APARNA S	MOHAMMED HASSAN C NANDANA RAJESH	Malappuram	04:33:90
V	ANEESHA. S NANDAGOPAL M	NIVYA M SHIBU S	Palakkad	04:39:50
VI	ADHARSH.M SREYA SAJEESH	ANASWARA R ADHITHYAN.V.R	Thrissur	04:48:96

2 - 4x100 M. Mixed Medley Relay

Record Time: 04:35:44 , Ernakulam , 2022

I	AVANTHIKA PRADEEP VISHNU G	MOHAMMED ABDUL ALAKANANDA RAJU	Ernakulam	04:29:08 (N.R)
II	DAKSHINA BIJO P ADARSH L	VARSHA S KARTHIK IYYAPPAN	Thiruvananthapuram	04:38:33
III	SANIYA SAJI SRADHA C J	ALLEN K SUNIL KEVIN JINU	Kottayam	04:39:74
IV	APARNA S MOHAMMED HASSAN C	ERISHI CHANDRAN NIVEDITHA S KANNAN	Malappuram	05:08:81
V	GOUTHAM KRISHNA.M AMAL P	LIVA.P.L HELNA LAJU	Thrissur	05:22:68
VI	ANANDHU M C KAVYA M	SUDHI S SHIBU S	Palakkad	05:34:17

INDIVIDUAL CHAMPIONSHIPS

Section	Name	Unit	Points
MEN	ABHINAV S	Thiruvananthapuram	35
WOMEN	ALAKANANDA RAJU	Ernakulam	33

WATERPOLO CHAMPIONSHIP

SECTION	Position	UNIT
MEN	FIRST	Thiruvananthapuram
	SECOND	Palakkad
	THIRD	Thrissur
WOMEN	FIRST	Thiruvananthapuram
	SECOND	Palakkad
	THIRD	Malappuram

MEN CHAMPIONSHIP			WOMEN CHAMPIONSHIP		
POSITION	UNIT	TOTAL POINTS	POSITION	UNIT	TOTAL POINTS
I	Thiruvananthapuram	253	I	Thiruvananthapuram	230
II	Ernakulam	122	II	Ernakulam	172
III	Kottayam	64	III	Kottayam	41
IV	Malappuram	35	IV	Palakkad	26
V	Thrissur	17	V	Kozhikode	18
VI	Palakkad	8	VI	Malappuram	11
VII	Kozhikode	2	VI	Thrissur	7
VIII	Kannur	1			

OVERALL CHAMPIONSHIP		
POSITION	UNIT	TOTAL POINTS
I	Thiruvananthapuram	507
II	Ernakulam	318
III	Kottayam	121
IV	Malappuram	58
V	Palakkad	40
VI	Thrissur	30
VII	Kozhikode	20
VIII	Kannur	1

New records on the championship_ 2024

MEN Section

SN	Event	Name	Unit	Time (N.R.)
1	100 M. Butterfly Stroke	VISHNU G	Ernakulam	00:57:44
	<u>Existing Record:</u>	ABHIJITH GEGARIN	Ernakulam	00:57:53 2019
2	400 M. Individual Medley	GOKUL V GOPAN	Thiruvananthapuram	04:45:70
	<u>Existing Record:</u>	ADARSH M	Thiruvananthapuram	04:50:94 2022
3	200 M. Freestyle	ABHINAV S	Thiruvananthapuram	01:56:70
	<u>Existing Record:</u>	Anand. A. S	Thiruvananthapuram	01:59:44 2015
4	50 M. Back Stroke	DHANUSH P J	Ernakulam	00:28:35
	<u>Existing Record:</u>	DHANUSH P J	Ernakulam	00:28:64 2017
5	4x100 M. Medley Relay		Ernakulam	04:07:12
	<u>Existing Record:</u>		Thiruvananthapuram	04:12:35 2022
6	800 M. Freestyle	ABHINAV S	Thiruvananthapuram	08:34:51
	<u>Existing Record:</u>	Anand. A.S	Ernakulam	08:43:06 2014
7	50 M. Butterfly Stroke	VISHNU G	Ernakulam	00:25:56
	<u>Existing Record:</u>	VISHNU G	Ernakulam	00:25:95 2023
8	400 M. Freestyle	ABHINAV S	Thiruvananthapuram	04:09:93
	<u>Existing Record:</u>	Anand. A. S	Ernakulam	04:14:88 2014
9	200 M. Breast Stroke	KEVIN JINU	Kottayam	02:24:58
	<u>Existing Record:</u>	ADARSH M	Thiruvananthapuram	02:25:91 2022
10	200 M. Butterfly Stroke	SIVANAND B S	Thiruvananthapuram	02:08:16
	<u>Existing Record:</u>	Nikhil. A.R	Thiruvananthapuram	02:08:98 2015
11	4x100 M. Freestyle Relay		Thiruvananthapuram	03:48:10
	<u>Existing Record:</u>		Thiruvananthapuram	03:48:87 2023

Mixed Section

SN	Event	Name	Unit	Time (N.R.)
12	4x100 M. Mixed Freestyle		Thiruvananthapuram	04:05:48
	<u>Existing Record:</u>		Ernakulam	04:05:96 2019
13	4x100 M. Mixed Medley		Ernakulam	04:29:08
	<u>Existing Record:</u>		Ernakulam	04:35:44 2022

WOMEN Section

SN	Event	Name	Unit	Time (N.R.)
14	100 M. Breast Stroke	ALAKANANDA RAJU	Ernakulam	01:21:33
	<u>Existing Record:</u>	ARATHY. S	Thiruvananthapuram	01:22:06 2013
15	50 M. Breast Stroke	ALAKANANDA RAJU	Ernakulam	00:36:95
	<u>Existing Record:</u>	ARATHY. S	Thiruvananthapuram	00:37:26 2013
16	200 M. Breast Stroke	ALAKANANDA RAJU	Ernakulam	02:53:01
	<u>Existing Record:</u>	Arathy. S	Thiruvananthapuram	02:58:08 2014
17	50 M. Butterfly Stroke	ESHANI P JOSHI	Ernakulam	00:29:73
	<u>Existing Record:</u>	Lyana Fathima Ummer	Ernakulam	00:30:23 2018



KERALA AQUATIC ASSOCIATION
77th SENIOR NATIONAL AQUATIC CHAMPIONSHIP-2024
Held at, Mangalore from 10th to 13th September 2024
LIST OF PARTICIPANTS- SWIMMING

Name of State/Unit: **KERALA**

Year: **2024**

MEN

SL No.	NAME OF COMPETITOR	SFI UMID	GENDER	Event
1	MOHAMMED ABDUL BASITH	Ernakulum	MEN	Swimming
2	ABHINAV. S	Ernakulum	MEN	Swimming
3	ADARSH S	Thiruvananthapuram	MEN	Swimming
4	DHANUSH P J	Ernakulum	MEN	Swimming
5	SIVANAND B S	Thiruvananthapuram	MEN	Swimming
6	KEVIN JINU	Kottayam	MEN	Swimming
7	VISHNU. G	Ernakulum	MEN	Swimming
8	ANOOP T R	Thiruvananthapuram	MEN	Swimming
9	ADITHYAN S S NAIR	Thiruvananthapuram	MEN	Swimming
10	GOKUL V GOPAN	Thiruvananthapuram	MEN	Swimming
11	ABHIJITH G	Thiruvananthapuram	MEN	Swimming
12	ABHIRAM S	Palakkad	MEN	Swimming
13	AKASH G M	Thiruvananthapuram	MEN	Swimming
14	SHRAVAN S	Ernakulum	WOMEN	Swimming
15	BHADRA SUDEVAN. S	Thiruvananthapuram	WOMEN	Swimming
16	GARSHA SAHARSHA	Thiruvananthapuram	WOMEN	Swimming
17	DEVIKA.K	Kohokode	WOMEN	Swimming
18	DAKSHINA BIJO	Ernakulum	WOMEN	Swimming
19	AVANTHIKA PRADEEP	Ernakulum	WOMEN	Swimming
20	ALAKANANDA RAJU	Ernakulum	WOMEN	Swimming
21	ESHANI P JOSHI	Thiruvananthapuram	WOMEN	Swimming
22	VARSHA S	Ernakulum	WOMEN	Swimming
23	AKHILA. M.R	Thiruvananthapuram	WOMEN	Swimming
24	NIRMALA R	Ernakulum	WOMEN	Swimming
27	UNNIKRISHNAN	Coach		
28	SAJI KUMAR K	Coach		
29	JASEELA	Team Manager		



KERALA AQUATIC ASSOCIATION
77th SENIOR NATIONAL WATERPOLO CHAMPIONSHIP-2024
Held at Thiruvananthapuram, from 18st to 22nd September-2024
LIST OF PARTICIPANTS- WATERPOLO

Name of State/Unit: **KERALA**Year: **2024****MEN**

SL No.	NAME OF COMPETITOR	District	GENDER	Event	Position
1	DEVI SANTHOSH	Thiruvananthapuram	WOMEN	Water polo	Gold
2	KRIPA. R. R	Thiruvananthapuram	WOMEN	Water polo	Gold
3	AMITHA N.S	Thiruvananthapuram	WOMEN	Water polo	Gold
4	ANJALY. L	Thiruvananthapuram	WOMEN	Water polo	Gold
5	VARSHA. S	Thiruvananthapuram	WOMEN	Water polo	Gold
6	SURABHI V S	Thiruvananthapuram	WOMEN	Water polo	Gold
7	ANJALI KRISHNA	Thiruvananthapuram	WOMEN	Water polo	Gold
8	MADHURIMA. S.M	Thiruvananthapuram	WOMEN	Water polo	Gold
9	SIVANI. SA	Thiruvananthapuram	WOMEN	Water polo	Gold
10	SAFWA SAKKER	Thiruvananthapuram	WOMEN	Water polo	Gold
11	VANDANA S	Thiruvananthapuram	WOMEN	Water polo	Gold
12	SANDRAJA M	Palakkad	WOMEN	Water polo	Gold
13	VIDHYA LEKSHMI	Thiruvananthapuram	WOMEN	Water polo	Gold
14	JAYAKRISHNAN S	Thiruvananthapuram	MEN	Water polo	IV th
15	AMBADI N S	Thiruvananthapuram	MEN	Water polo	IV th
16	ADHITHYAN A B	Thiruvananthapuram	MEN	Water polo	IV th
17	RENJITH R J	Thiruvananthapuram	MEN	Water polo	IV th
18	SHIBINLAL S S	Thiruvananthapuram	MEN	Water polo	IV th
19	ADARSH BALACHANDRAN.B.S	Thiruvananthapuram	MEN	Water polo	IV th
20	AFSAL S NAVAS	Thiruvananthapuram	MEN	Water polo	IV th
21	GOVIND B	Thiruvananthapuram	MEN	Water polo	IV th
22	ADARSH V S	Thrissur	MEN	Water polo	IV th
23	MUHAMMED SUFIYAN	Thiruvananthapuram	MEN	Water polo	IV th
24	DIJEESH D	Palakkad	MEN	Water polo	IV th
25	BRAHMADUTT A.S	Thrissur	MEN	Water polo	IV th
26	GOKUL S J	Thiruvananthapuram	MEN	Water polo	IV th
27	NIJU J S	Coach			
28	P.S. VINOD	Coach			
29	A. ANILKUMAR	Coach			
30	K. MINIMOL	Team Manager			



KERALA AQUATIC ASSOCIATION

(State Unit of Swimming Federation of India)

13th Kerala State Masters Swimming Championship On 12th& 13th October-2024 at Vimala College International Aquatics Academy, Viyyur, Padukkad (P.O), Thrissur

FINAL RESULT

Men Group-25-29

1 -	<u>50 M. Freestyle</u>		
I	ANEESH.M	Thrissur	00:31:72
II	ARUN M	Thiruvananthapuram	00:33:05
III	AKHIL K	Thrissur	00:48:07
IV	ALAN TOM JAMES	Kottayam	00:48:18
2 -	<u>100 M. Freestyle</u>		
I	SREEJITH. CR	Thrissur	01:23:52
II	VISHAK S	Thiruvananthapuram	01:23:64
III	ALAN TOM JAMES	Kottayam	02:01:88
IV	AKHIL K	Thrissur	02:19:16
3 -	<u>200 M. Freestyle</u>		
I	SABARI	Thrissur	02:52:84
II	VISHAK S	Thiruvananthapuram	03:35:09
III	ALAN TOM JAMES	Kottayam	04:29:45
4 -	<u>400 M. Freestyle</u>		
I	ANEESH.M	Thrissur	07:00:60
II	VISHAK S	Thiruvananthapuram	08:23:10
III	ALAN TOM JAMES	Kottayam	10:09:76
5 -	<u>50 M. Back stroke</u>		
I	ANEESH.M	Thrissur	00:38:07
II	SREEJITH. CR	Thrissur	00:41:27
III	Varghese Das	Thrissur	00:59:09
6 -	<u>100 M. Back stroke</u>		
I	ANEESH.M	Thrissur	01:28:50
7 -	<u>50 M. Breast stroke</u>		
I	SABARI	Thrissur	00:39:91
II	SREEJITH. CR	Thrissur	00:44:57
III	ARUN M	Thiruvananthapuram	00:44:78
8 -	<u>100 M. Breast stroke</u>		
I	SABARI	Thrissur	01:29:90
II	SREEJITH. CR	Thrissur	01:43:72
III	ARUN M	Thiruvananthapuram	01:54:77
IV	VISHAK S	Thiruvananthapuram	02:22:96
9 -	<u>50 M. Butterfly stroke</u>		
I	SABARI	Thrissur	00:37:21
II	SREEJITH. CR	Thrissur	00:39:02
10 -	<u>100 M. Butterfly stroke</u>		
I	DIPIN D P	Kottayam	02:30:50
11 -	<u>200 M. Individual Medley</u>		
I	SREEJITH. CR	Thrissur	03:39:32
II	ARUN M	Thiruvananthapuram	03:56:89
III	DIPIN D P	Kottayam	05:32:76

Men Group-30-34

1 -	<u>50 M. Freestyle</u>		
I	RAMESH R	Palakkad	00:30:32
II	ALAN JOSH Y	Ernakulam	00:30:72
2 -	<u>100 M. Freestyle</u>		
I	Vijesh K	Thrissur	01:15:66
II	ALAN JOSH Y	Ernakulam	01:25:61
3 -	<u>200 M. Freestyle</u>		
I	ALAN JOSH Y	Ernakulam	03:17:88
4 -	<u>400 M. Freestyle</u>		
I	FEBIN FRANCIS	Thrissur	06:59:04
II	FIROZ ANTHOOR	Malappuram	08:49:53
5 -	<u>50 M. Back stroke</u>		
I	Vijesh K	Thrissur	00:37:09
II	Diran M	Thrissur	00:38:38
III	ALAN JOSH Y	Ernakulam	00:39:82
IV	FEBIN FRANCIS	Thrissur	00:43:17
V	DEEPU CK	Thrissur	00:52:98
6 -	<u>100 M. Back stroke</u>		
I	Vijesh K	Thrissur	01:26:49
II	Diran M	Thrissur	01:26:97
III	LAIJU JOHN	Alappuzha	01:31:48
7 -	<u>50 M. Breast stroke</u>		
I	JINAN.E.V	Thrissur	00:41:49
8 -	<u>100 M. Breast stroke</u>		
I	Vijesh K	Thrissur	01:37:97
II	LAIJU JOHN	Alappuzha	01:42:15
9 -	<u>50 M. Butterfly stroke</u>		
I	Diran M	Thrissur	00:29:61
II	LAIJU JOHN	Alappuzha	00:36:74
10-	<u>100 M. Butterfly stroke</u>		
I	Diran M	Thrissur	01:12:04
11-	<u>200 M. Individual Medley</u>		
I	LAIJU JOHN	Alappuzha	03:34:32

Men Group-35-39

1 -	<u>50 M. Freestyle</u>		
I	DR. JAISON JAMES	Pathanamthitta	00:29:23
II	DR.SNEHAL SUDHAKAR .B	Pathanamthitta	00:31:61
III	MUHAMMED FASIL	Kozhikode	00:34:08
IV	VIMAL N.V	Thrissur	00:34:38
2 -	<u>100 M. Freestyle</u>		
I	MANEESH T MOHAN	Thrissur	01:09:62
II	DR. JAISON JAMES	Pathanamthitta	01:11:10
III	DR.SNEHAL SUDHAKAR .B	Pathanamthitta	01:21:99
3 -	<u>200 M. Freestyle</u>		
I	MANEESH T MOHAN	Thrissur	02:37:56
II	VARUN MENON P	Thrissur	03:18:64
III	MUHAMMED FASIL	Kozhikode	03:34:97
4 -	<u>400 M. Freestyle</u>		
I	MANEESH T MOHAN	Thrissur	05:50:80
II	MUHAMMED FASIL	Kozhikode	07:31:94
III	VINEESH M V	Thrissur	08:30:58
IV	ABDUL RAZZAK K M	Thrissur	11:53:78

5 -	<u>50 M. Back stroke</u>		
I	VARUN MENON P	Thrissur	00:49:18
II	DILEEP KUMAR V S	Alappuzha	00:49:24
6 -	<u>100 M. Back stroke</u>		
I	DR.SNEHAL SUDHAKAR .B	Pathanamthitta	01:51:81
7 -	<u>50 M. Breast stroke</u>		
I	DR. JAISON JAMES	Pathanamthitta	00:40:47
II	VARUN MENON P	Thrissur	00:42:34
III	DR.SNEHAL SUDHAKAR .B	Pathanamthitta	00:44:02
IV	VIMAL N.V	Thrissur	00:46:44
V	John paul P.C	Alappuzha	00:47:30
VI	BINEEH M.V	Thrissur	00:52:41
8 -	<u>100 M. Breast stroke</u>		
I	VARUN MENON P	Thrissur	01:43:68
II	VIMAL N.V	Thrissur	01:47:19
III	John paul P.C	Alappuzha	01:52:35
9 -	<u>50 M. Butterfly stroke</u>		
I	MANEESH T MOHAN	Thrissur	00:32:65
II	VIMAL N.V	Thrissur	00:40:96
10-	<u>100 M. Butterfly stroke</u>		
I	SUJITH. C. S	Thrissur	03:12:41
11-	<u>200 M. Individual Medley</u>		
I	SUJITH. C. S	Thrissur	07:04:26

Men Group-40-44

1 -	<u>50 M. Freestyle</u>		
I	SUJITH PS	Alappuzha	00:28:02
II	MOBIRAJ T	Thrissur	00:31:11
III	CHENTHAMARAKSHAN. S	Thrissur	00:31:82
IV	SHABIRAJ	Palakkad	00:32:39
V	SUJITHLAL K S	Thrissur	00:48:25
2 -	<u>100 M. Freestyle</u>		
I	SUJITH PS	Alappuzha	01:07:52
II	MOBIRAJ T	Thrissur	01:18:19
III	MARTIN JOSEPH	Kottayam	01:29:52
3 -	<u>200 M. Freestyle</u>		
I	Ratheesh L	Thrissur	02:56:30
II	LALU NAIR. V	Alappuzha	03:19:29
III	MARTIN JOSEPH	Kottayam	03:44:22
4 -	<u>400 M. Freestyle</u>		
I	Ratheesh L	Thrissur	06:21:07
II	LALU NAIR. V	Alappuzha	07:04:43
III	MATHEW SEBASTIAN	Kottayam	09:52:31
IV	SUBEESH N S	Thrissur	12:52:25
5 -	<u>50 M. Back stroke</u>		
I	T V AJIMON	Thiruvananthapuram	00:37:70
II	NAJEEB P	Thrissur	00:40:99
III	Joji T.J	Kottayam	00:44:40
IV	SATHEESH K V	Thrissur	00:44:72
V	SRIJITH MS	Ernakulam	01:12:53
6 -	<u>100 M. Back stroke</u>		
I	T V AJIMON	Thiruvananthapuram	01:35:06
II	Joji T.J	Kottayam	01:47:50

7 -	<u>50 M. Breast stroke</u>		
I	ANAND RAJ.T	Kottayam	00:40:32
II	Ratheesh L	Thrissur	00:41:58
III	CHENTHAMARAKSHAN. S	Thrissur	00:41:80
IV	LALU NAIR. V	Alappuzha	00:44:32
V	Joji T.J	Kottayam	00:47:48
8 -	<u>100 M. Breast stroke</u>		
I	Ratheesh L	Thrissur	01:31:58
II	ANAND RAJ.T	Kottayam	01:31:89
III	CHENTHAMARAKSHAN. S	Thrissur	01:42:38
IV	MARTIN JOSEPH	Kottayam	01:53:31
V	Joji T.J	Kottayam	01:56:55
VI	ABEESH MON P.V	Thrissur	01:56:56
9 -	<u>50 M. Butterfly stroke</u>		
I	SHABIRAJ T	Palakkad	00:33:03
II	MOBIRAJ T	Thrissur	00:34:28
III	ABEESH MON P.V	Thrissur	00:37:12
10 -	<u>100 M. Butterfly stroke</u>		
I	ANAND RAJ.T	Kottayam	01:16:99
II	MOBIRAJ T	Thrissur	01:26:46
III	SHABIRAJ	Palakkad	01:31:45
IV	ABEESH MON P.V	Thrissur	01:41:91
11 -	<u>200 M. Individual Medley</u>		
I	LALU NAIR. V	Alappuzha	03:28:36
II	ABEESH MON P.V	Thrissur	03:51:22

Men Group-45-49

1 -	<u>50 M. Freestyle</u>		
I	JOSHY JOSEPH	Alappuzha	00:30:00
II	PAUL JOSEPH PARACKA	Thrissur	00:33:61
III	DENNY ALEX	Kottayam	00:35:64
IV	ROY XAVIER	Alappuzha	00:35:93
V	SELWYN PHILIP KOSHY	Kottayam	00:37:21
VI	MURUGAN M	Thrissur	00:37:32
VII	SUSHEEL T.C	Thrissur	00:40:84
VIII	ASIF M MOHAMMAD	Thrissur	00:53:15
2 -	<u>100 M. Freestyle</u>		
I	JOSHY	Thrissur	01:13:32
II	PAUL JOSEPH PARACKA	Thrissur	01:25:18
III	DENNY ALEX	Kottayam	01:26:69
IV	SURESH BABU PS	Thrissur	01:37:08
V	Devadas D M	Kottayam	01:43:22
VI	RAVIKUMAR G	Thrissur	01:53:29
VII	SATHEESH BABU	Thrissur	01:56:14
VIII	SUSHEEL T.C	Thrissur	02:01:37
3 -	<u>200 M. Freestyle</u>		
I	DENNY ALEX	Kottayam	03:31:35
II	SHIBU G	Thiruvananthapuram	03:57:10
III	Devadas D M	Kottayam	04:00:94
IV	SUSHEEL T.C	Thrissur	04:57:16
V	SUBEESH P.B	Thrissur	05:01:10

4 -	<u>400 M. Freestyle</u>		
I	MURUGAN M	Thrissur	07:39:22
II	DENNY ALEX	Kottayam	07:47:74
III	SHAJI MP	Malappuram	07:58:91
IV	AJITHKUMAR S R	Thiruvananthapuram	08:34:05
V	RAJEEV V.S	Thrissur	09:15:87
VI	MATHEWS	Thrissur	09:49:14
VII	SUBEESH P.B	Thrissur	10:36:26
5 -	<u>50 M. Back stroke</u>		
I	JOSHY JOSEPH	Alappuzha	00:35:84
II	SHYJU M.S	Thiruvananthapuram	00:40:36
III	BIJU M A	Alappuzha	00:40:73
IV	ROY XAVIER	Alappuzha	00:42:99
V	SOORAJ A.P	Pathanamthitta	00:43:60
VI	SURESH BABU PS	Thrissur	00:45:37
VII	Sasikumar	Thrissur	00:53:26
VIII	Devadas D M	Kottayam	01:00:34
6 -	<u>100 M. Back stroke</u>		
I	BIJU M A	Alappuzha	01:38:12
II	KURIAKOSE.P.K	Thrissur	01:53:84
III	SURESH BABU PS	Thrissur	02:01:41
IV	RAVIKUMAR G	Thrissur	02:46:98
7 -	<u>50 M. Breast stroke</u>		
I	SOORAJ A.P	Pathanamthitta	00:43:85
II	MANU M	Alappuzha	00:45:35
III	MURUGAN M	Thrissur	00:47:03
IV	SURESH BABU PS	Thrissur	00:49:03
V	BABU K B	Ernakulam	01:07:53
VI	BIJU E C	Thrissur	01:13:10
VII	BENEESH K A	Ernakulam	01:18:34
8 -	<u>100 M. Breast stroke</u>		
I	SOORAJ A.P	Pathanamthitta	01:40:37
II	MANU M	Alappuzha	01:48:61
III	MURUGAN M	Thrissur	01:50:59
IV	KURIAKOSE.P.K	Thrissur	01:52:94
V	BABU K B	Ernakulam	02:48:41
9 -	<u>50 M. Butterfly stroke</u>		
I	ROY XAVIER	Alappuzha	00:42:22
II	KURIAKOSE.P.K	Thrissur	00:47:66
III	RAJEEV V.S	Thrissur	00:55:07
IV	BENEESH K A	Ernakulam	01:27:72
V	BIJU E C	Thrissur	01:35:10
10-	<u>100 M. Butterfly stroke</u>		
I	BIJU E C	Thrissur	03:19:18
II	JUBILANT J.	Kottayam	03:41:70
11-	<u>200 M. Individual Medley</u>		
I	KURIAKOSE.P.K	Thrissur	04:28:60
II	RAJEEV V.S	Thrissur	04:46:60
III	BIJU E C	Thrissur	06:09:17

Men Group-50-54

1 - <u>50 M. Freestyle</u>			
I	PRADEEPAN.I.C	Thrissur	00:30:18
II	JOJO JOSEPH	Kottayam	00:32:02
III	RAJESH R S	Thiruvananthapuram	00:32:74
IV	LIJU MATHEW	Kozhikode	00:32:80
V	M AJAYAKUMAR	Kozhikode	00:41:85
VI	BENNY K U	Thrissur	00:46:26
VII	SEBI B R	Thrissur	01:06:19
VIII	RANJITH VT	Thrissur	01:43:50
2 - <u>100 M. Freestyle</u>			
I	RAJESH R S	Thiruvananthapuram	01:13:14
II	JOJO JOSEPH	Kottayam	01:13:94
III	LIJU MATHEW	Kozhikode	01:17:62
IV	PRADEEPAN.I.C	Thrissur	01:21:26
V	Manojkumar P	Kannur	01:33:73
VI	K J Jepson	Thrissur	01:41:59
VII	BENNY K U	Thrissur	02:13:38
3 - <u>200 M. Freestyle</u>			
I	K SASEENDHRAN	Thrissur	02:41:97
II	RAJESH R S	Thiruvananthapuram	02:58:41
III	PRADEEPAN.I.C	Thrissur	03:10:63
IV	K J Jepson	Thrissur	04:11:38
4 - <u>400 M. Freestyle</u>			
I	PRADEEPAN.I.C	Thrissur	06:45:91
II	SHAJI JOSEPH	Thrissur	06:50:30
III	SHYLAN TS	Ernakulam	07:40:63
IV	Manojkumar P	Kannur	07:43:46
V	K J Jepson	Thrissur	10:01:91
VI	JIJU. V. I	Thrissur	10:33:25
VII	Joseph ND	Thrissur	12:29:37
5 - <u>50 M. Back stroke</u>			
I	JOJO JOSEPH	Kottayam	00:40:84
II	JAYAPRAKASH M V	Thrissur	00:42:94
III	JAISON JOHN	Kozhikode	00:48:83
IV	RANJITH VT	Thrissur	01:57:65
6 - <u>100 M. Back stroke</u>			
I	JOJO JOSEPH	Kottayam	01:29:59
7 - <u>50 M. Breast stroke</u>			
I	Bijumon NV	Idukki	00:40:82
II	SHAJI JOSEPH	Thrissur	00:41:25
III	JAYAPRAKASH M V	Thrissur	00:42:14
IV	NIXON K P	Alappuzha	00:43:97
V	LIJU MATHEW	Kozhikode	00:44:63
VI	Vinod Babu B	Thrissur	00:58:70
8 - <u>100 M. Breast stroke</u>			
I	Bijumon NV	Idukki	01:30:78
II	SHAJI JOSEPH	Thrissur	01:34:97
III	JAYAPRAKASH M V	Thrissur	01:42:78
IV	LIJU MATHEW	Kozhikode	01:45:74
V	NIXON K P	Alappuzha	01:49:41
VI	MOHANAN K P	Thrissur	02:15:70
VII	Joseph ND	Thrissur	02:23:96

9 -	<u>50 M. Butterfly stroke</u>		
I	K SASEENDHRAN	Thrissur	00:30:18
II	JAYAPRAKASH M V	Thrissur	00:39:82
III	NIXON K P	Alappuzha	00:40:16
IV	K J Jepson	Thrissur	00:55:10
10 -	<u>100 M. Butterfly stroke</u>		
I	K SASEENDHRAN	Thrissur	01:12:23
11 -	<u>200 M. Individual Medley</u>		
I	K SASEENDHRAN	Thrissur	03:03:66
II	NIXON K P	Alappuzha	03:39:26
III	Manojkumar P	Kannur	03:56:49

Men Group-55-59

1 -	<u>50 M. Freestyle</u>		
I	SURESH V R	Alappuzha	00:33:01
II	JOY K C	Kannur	00:33:56
III	P BABU	Alappuzha	00:33:70
IV	SIBY JOSEPH	Alappuzha	00:34:18
V	THOMAS POLAKKATTIL	Kottayam	00:34:20
VI	KRISHNAKUMAR M	Thrissur	00:37:08
VII	SAVIO THOMAS	Kannur	00:38:36
VIII	Paul Francis Puthur	Thrissur	00:41:82
2 -	<u>100 M. Freestyle</u>		
I	JOY K C	Kannur	01:17:53
II	P BABU	Alappuzha	01:20:22
III	SHAJI MON K C	Alappuzha	01:24:24
IV	KRISHNAKUMAR M	Thrissur	01:28:56
V	Regimon K U	Kottayam	01:34:38
VI	Paul Francis Puthur	Thrissur	01:40:21
VII	A. VINOTH	Thrissur	02:31:28
3 -	<u>200 M. Freestyle</u>		
I	ANILKUMAR.PD	Thrissur	03:08:24
II	JOY K C	Kannur	03:08:74
III	KRISHNAKUMAR M	Thrissur	03:34:42
IV	Paul Francis Puthur	Thrissur	03:54:19
V	RAJENDRAN.M	Thrissur	04:16:92
VI	BABU. K. K	Thrissur	05:14:13
VII	A. VINOTH	Thrissur	05:35:92
4 -	<u>400 M. Freestyle</u>		
I	ANILKUMAR.PD	Thrissur	06:47:73
II	JOY K C	Kannur	07:09:60
III	MOHAMMED BASHEER KC	Malappuram	08:16:96
IV	Paul Francis Puthur	Thrissur	08:29:39
V	RAJENDRAN.M	Thrissur	09:28:67
VI	BABU. K. K	Thrissur	10:43:21
VII	RAJEEV T D	Ernakulam	10:58:80
VIII	A. VINOTH	Thrissur	11:57:72
5 -	<u>50 M. Back stroke</u>		
I	JOSEY JOSEPH	Alappuzha	00:34:71
II	MATHEW JOSEPH	Kottayam	00:38:96
III	THOMAS POLAKKATTIL	Kottayam	00:41:56
IV	ANILKUMAR.PD	Thrissur	00:41:79
V	SHAJI MON K C	Alappuzha	00:48:16
VI	SAVIO THOMAS	Kannur	00:53:21
VII	RAJEEV T D	Ernakulam	01:07:82
VIII	JOSHY MATHEW	Kottayam	02:04:40

6 -	<u>100 M. Back stroke</u>		
I	ANILKUMAR.PD	Thrissur	01:39:18
II	Regimon K U	Kottayam	01:55:07
III	SHAJU M G	Thrissur	02:06:91
IV	RAJEEV T D	Ernakulam	02:31:57
V	A. VINOTH	Thrissur	02:49:87
VI	BABU. K. K	Thrissur	02:51:32
7 -	<u>50 M. Breast stroke</u>		
I	MATHEW JOSEPH	Kottayam	00:42:05
II	SIBY JOSEPH	Alappuzha	00:42:35
III	Regimon K U	Kottayam	00:43:05
IV	THOMAS POLAKKATTIL	Kottayam	00:45:38
V	SHAJU M G	Thrissur	00:48:21
VI	SAVIO THOMAS	Kannur	00:55:90
VII	SIMON JOSEPH	Thrissur	01:03:36
VIII	RAHMATHULLA	Malappuram	02:01:90
8 -	<u>100 M. Breast stroke</u>		
I	JOSEY JOSEPH	Alappuzha	01:31:09
II	MATHEW JOSEPH	Kottayam	01:33:90
III	SHAJI MON K C	Alappuzha	01:52:04
IV	MOHAMMED BASHEER KC	Malappuram	01:57:86
V	RAJEEV T D	Ernakulam	02:26:74
VI	RAJENDRAN.M	Thrissur	02:32:10
VII	SIMON JOSEPH	Thrissur	02:34:69
9 -	<u>50 M. Butterfly stroke</u>		
I	MATHEW JOSEPH	Kottayam	00:35:72
II	SURESH V R	Alappuzha	00:37:53
III	KRISHNAKUMAR M	Thrissur	00:42:54
IV	THOMAS POLAKKATTIL	Kottayam	00:43:14
V	Regimon K U	Kottayam	00:44:06
VI	SHAJU M G	Thrissur	00:47:22
10 -	<u>100 M. Butterfly stroke</u>		
I	SURESH V R	Alappuzha	01:42:48
11 -	<u>200 M. Individual Medley</u>		
I	SHAJU M G	Thrissur	04:12:52
II	RAJENDRAN.M	Thrissur	05:41:07
III	BABU. K. K	Thrissur	06:20:07

Men Group-60-64

1 -	<u>50 M. Freestyle</u>		
I	Dr Babu Sebastian	Kottayam	00:33:82
II	Mars Mathews P	Kottayam	00:35:26
III	AJAYAKUMAR R S	Alappuzha	00:35:92
IV	Saji George	Kottayam	00:36:14
V	Devanand N S	Thiruvananthapuram	00:36:35
VI	MOHANDAS.M.S	Kottayam	00:40:35
VII	C R RAJAN	Thrissur	00:41:33
VIII	RAJENDRAN M K	Thrissur	00:44:23
2 -	<u>100 M. Freestyle</u>		
I	Dr Babu Sebastian	Kottayam	01:23:34
II	Devanand N S	Thiruvananthapuram	01:24:69
III	Saji George	Kottayam	01:30:09
IV	Mars Mathews P	Kottayam	01:38:91
V	Vaidyanathan K	Thrissur	01:53:33
VI	JOSEPH PG	Kasargod	01:54:65
VII	RAJENDRAN M K	Thrissur	02:05:53

3 -	<u>200 M. Freestyle</u>		
I	K.MANIKANDAN	Thrissur	02:57:51
II	JAMES AUGUSTINE	Kottayam	03:49:01
III	Vaidyanathan K	Thrissur	04:12:75
IV	JOSEPH PG	Kasargod	04:42:72
V	Ravi C U	Thrissur	05:52:87
4 -	<u>400 M. Freestyle</u>		
I	Devanand N S	Thiruvananthapuram	07:39:26
II	JAMES AUGUSTINE	Kottayam	08:42:54
III	Vaidyanathan K	Thrissur	09:16:97
IV	ABDUL KADER V P	Malappuram	10:37:25
V	A R.RAGHU	Thrissur	10:56:81
5 -	<u>50 M. Back stroke</u>		
I	Mars Mathews P	Kottayam	00:42:82
II	JOSE ABRAHAM	Kottayam	00:43:01
III	C R RAJAN	Thrissur	00:46:08
IV	Saji George	Kottayam	00:47:79
V	MOHANDAS.M.S	Kottayam	00:51:20
VI	DR. TOM MATHEWS	Pathanamthitta	00:55:72
VII	RAJENDRAN M K	Thrissur	00:58:27
VIII	PRADEEPKUMAR. CP	Kozhikode	01:10:87
6 -	<u>100 M. Back stroke</u>		
I	K.MANIKANDAN	Thrissur	01:31:18
II	JOSE ABRAHAM	Kottayam	01:47:64
III	Vaidyanathan K	Thrissur	02:11:91
IV	DR. TOM MATHEWS	Pathanamthitta	02:25:08
7 -	<u>50 M. Breast stroke</u>		
I	T.J JACOB	Kottayam	00:42:18
II	JOSE ABRAHAM	Kottayam	00:46:84
III	AJAYAKUMAR R S	Alappuzha	00:48:12
IV	C R RAJAN	Thrissur	00:48:43
V	PRADEEPKUMAR. CP	Kozhikode	00:53:81
VI	JOSEPH PG	Kasargod	01:14:04
VII	DR. TOM MATHEWS	Pathanamthitta	01:20:92
8 -	<u>100 M. Breast stroke</u>		
I	T.J JACOB	Kottayam	01:45:43
II	JOSE ABRAHAB	Kottayam	01:56:89
III	Devanand N S	Thiruvananthapuram	01:57:79
IV	AJAYAKUMAR R S	Alappuzha	02:00:08
V	Ravi C U	Thrissur	02:24:62
VI	A R.RAGHU	Thrissur	02:43:42
9 -	<u>50 M. Butterfly stroke</u>		
I	Dr Babu Sebastian	Kottayam	00:38:17
II	Saji George	Kottayam	00:45:15
10 -	<u>100 M. Butterfly stroke</u>		
I	K.MANIKANDAN	Thrissur	01:38:80
II	JAMES AUGUSTINE	Kottayam	02:29:61
III	Ravi C U	Thrissur	03:14:91
11 -	<u>200 M. Individual Medley</u>		
I	K.MANIKANDAN	Thrissur	03:21:17
II	JAMES AUGUSTINE	Kottayam	05:04:33
III	Ravi C U	Thrissur	06:14:96

Men Group-65-69

1 - 50 M. Freestyle

I	Kuriakse Mathew	Kottayam	00:40:18
II	MIUS C L	Thrissur	00:41:00
III	K A JOHNSON	Thiruvananthapuram	00:41:38
IV	Alex Menampampil	Kottayam	00:42:21
V	Devasia KI	Kottayam	00:43:60
VI	ALEX M VARKEY	Kottayam	00:48:78
VII	ALI CHIRAKKAL	Malappuram	00:52:55
VIII	VINCENT. K	Thrissur	01:04:50

2 - 100 M. Freestyle

I	K A JOHNSON	Thiruvananthapuram	01:36:63
II	Kuriakse Mathew	Kottayam	01:39:90
III	ALEX M VARKEY	Kottayam	02:11:21
IV	VINCENT. K	Thrissur	02:36:63
V	DR. THOMAS POTHEN	Pathanamthitta	03:11:85

3 - 200 M. Freestyle

I	JAGAJEEVE GOPINATHAN	Kottayam	03:44:47
II	K A JOHNSON	Thiruvananthapuram	03:54:13
III	JOY. K.G	Thrissur	05:00:81

4 - 400 M. Freestyle

I	JAGAJEEVE GOPINATHAN	Kottayam	08:06:19
II	K A JOHNSON	Thiruvananthapuram	09:03:40
III	S. JAYAKUMAR	Thiruvananthapuram	09:14:25
IV	JOY. K.G	Thrissur	10:39:74
V	JOSEPH.O.A	Thrissur	11:39:10

5 - 50 M. Back stroke

I	K VIJAYAN	Thiruvananthapuram	00:51:25
II	MIUS C L	Thrissur	00:52:60
III	Kuriakse Mathew	Kottayam	00:53:75
IV	ALI CHIRAKKAL	Malappuram	00:56:14
V	Alex Menampampil	Kottayam	01:03:60
VI	Devasia KI	Kottayam	01:05:40
VII	V.O. DAVIS	Thrissur	01:21:55
VIII	A C JOS	Thrissur	01:30:74

6 - 100 M. Back stroke

I	GRASHIOUS KURIAKOSE	Ernakulam	02:01:14
II	Kuriakse Mathew	Kottayam	02:04:71

7 - 50 M. Breast stroke

I	DR. THOMAS POTHEN	Pathanamthitta	00:46:59
II	GRASHIOUS KURIAKOSE	Ernakulam	00:51:56
III	G P SENAKUMAR	Kottayam	00:52:29
IV	UNNIKRISHNAN. A. V	Thrissur	00:52:56
V	A C JOS	Thrissur	00:57:83
VI	ALEX M VARKEY	Kottayam	01:01:00
VII	K VIJAYAN	Thiruvananthapuram	01:14:62
VIII	V.O. DAVIS	Thrissur	01:20:35

8 - 100 M. Breast stroke

I	K VIJAYAN	Thiruvananthapuram	01:51:73
II	G P SENAKUMAR	Kottayam	02:04:90
III	ALEX M VARKEY	Kottayam	02:27:87
IV	UNNIKRISHNAN. A. V	Thrissur	03:32:49

9 -	<u>50 M. Butterfly stroke</u>		
I	K VIJAYAN	Thiruvananthapuram	00:41:09
II	S. JAYAKUMAR	Thiruvananthapuram	00:48:03
III	JAGAJEEVE GOPINATHAN	Kottayam	00:51:12
IV	Devasia KI	Kottayam	00:57:01
V	MIUS C L	Thrissur	01:02:82
10-	<u>100 M. Butterfly stroke</u>		
I	S. JAYAKUMAR	Thiruvananthapuram	02:14:44
11 -	<u>200 M. Individual Medley</u>		
I	JAGAJEEVE GOPINATHAN	Kottayam	04:18:28
II	S. JAYAKUMAR	Thiruvananthapuram	04:35:08

Men Group-70-74

1 -	<u>50 M. Freestyle</u>		
I	PT THOMAS	Idukki	00:38:20
II	G.SASIDHARAN NAIR	Kottayam	00:39:15
III	S.SASIDHARAN NAIR	Thiruvananthapuram	00:40:33
IV	THOMAS A.	Kottayam	00:46:64
V	HARIDASAN.T	Kozhikode	00:48:80
VI	PS RAVEENDRAN	Thrissur	00:50:03
VII	PAUL.P.J	Thrissur	01:03:05
VIII	E.M.ADITHYAN	Thrissur	01:35:54
2 -	<u>100 M. Freestyle</u>		
I	PT THOMAS	Idukki	01:30:87
II	G.SASIDHARAN NAIR	Kottayam	01:31:30
III	PS RAVEENDRAN	Thrissur	02:03:61
IV	NARAYANAN NAIR K	Kozhikode	02:13:73
V	Gopalan Raju	Thrissur	02:16:12
VI	ARAVINDAN PEENICA	Thrissur	03:17:23
VII	P. K. KUMARAN	Thrissur	03:43:24
3 -	<u>200 M. Freestyle</u>		
I	KURIAN JACOB	Kottayam	04:05:63
II	UMASANKAR	Thrissur	04:39:87
III	P.S.KRISHNAN	Thrissur	05:09:89
IV	PAUL.P.J	Thrissur	05:26:75
4 -	<u>400 M. Freestyle</u>		
I	KURIAN JACOB	Kottayam	08:47:89
II	UMASANKAR	Thrissur	10:18:92
III	PAUL.P.J	Thrissur	11:57:93
IV	P.S.KRISHNAN	Thrissur	11:58:51
V	NARAYANAN NAIR K	Kozhikode	13:10:68
5 -	<u>50 M. Back stroke</u>		
I	S.SASIDHARAN NAIR	Thiruvananthapuram	00:45:17
II	PT THOMAS	Idukki	00:50:74
III	UMASANKAR	Thrissur	00:59:14
IV	THOMAS A.	Kottayam	01:00:20
V	P.S.KRISHNAN	Thrissur	01:05:74
VI	KUMARAN. P. K.	Thrissur	01:56:74
VII	SUKUMARAN PODUVAL	Thrissur	02:15:72
VIII	E.M.ADITHYAN	Thrissur	02:24:18

6 -	<u>100 M. Back stroke</u>		
I	S.SASIDHARAN NAIR	Thiruvananthapuram	01:39:91
II	PT THOMAS	Idukki	01:55:32
III	UMASANKAR	Thrissur	02:19:91
IV	THOMAS A.	Kottayam	02:29:21
V	P.S.KRISHNAN	Thrissur	02:31:54
VI	NARAYANAN NAIR K	Kozhikode	02:44:96
VII	V PRABHAKARAN NAIR	Thrissur	02:57:31
VIII	SUKUMARAN PODUVAL	Thrissur	05:27:94
7 -	<u>50 M. Breast stroke</u>		
I	PS RAVEENDRAN	Thrissur	00:59:61
II	KURIAN JACOB	Kottayam	01:01:69
III	JAYADEVAN PALAYAT	Kozhikode	01:03:62
IV	ARAVINDAN PEENICA	Thrissur	01:26:64
V	P. K. KUMARAN	Thrissur	01:52:13
VI	SUKUMARAN PODUVAL	Thrissur	02:05:15
8 -	<u>100 M. Breast stroke</u>		
I	JAYADEVAN PALAYAT	Kozhikode	02:29:72
II	KURIAN JACOB	Kottayam	02:29:78
III	V PRABHAKARAN NAIR	Thrissur	03:09:55
IV	Gopalan Raju	Thrissur	03:09:96
V	ARAVINDAN PEENICA	Thrissur	04:23:21
9 -	<u>50 M. Butterfly stroke</u>		
I	THOMAS A.	Kottayam	01:04:29
II	Gopalan Raju	Thrissur	01:11:55
III	ARAVINDAN PEENICA	Thrissur	01:35:16
10 -	<u>100 M. Butterfly stroke</u>		
I	Gopalan Raju	Thrissur	03:01:67
II	V PRABHAKARAN NAIR	Thrissur	03:28:05
11 -	<u>200 M. Individual Medley</u>		
I	PS RAVEENDRAN	Thrissur	05:52:51
II	V PRABHAKARAN NAIR	Thrissur	07:05:87

Men Group-75-79

1 -	<u>50 M. Freestyle</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	00:41:18
II	A.P. JACOB	Thrissur	00:57:55
III	K E THOMAS	Kottayam	01:00:88
IV	PRAKASAN.K.C	Thrissur	01:10:66
V	Chandrasekharan Nair M.S	Kottayam	01:10:68
2 -	<u>100 M. Freestyle</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	01:35:36
II	K E THOMAS	Kottayam	02:46:02
3 -	<u>50 M. Back stroke</u>		
I	Chandrasekharan Nair M.S	Kottayam	01:16:79
II	PRAKASAN.K.C	Thrissur	01:17:62
III	K E THOMAS	Kottayam	01:31:17
IV	ALPHONSE LIGORY	Kottayam	01:52:12
4 -	<u>100 M. Back stroke</u>		
I	ALPHONSE LIGORY	Kottayam	04:16:06
5 -	<u>50 M. Breast stroke</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	01:15:10
II	A.P. JACOB	Thrissur	01:20:02
III	ALPHONSE LIGORY	Kottayam	01:33:63

6 -	<u>100 M. Breast stroke</u>		
I	N. Kuttappan Nair	Thiruvananthapuram	02:44:20
II	PRAKASAN.K.C	Thrissur	02:56:52
III	A.P. JACOB	Thrissur	03:10:73
IV	Chandrasekharan Nair M.S	Kottayam	03:24:26
V	Alphonse ligory Mathew	Kottayam	03:42:44
7 -	<u>50 M. Butterfly stroke</u>		
I	K E THOMAS	Kottayam	01:45:44

Men Group-80 and above

1 -	<u>50 M. Freestyle</u>		
I	PROF K C SEBASTIAN	Kottayam	00:42:31
II	Subramanian V G	Thrissur	01:25:02
III	MATHEW.C.P	Thrissur	01:29:12
IV	PARASURAMRAMAN	Thrissur	02:00:59
2 -	<u>100 M. Freestyle</u>		
I	PROF K C SEBASTIAN	Kottayam	02:07:94
II	Subramanian V G	Thrissur	03:43:58
III	PARASURAMRAMAN	Thrissur	04:09:11
3 -	<u>50 M. Back stroke</u>		
I	TOMY MATHEW	Kottayam	01:22:40
II	MATHEW.C.P	Thrissur	01:26:81
III	GOPINATHAN V.K	Thrissur	01:34:91
IV	PARASURAMRAMAN	Thrissur	02:00:81
4 -	<u>100 M. Back stroke</u>		
I	TOMY MATHEW	Kottayam	03:15:09
II	GOPINATHAN V.K	Thrissur	03:54:36
III	PARASURAMRAMAN	Thrissur	04:10:76
5 -	<u>50 M. Breast stroke</u>		
I	TOMY MATHEW	Kottayam	01:12:03
II	MATHEW.C.P	Thrissur	01:37:27
III	Subramanian V G	Thrissur	01:43:03
IV	GOPINATHAN V.K	Thrissur	02:00:29
6 -	<u>100 M. Breast stroke</u>		
I	TOMY MATHEW	Kottayam	02:46:59
7 -	<u>50 M. Butterfly stroke</u>		
I	PROF K C SEBASTIAN	Kottayam	00:57:34
II	Subramanian V G	Thrissur	01:37:65
III	GOPINATHAN V.K	Thrissur	02:00:14
IV	MATHEW.C.P	Thrissur	02:08:39
8 -	<u>100 M. Butterfly stroke</u>		
I	PROF K C SEBASTIAN	Kottayam	02:46:96

Men Group- 100+

1 -	<u>4x 50 M. Freestyle Relay</u>		
I	JINAN.E.V Vijesh K	MANEESH T MOHAN RAMESH	Thrissur 02:28:35
2 -	<u>4x 50 M. Medley Relay</u>		
I	ANEESH.M Vijesh K	AKHIL K SABARI	Thrissur 02:41:72

Men Group- 120+

1 -	<u>4x 50 M. Freestyle Relay</u>		
I	ANEESH.M AKHIL K	SABARI SREEJITH. CR	Thrissur 02:06:22

II	John paul P.C MANU M	ROY XAVIER LAIJU JOHN	Alappuzha	02:14:68
III	JUBILANT J. SELWYN PHILIP KOSHY	MARTIN JOSEPH ALAN TOM JAMES	Kottayam	02:49:19
2 - <u>4x 50 M. Medley Relay</u>				
I	K J Jepson JINAN.E.V	Diran M RAMESH	Thrissur	02:43:52
II	Joji T.J JUBILANT J.	MARTIN JOSEPH ALAN TOM JAMES	Kottayam	03:36:20

Men Group- 160+

1 - <u>4x 50 M. Freestyle Relay</u>				
I	JOSHY JOSEPH LALU NAIR. V	BIJU M A SUJITH PS	Alappuzha	02:08:46
II	DR. JAISON JAMES DR.SNEHAL SUDHAKAR	SOORAJ A.P DR. TOM MATHEWS	Pathanamthitta	02:17:11
III	RAJEEV V.S ABEESH MON P.V	VIMAL N.V VARUN MENON P	Thrissur	02:26:26
IV			Kottayam	02:31:99
V			Ernakulam	03:26:37
2 - <u>4x 50 M. Medley Relay</u>				
I	LAIJU JOHN MANU M	NIXON K P SRIJITH MS	Alappuzha	02:41:75
II	DR. TOM MATHEWS SOORAJ A.P	DR. JAISON JAMES DR.SNEHAL SUDHAKAR .B	Pathanamthitta	02:48:61
III	DENNY ALEX MATHEW SEBASTIAN	Regimon K U ANAND RAJ.T	Kottayam	02:56:98
IV			Thrissur	03:25:68
V			Ernakulam	04:16:58

Men Group- 200+

1 - <u>4x 50 M. Freestyle Relay</u>				
I	SIBY JOSEPH AJAYAKUMAR R S	SURESH V R P BABU	Alappuzha	02:16:24
II	Saji George JOSE ABRAHAB	DENNY ALEX THOMAS POLAKKATTIL	Kottayam	02:22:47
III	Ratheesh L MOBIRAJ T	ANILKUMAR.PD PRABHAKARAN VELLOOR	Thrissur	02:43:72
2 - <u>4x 50 M. Medley Relay</u>				
I	BIJU M A SIBY JOSEPH	SURESH V R P BABU	Alappuzha	02:39:80
II	Saji George THOMAS POLAKKATTIL	JOJO JOSEPH Kuriakse Mathew	Kottayam	03:01:88
III	Ratheesh L MOBIRAJ T	PRABHAKARAN VELLOOR ANILKUMAR.PD	Thrissur	03:20:95

Men Group- 240+

1 - <u>4x 50 M. Freestyle Relay</u>				
I	A.P. JACOB K.MANIKANDAN	K SASEENDHRAN PRADEEPAN.I.C	Thrissur	02:29:74
II	Kuriakse Mathew Alex Menampampil	Devasia KI ALEX M VARKEY	Kottayam	03:02:91
2 - <u>4x 50 M. Medley Relay</u>				
I	Mars Mathews P JOSE ABRAHAM	Dr Babu Sebastian T.J JACOB	Kottayam	02:39:39
II	A.P. JACOB K.MANIKANDAN	K SASEENDHRAN PRADEEPAN.I.C	Thrissur	02:52:79

Men Group- 280+

1 - 4x 50 M. Freestyle Relay

I	THOMAS A. KURIAN JACOB	G.SASIDHARAN NAIR MOHANDAS.M.S	Kottayam	02:52:17
II	C.MURALEEDHARAN UMASANKAR	PS RAVEENDRAN GOPINATHAN V.K	Thrissur	05:08:35

2 - 4x 50 M. Medley Relay

I	THOMAS A. G.SASIDHARAN NAIR	KURIAN JACOB JAGAJEEVE GOPINATHAN	Kottayam	03:36:55
II	C.MURALEEDHARAN UMASANKAR	PS RAVEENDRAN GOPINATHAN V.K	Thrissur	05:31:56

Men Group- 320+

1 - 4x 50 M. Freestyle Relay

I	TOMY MATHEW PROF K C SEBASTIAN	Chandrasekharan Nair M.S K E THOMAS	Kottayam	04:21:15
II	MATHEW.C.P P. K. KUMARAN	PARASURAMRAMAN Subramanian V G	Thrissur	06:28:31

2 - 4x 50 M. Medley Relay

I	TOMY MATHEW Chandrasekharan Nair M.S	PROF K C SEBASTIAN K E THOMAS	Kottayam	05:18:76
II	SUKUMARAN PODUVAL P. K. KUMARAN	Subramanian V G PARASURAMRAMAN	Thrissur	07:35:87

Women Group-25-29

1 - 50 M. Freestyle

I	DHANYA Y S	Thrissur	00:39:11
II	Aswathi. K	Kozhikode	00:42:93

2 - 100 M. Freestyle

I	JEENA S THOMAS	Thrissur	01:29:03
II	Aswathi. K	Kozhikode	01:49:23
III	ANASUYA S NAIR	Thrissur	02:16:77

3 - 200 M. Freestyle

I	NIDHINA.N	Thrissur	03:13:89
II	DHANYA Y S	Thrissur	03:49:05
III	ANASUYA	Thrissur	05:08:52

4 - 400 M. Freestyle

I	NIDHINA.N	Thrissur	07:11:92
II	JEENA S THOMAS	Thrissur	07:39:42

5 - 50 M. Back stroke

I	NIDHINA.N	Thrissur	00:44:50
II	Aswathi. K	Kozhikode	00:53:60
III	DISHYA. P	Malappuram	01:28:23

6 - 100 M. Back stroke

I	NIDHINA.N	Thrissur	01:47:52
---	-----------	----------	----------

7 - 50 M. Breast stroke

I	JEENA S THOMAS	Thrissur	00:47:65
II	Aswathi. K	Kozhikode	01:01:68

8 - 100 M. Breast stroke

I	JEENA S THOMAS	Thrissur	01:49:98
---	----------------	----------	----------

9 - 50 M. Butterfly stroke

I	DHANYA Y S	Thrissur	00:53:20
---	------------	----------	----------

10- 200 M. Individual Medley

I	DHANYA Y S	Thrissur	04:19:29
---	------------	----------	----------

Women Group-30-34

1 -	<u>50 M. Freestyle</u>		
I	LIBIYAMOL P BABU	Kottayam	00:37:38
II	HARSHA SOMAN	Kottayam	00:57:22
III	SREESHNA K NAIR	Palakkad	01:27:01
IV	AMUDHA U.V	Thrissur	01:33:94
V	Dr. IRENE JOSE	Thrissur	01:44:44
2 -	<u>100 M. Freestyle</u>		
I	LIBIYAMOL P BABU	Kottayam	01:37:66
II	HARSHA SOMAN	Kottayam	02:09:53
III	AMUDHA U.V	Thrissur	03:56:94
3 -	<u>400 M. Freestyle</u>		
I	RAJESWARI C	Thrissur	07:58:08
4 -	<u>50 M. Back stroke</u>		
I	RAJESWARI C	Thrissur	00:48:56
II	SREESHNA K NAIR	Palakkad	01:40:56
III	AMUDHA U.V	Thrissur	01:48:31
IV	Dr. IRENE JOSE	Thrissur	02:52:18
5 -	<u>100 M. Back stroke</u>		
I	RAJESWARI C	Thrissur	01:54:45
II	AMUDHA U.V	Thrissur	04:00:31
6 -	<u>50 M. Breast stroke</u>		
I	LIBIYAMOL P BABU	Kottayam	00:56:99
7 -	<u>100 M. Breast stroke</u>		
I	LIBIYAMOL P BABU	Kottayam	01:56:66
8 -	<u>50 M. Butterfly stroke</u>		
I	HARSHA SOMAN	Kottayam	01:13:28
9 -	<u>200 M. Individual Medley</u>		
I	RAJESWARI C	Thrissur	03:52:92

Women Group-35-39

1 -	<u>50 M. Freestyle</u>		
I	JULIE JOSEPH	Kottayam	00:36:44
2 -	<u>100 M. Freestyle</u>		
I	JULIE JOSEPH	Kottayam	01:33:11
3 -	<u>200 M. Freestyle</u>		
I	Shelvi Elias	Kottayam	04:08:25
4 -	<u>400 M. Freestyle</u>		
I	Shelvi Elias	Kottayam	09:00:46
5 -	<u>50 M. Back stroke</u>		
I	Premakumari S	Thrissur	00:44:33
II	Shelvi Elias	Kottayam	00:51:77
6 -	<u>100 M. Back stroke</u>		
I	Shelvi Elias	Kottayam	02:07:80
7 -	<u>50 M. Breast stroke</u>		
I	JULIE JOSEPH	Kottayam	00:47:85
II	BINDYA.T.P	Thrissur	01:00:98
8 -	<u>100 M. Breast stroke</u>		
I	JULIE JOSEPH	Kottayam	01:46:33
II	BINDYA.T.P	Thrissur	02:16:30

9 -	<u>50 M. Butterfly stroke</u>		
I	Premakumari S	Thrissur	00:37:54
10 -	<u>100 M. Butterfly stroke</u>		
I	Premakumari S	Thrissur	01:33:70
11 -	<u>200 M. Individual Medley</u>		
I	Premakumari S	Thrissur	03:32:34

Women Group-40-44

1 -	<u>50 M. Freestyle</u>		
I	SUMISHA	Thrissur	00:37:11
II	JENNY JOY	Kottayam	00:45:52
2 -	<u>100 M. Freestyle</u>		
I	SUMISHA	Thrissur	01:35:19
II	JENNY JOY	Kottayam	01:58:12
3 -	<u>200 M. Freestyle</u>		
I	SUMISHA	Thrissur	03:38:05
4 -	<u>50 M. Back stroke</u>		
I	JENNY JOY	Kottayam	00:56:89
5 -	<u>50 M. Breast stroke</u>		
I	JENNY JOY	Kottayam	01:09:97
6 -	<u>50 M. Butterfly stroke</u>		
I	SUMISHA	Thrissur	00:40:82

Women Group-45-49

1 -	<u>50 M. Freestyle</u>		
I	JEFFY TOMY	Thrissur	00:39:48
II	Malaraj	Thrissur	00:42:31
III	JULIE IGNATIUS	Thrissur	00:44:56
IV	DR.MANJU MATHEW	Pathanamthitta	01:15:62
V	BINDU K.K	Thrissur	01:25:29
VI	PRAMEELA	Thrissur	01:45:75
VII	MARIE JULIE	Thrissur	02:34:08
2 -	<u>100 M. Freestyle</u>		
I	JEFFY TOMY	Thrissur	01:39:00
II	SUNITHA PRASAD	Thrissur	02:07:62
III	Manju Mathew	Pathanamthitta	03:57:68
3 -	<u>200 M. Freestyle</u>		
I	SUNITHA PRASAD	Thrissur	04:41:01
4 -	<u>400 M. Freestyle</u>		
I	Malaraj	Thrissur	09:26:12
5 -	<u>50 M. Back stroke</u>		
I	JEFFY TOMY	Thrissur	00:48:71
II	JULIE IGNATIUS	Thrissur	00:54:80
III	SUNITHA PRASAD	Thrissur	00:54:89
IV	SHYLA R	Thrissur	00:56:50
V	DR.MANJU MATHEW	Pathanamthitta	01:45:35
6 -	<u>100 M. Back stroke</u>		
I	JEFFY TOMY	Thrissur	01:51:85
II	DR.MANJU MATHEW	Pathanamthitta	03:42:15

7 -	<u>50 M. Breast stroke</u>		
I	Malaraj	Thrissur	00:55:01
II	JULIE IGNATIUS	Thrissur	01:02:98
III	PRAMEELA	Thrissur	01:15:78
IV	BINDU K.K	Thrissur	01:36:02
VI	DR.MANJU MATHEW	Pathanamthitta	02:22:32
8 -	<u>100 M. Breast stroke</u>		
I	Malaraj	Thrissur	02:01:79
II	SUNITHA PRASAD	Thrissur	02:12:90
III	PRAMEELA	Thrissur	02:42:92
IV	SHERLY P M	Thrissur	02:56:20
9 -	<u>50 M. Butterfly stroke</u>		
I	PRAMEELA	Thrissur	01:54:65

Women Group-50-54

1 -	<u>50 M. Freestyle</u>		
I	SOBHIL	Thrissur	00:45:80
II	Radhamani. AJ	Kottayam	01:00:44
III	SEENA SANJAY	Thrissur	01:10:92
2 -	<u>100 M. Freestyle</u>		
I	SHOBI L	Thrissur	01:52:68
II	SUDHESHNA.M	Thrissur	02:01:17
III	A N SOBHA	Kottayam	03:36:24
3 -	<u>200 M. Freestyle</u>		
I	Radhamani. AJ	Kottayam	06:09:64
II	A N SOBHA	Kottayam	07:46:34
4 -	<u>400 M. Freestyle</u>		
I	Radhamani. AJ	Kottayam	13:11:55
5 -	<u>50 M. Back stroke</u>		
I	SOBHIL	Thrissur	00:55:22
II	SUDHESHNA.M	Thrissur	00:58:99
III	A N SOBHA	Kottayam	01:20:89
IV	SEENA SANJAY	Thrissur	01:27:02
6 -	<u>100 M. Back stroke</u>		
I	A N SOBHA	Kottayam	03:41:45
7 -	<u>50 M. Breast stroke</u>		
I	SHOBI L	Thrissur	00:57:98
II	SUDHESHNA.M	Thrissur	00:59:40
III	Radhamani. AJ	Kottayam	01:37:32
8 -	<u>100 M. Breast stroke</u>		
I	LATHA KRISHNAKUMAR	Thrissur	02:47:48
II	SUDHESHNA.M	Thrissur	02:50:53

Women Group-55-59

1 -	<u>50 M. Freestyle</u>		
I	JOLLYKUTTY P.G	Kottayam	00:48:78
II	RITA FRANCIS	Thrissur	01:18:12
III	LILLY JOSEPH	Thrissur	01:25:70
IV	JAYALEKSHMI	Thrissur	01:26:24
V	SUJATHA JAYALAL	Thrissur	01:31:51
VI	SREE DEVI. V. V	Thrissur	02:27:67
2 -	<u>100 M. Freestyle</u>		
I	SREELATHA WARRIER	Thrissur	02:40:20
II	SREE DEVI. V. V	Thrissur	04:56:39

3 -	<u>200 M. Freestyle</u>		
I	SUSEELA P M	Thrissur	03:27:79
II	Uma Sridhar	Thrissur	06:29:50
III	BEENA. K. S	Thrissur	07:40:20
4 -	<u>400 M. Freestyle</u>		
I	SUSEELA P M	Thrissur	07:32:56
II	Uma Sridhar	Thrissur	12:42:45
III	BEENA. K. S	Thrissur	15:27:65
5 -	<u>50 M. Back stroke</u>		
I	JOLLYKUTTY P.G	Kottayam	00:59:28
II	LILLY JOSEPH	Thrissur	01:28:14
III	BEENA. K. S	Thrissur	01:50:79
IV	JAYALEKSHMI	Thrissur	01:56:73
V	SUJATHA JAYALAL	Thrissur	02:06:06
6 -	<u>100 M. Back stroke</u>		
I	JOLLYKUTTY P.G	Kottayam	02:32:46
II	SREELATHA WARRIER	Thrissur	03:10:41
III	LILLY JOSEPH	Thrissur	03:32:75
IV	BEENA. K. S	Thrissur	03:52:16
7 -	<u>50 M. Breast stroke</u>		
I	SUSEELA P M	Thrissur	00:50:92
II	JOLLYKUTTY P.G	Kottayam	01:13:32
III	LILLY JOSEPH	Thrissur	01:40:98
IV	SREELATHA WARRIER	Thrissur	01:48:38
8 -	<u>100 M. Breast stroke</u>		
I	SUSEELA P M	Thrissur	01:54:58
II	JAYALEKSHMI	Thrissur	04:40:93
III	ANURADHA MENON	Thrissur	05:10:69
9 -	<u>50 M. Butterfly stroke</u>		
I	SREELATHA WARRIER	Thrissur	01:59:16
II	ANURADHA MENON	Thrissur	02:34:04
10 -	<u>100 M. Butterfly stroke</u>		
I	Uma Sridhar	Thrissur	03:44:84
II	Anuradha Menon Achuthan	Thrissur	05:41:33
11 -	<u>200 M. Individual Medley</u>		
I	Uma Sridhar	Thrissur	07:01:61
II	ANURADHA MENON	Thrissur	11:48:88

Women Group-60-64

1 -	<u>50 M. Freestyle</u>		
I	Celine M C	Kottayam	01:02:85
II	SUGANDHI HEMJIT	Thrissur	01:15:06
III	SNEHAPRABHA P	Kozhikode	01:17:79
IV	PREETHA. P. K	Thrissur	02:03:87
2 -	<u>100 M. Freestyle</u>		
I	USHAKUMARI	Thrissur	02:46:06
II	PREETHA. P. K	Thrissur	04:23:90
III	SWARNA VALLY	Thrissur	05:04:14
3 -	<u>200 M. Freestyle</u>		
I	PREETHA. P. K	Thrissur	08:54:98
4 -	<u>400 M. Freestyle</u>		
I	Celine M C	Kottayam	12:15:53
II	SNEHAPRABHA P	Kozhikode	16:16:61
III	VIJAYA A.R	Thrissur	19:38:85

5 -	<u>50 M. Back stroke</u>		
I	PRASANNA KUMARI.P	Kottayam	00:53:88
II	RITA FRANCIS	Thrissur	01:49:60
III	VIJAYA A.R	Thrissur	01:54:76
IV	SNEHAPRABHA P	Kozhikode	02:01:95
V	SUGANDHI HEMJIT	Thrissur	02:04:70
VI	SWARNA VALLY	Thrissur	02:58:62
6 -	<u>100 M. Back stroke</u>		
I	VIJAYA A.R	Thrissur	04:23:68
II	SWARNA VALLY	Thrissur	06:08:61
7 -	<u>50 M. Breast stroke</u>		
I	PRASANNA KUMARI.P	Kottayam	01:00:70
II	VIJAYA A.R	Thrissur	02:18:24
III	SWARNA VALLY	Thrissur	03:00:00
8 -	<u>100 M. Breast stroke</u>		
I	PRASANNA KUMARI.P	Kottayam	02:07:12
9 -	<u>50 M. Butterfly stroke</u>		
I	PRASANNA KUMARI.P	Kottayam	01:00:82
II	USHAKUMARI	Thrissur	01:25:45
III	RITA FRANCIS	Thrissur	01:53:87
10 -	<u>100 M. Butterfly stroke</u>		
I	USHAKUMARI	Thrissur	03:11:21
II	Celine M C	Kottayam	03:18:91
11 -	<u>200 M. Individual Medley</u>		
I	Celine M C	Kottayam	06:32:21
II	USHAKUMARI	Thrissur	06:41:13

Women Group-65-69

1 -	<u>50 M. Freestyle</u>		
I	LEELA KUMARI	Thiruvananthapuram	00:59:63
II	ROSAMMA THOMAS	Thrissur	01:09:33
2 -	<u>100 M. Freestyle</u>		
I	ROSAMMA THOMAS	Thrissur	02:44:68
II	MOLY JOSEPH	Thrissur	03:17:46
3 -	<u>200 M. Freestyle</u>		
I	ROSAMMA THOMAS	Thrissur	05:56:46
II	MOLY JOSEPH	Thrissur	06:58:27
4 -	<u>400 M. Freestyle</u>		
I	ROSAMMA THOMAS	Thrissur	12:37:12
5 -	<u>50 M. Back stroke</u>		
I	LEELA KUMARI	Thiruvananthapuram	01:05:97
II	MOLY JOSEPH	Thrissur	01:34:37
III	M.J.MARY	Thrissur	02:17:41
6 -	<u>100 M. Back stroke</u>		
I	MOLY JOSEPH	Thrissur	03:30:73
II	M.J.MARY	Thrissur	04:42:93
7 -	<u>50 M. Breast stroke</u>		
I	LEELA KUMARI	Thiruvananthapuram	01:10:37
8 -	<u>50 M. Butterfly stroke</u>		
I	LEELA KUMARI	Thiruvananthapuram	01:26:88

Women Group-70-74

1 -	<u>50 M. Freestyle</u>			
I	VILASINI RAMAKRISHNAN	Thrissur	01:29:94	
II	KUMARI DEVI DEVAKI	Thiruvananthapuram	01:44:43	
2 -	<u>100 M. Freestyle</u>			
I	SULEKHA A T MENON	Thrissur	03:45:09	
II	KUMARI DEVI DEVAKI	Thiruvananthapuram	04:16:52	
3 -	<u>50 M. Back stroke</u>			
I	KUMARI DEVI DEVAKI	Thiruvananthapuram	01:37:90	
II	VILASINI RAMAKRISHNAN	Thrissur	01:57:44	
III	VASANTHI JAYARAJ G	Thrissur	01:59:46	
4 -	<u>100 M. Back stroke</u>			
I	KUMARI DEVI DEVAKI	Thiruvananthapuram	03:43:97	
II	VASANTHI JAYARAJ G	Thrissur	04:20:26	
5 -	<u>50 M. Breast stroke</u>			
I	VASANTHI JAYARAJ G	Thrissur	03:11:53	
6 -	<u>100 M. Breast stroke</u>			
I	SULEKHA A T MENON	Thrissur	04:39:00	
7 -	<u>50 M. Butterfly stroke</u>			
I	SULEKHA A T MENON	Thrissur	02:04:36	
8 -	<u>200 M. Individual Medley</u>			
I	SULEKHA A T MENON	Thrissur	09:32:49	
II	VASANTHI JAYARAJ G	Thrissur	11:20:66	

Women Group-75-79

1 -	<u>100 M. Breast stroke</u>			
I	REKHA MENON	Alappuzha	08:47:23	

Women Group-80 and above

1 -	<u>100 M. Butterfly stroke</u>			
I	PROF K C SEBASTIAN	Kottayam	02:46:96	

Women Group- 100+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	DHANYA Y S	ANASUYA S NAIR	Thrissur	03:03:39
	JEENA S THOMAS	RAJESWARIC		
2 -	<u>4x 50 M. Medley Relay</u>			
I	RAJESWARIC	JEENA S THOMAS	Thrissur	03:05:86
	NIDHINA.N	DHANYA Y S		

Women Group- 120+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	LIBIYAMOL P BABU	Shelvi Elias	Kottayam	02:44:68
	JULIE JOSEPH	JENNY JOY		
II	Dr. IRENE JOSE	AMUDHA U.V	Thrissur	04:59:65
	PRAMEELA	SUNITHA PRASAD		
2 -	<u>4x 50 M. Medley Relay</u>			
I	JENNY JOY	LIBIYAMOL P BABU	Kottayam	03:21:38
	LIBIYAMOL P BABU	Shelvi Elias		
II	PRAMEELA	AMUDHA U.V	Thrissur	04:51:71
	JEFFY TOMY	SUNITHA PRASAD		

Women Group- 160+

1 -	<u>4x 50 M. Freestyle Relay</u>			
I	BINDYA.T.P	Premakumari S	Thrissur	02:44:41
	Malaraj	SUMISHA		
2 -	<u>4x 50 M. Medley Relay</u>			
I	BINDYA.T.P	SUMISHA	Thrissur	03:07:66
	Premakumari S	Malaraj		

Women Group- 200+

- 1 - **4x 50 M. Freestyle Relay**
I LATHA KRISHNAKUMAR SEENA SANJAY Thrissur 03:38:75
SUSEELA P M SUDHESHNA.M
II PRASANNA KUMARI.P Celine M C Kottayam 03:50:83
Radhamani. AJ JOLLYKUTTY P.G
- 2 - **4x 50 M. Medley Relay**
I LATHA KRISHNAKUMAR SEENA SANJAY Thrissur 04:25:10
SUSEELA P M SUDHESHNA.M
II JOLLYKUTTY P.G Celine M C Kottayam 04:33:78
PRASANNA KUMARI.P Radhamani. AJ

Women Group- 240+

- 1 - **4x 50 M. Freestyle Relay**
I Uma Sridhar USHAKUMARI Thrissur 05:38:30
MOLY JOSEPH M.J.MARY
- 2 - **4x 50 M. Medley Relay**
I Uma Sridhar USHAKUMARI Thrissur 06:24:58
MOLY JOSEPH VIJAYA A.R

Women Group- 280+

- 1 - **4x 50 M. Freestyle Relay**
I VASANTHI JAYARAJ G SULEKHA A T MENON Thrissur 06:51:42
ROSAMMA THOMAS VILASINI RAMAKRISHNAN
- 2 - **4x 50 M. Medley Relay**
I VASANTHI JAYARAJ G VILASINI RAMAKRISHNAN Thrissur 07:33:94
SULEKHA A T MENON ROSAMMA THOMAS

<u>Over all Championship</u>		
Total Points	Unit	POSITION
1957	Thrissur	I
950	Kottayam	II
272	Alappuzha	III
258	Thiruvananthapuram	IV
103	Pathanamthitta	V
84	Kozhikode	VI
59	Ernakulam	VII
38	Idukki	VIII
33	Kannur	IX
30	Palakkad	X
26	Malappuram	XI
5	Kasargod	XII



KERALA AQUATIC ASSOCIATION
NATIONAL GAMES-2025
Held at Utharakhand, from 29/01/2025 to 04/02/2025
LIST OF PARTICIPANTS

Name of State/Unit: **KERALA**Year: **2025**

SL No.	NAME OF COMPETITOR	District	GENDER	REMARK
1	ABHINAV. S	Thiruvananthapuram	MEN	Swimming
2	ADARSH. M	Thiruvananthapuram	MEN	Swimming
3	MOHAMMED ABDUL BASITH	Ernakulam	MEN	Swimming
4	DHANUSH P.J	Ernakulam	MEN	Swimming
5	SIVANAND B S	Thiruvananthapuram	MEN	Swimming
6	AKASH G M	Thiruvananthapuram	MEN	Swimming
7	SHRAVAN S	Thiruvananthapuram	MEN	Swimming
8	ABHIRAM S	Thiruvananthapuram	MEN	Swimming
9	ABHIJITH G	Thiruvananthapuram	MEN	Swimming
10	ANOOP T R	Thiruvananthapuram	MEN	Swimming
11	SAJAN PRAKASH	Thiruvananthapuram	MEN	Swimming
12	VISHNU. G	Ernakulam	MEN	Swimming
13	NIRMALA R	Thiruvananthapuram	WOMEN	Swimming
14	AVANTHIKA PRADEEP	Ernakulam	WOMEN	Swimming
15	HARSHITA JAYARAM	Ernakulam	WOMEN	Swimming
16	ESHANI P JOSHI	Ernakulam	WOMEN	Swimming
17	DAKSHINA BIJO P	Thiruvananthapuram	WOMEN	Swimming
18	BHADRA SUDEVAN	Thiruvananthapuram	WOMEN	Swimming
19	VARSHA S	Thiruvananthapuram	WOMEN	Swimming
20	JITHU S.P	Thiruvananthapuram	MEN	Water polo
21	ADARSH VS	Thiruvananthapuram	MEN	Water polo
22	ADARSH V S	Thiruvananthapuram	MEN	Water polo
23	SHIBINLAL S.S	Thiruvananthapuram	MEN	Water polo
24	ROHITH. B.S	Thiruvananthapuram	MEN	Water polo
25	ADHITHYAN A B	Thiruvananthapuram	MEN	Water polo
26	APPU N.S	Thiruvananthapuram	MEN	Water polo
27	AMBADI N S	Thiruvananthapuram	MEN	Water polo
28	RENJITH R J	Thiruvananthapuram	MEN	Water polo
29	AMALKUMAR. S	Thiruvananthapuram	MEN	Water polo
30	ADARSH BALACHANDRAN	Thiruvananthapuram	MEN	Water polo
31	GOKUL S J	Thiruvananthapuram	MEN	Water polo

SL No.	NAME OF COMPETITOR	SFI UMID	GENDER	REMARK
32	AFSAL S NAWAS	Thiruvananthapuram	MEN	Water polo
33	DEVI SANTHOSH	Thiruvananthapuram	WOMEN	Water polo
34	VARSHA. S	Thiruvananthapuram	WOMEN	Water polo
35	KRIPA R R	Thiruvananthapuram	WOMEN	Water polo
36	SAFWA SAKKEER	Thiruvananthapuram	WOMEN	Water polo
37	AMITHA N.S	Thiruvananthapuram	WOMEN	Water polo
38	ANJALI KRISHNA	Thiruvananthapuram	WOMEN	Water polo
39	SURABHI V S	Thiruvananthapuram	WOMEN	Water polo
40	ANJALY. L	Thiruvananthapuram	WOMEN	Water polo
41	MADHURIMA. S.M	Thiruvananthapuram	WOMEN	Water polo
42	VANDANA S	Thiruvananthapuram	WOMEN	Water polo
43	SIVANI. S.A	Thiruvananthapuram	WOMEN	Water polo
44	PRIYA S.P	Thiruvananthapuram	WOMEN	Water polo
45	VIDHYA LEKSHMI	Thiruvananthapuram	WOMEN	Water polo
46	UNNIKRISHNAN	Coach-Swimming		
47	WILSON CHERIAN	Coach-Swimming		
48	P.S. VINOD	Coach-Water Polo		
49	A. ANIL KUMAR	Coach- Water Polo		
50	MUHAMMED ALI P P	Manager Men		
51	REMYA	Manager Women		



KERALA AQUATIC ASSOCIATION
35TH SOUTHZONE AQUATIC CHAMPIONSHIP-2024
Held at Vijayawada from 27th to 29th December-2024

LIST OF PARTICIPANTS

Name of State/Unit: **KERALA**

Year: **2024**

SL No.	NAME OF COMPETITOR	District	GENDER	Group	REMARK
1	JOSEPH V JOSE	Ernakulum	BOYS	I	Swimming
2	CLIFFORD JOSEPH	Ernakulum	BOYS	I	Swimming
3	ABHIJITH G	Thiruvananthapuram	BOYS	I	Swimming
4	SHRAVAN S	Thiruvananthapuram	BOYS	I	Swimming
5	ABHISHEK S	Thiruvananthapuram	BOYS	II	Swimming
6	IRFAN MHAMMED I S	Thiruvananthapuram	BOYS	II	Swimming
7	VISAL V	Thiruvananthapuram	BOYS	II	Swimming
8	GLENN TOM	Thiruvananthapuram	BOYS	II	Swimming
9	GEON JIBI	Kohikode	BOYS	II	Swimming
10	KARTHIK S PRADOSH	Thiruvananthapuram	BOYS	II	Swimming
11	SAMARTH P JOSHI	Ernakulum	BOYS	II	Swimming
12	MAANAV K RAJESH	Ernakulum	BOYS	III	Swimming
13	AADIC CHACKALA	Ernakulum	BOYS	III	Swimming
14	JOHAN JULIAN P J	Ernakulum	BOYS	III	Swimming
15	VARGHESE NEJO	Ernakulum	BOYS	III	Swimming
16	SIVAKRISHNA R.V	Thiruvananthapuram	BOYS	III	Swimming
17	VED KRISHNA A K	Ernakulum	BOYS	III	Swimming
18	GARSHA SAHARSHA	Thiruvananthapuram	GIRLS	I	Swimming
19	VISMAYA A S	Thiruvananthapuram	GIRLS	I	Swimming
20	GAYATHRI DEV	Ernakulum	GIRLS	I	Swimming
21	VIDHYALEKSHMI .R	Thiruvananthapuram	GIRLS	I	Swimming
22	AKHILA M R	Thiruvananthapuram	GIRLS	I	Swimming
23	NICOLE POLY	Ernakulum	GIRLS	I	Swimming
24	NADIA ASIF	Ernakulum	GIRLS	I	Swimming
25	VARSHA S	Thiruvananthapuram	GIRLS	I	Swimming
26	ANEESHA S	Palakkad	GIRLS	I	Swimming
27	ANAGHA M.R	Thiruvananthapuram	GIRLS	I	Swimming
28	DEVIKA K KANNOLY	Kohikode	GIRLS	I	Swimming
29	DHAKSHIINA BIJO. P	Thiruvananthapuram	GIRLS	I	Swimming
30	VRINDA R S	Thiruvananthapuram	GIRLS	II	Swimming
31	ALAKANANDA RAJU	Ernakulum	GIRLS	II	Swimming
23	ESHANI P JOSHI	Ernakulum	GIRLS	II	Swimming
33	ARDRA .S	Thiruvananthapuram	GIRLS	II	Swimming
34	SAMAH HASHEEL	Ernakulum	GIRLS	II	Swimming
35	AVANTHIKA PRADEEP	Ernakulum	GIRLS	II	Swimming
36	INDRAANY M MENON	Ernakulum	GIRLS	III	Swimming
37	IMRANA FATHIMA	Thiruvananthapuram	GIRLS	III	Swimming
38	SHREYA BINIL	Ernakulum	GIRLS	III	Swimming
39	POORNIMA DEV	Ernakulum	GIRLS	III	Swimming
40	SHIKHA S R	Thiruvananthapuram	GIRLS	III	Swimming

SL No.	NAME OF COMPETITOR	District	GENDER	Group	REMARK
41	NIVEDYA VN	Ernakulum	GIRLS	III	Swimming
42	VISHNU. V	Thiruvananthapuram	BOYS	I	Water polo
43	AMBADI. N.S	Thiruvananthapuram	BOYS	I	Water polo
44	MANIKANDAN R	Thiruvananthapuram	BOYS	I	Water polo
45	KAILAS R NAIR	Thiruvananthapuram	BOYS	I	Water polo
46	SREEHARI. S.S	Thiruvananthapuram	BOYS	I	Water polo
47	MUHAMMAD SWOLIH. S.A	Thiruvananthapuram	BOYS	I	Water polo
48	KRISHNA THEJAS	Thiruvananthapuram	BOYS	I	Water polo
49	ADITHYAN. A.B	Thiruvananthapuram	BOYS	I	Water polo
50	VISHNU SUDHAVAN	Thiruvananthapuram	BOYS	I	Water polo
51	AROMAL. A.U	Thiruvananthapuram	BOYS	I	Water polo
52	JISHNU. M.T	Thiruvananthapuram	BOYS	I	Water polo
53	GOKUL KRISHNA. B	Thiruvananthapuram	BOYS	I	Water polo
54	AADIL G.S	Thiruvananthapuram	BOYS	I	Water polo
55	SAFWA SAKER	Thiruvananthapuram	GIRLS	I	Water polo
56	MADHURIMA. S.M	Thiruvananthapuram	GIRLS	I	Water polo
57	VANDANA. S	Thiruvananthapuram	GIRLS	I	Water polo
58	ESSA SARA PAUL	Wayanad	GIRLS	I	Water polo
59	ADITHYA BR	Thiruvananthapuram	GIRLS	I	Water polo
60	KAVYA M	Thiruvananthapuram	GIRLS	I	Water polo
61	THAGASEENA .F	Thiruvananthapuram	GIRLS	I	Water polo
62	ARATHY.L	Thiruvananthapuram	GIRLS	I	Water polo
63	ANAKHA. G.S	Thiruvananthapuram	GIRLS	I	Water polo
64	VINOD P S	Coach			
65	SHAYNI V.S	Coach			
66	D.BIJU	Team Manager			